

## Communities First – Ffynnon Data Extracts

Ffynnon Data Extract: Communities First – Education linked items  
Cluster - Caerphilly Basin

2013/14  
March 2014



Llywodraeth Cymru  
Welsh Government

### Caerphilly Basin

#### Prosperous Communities

- Parent Employment Project
- Caerphilly Passport Project

#### Learning Communities

- School and Family Link
- Youth Participation Project
- Children's University
- Promoting Accreditation and Raising Aspirations with Young People
- Family Transition Project

#### Healthier Communities

- Postnatal Programme
- Community Antenatal Sessions
- Streetgames

## Prosperous Communities

PC1 Helping People to Develop Employment Skills and find Work

Project 2: Parent employment Project



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### Project Description

The project will provide support to parents and families to enable the parent/s to find employment and return to work, with the aim of reducing the number of children living in households on income related benefits.

The Employment Support Workers will work directly with parent groups across the Caerphilly Basin, to help support these parents back into employment, through the delivery of tailored advice, support and workshops which will provide the parent with a pathway back into employment.

The Employment Support Workers will work directly with partner organisations such as, Flying Start, and the Parent Network. Working with their groups and customers to provide workshops and informal training sessions on Job searches, CV writing, Career plans, Financial and time management

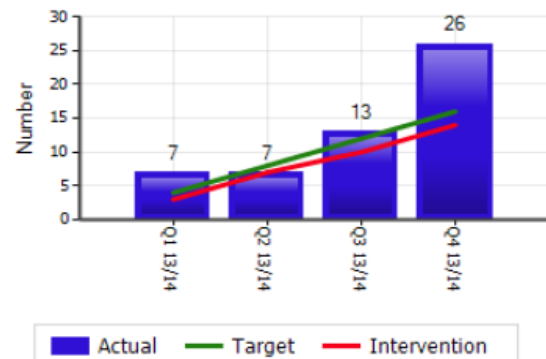
The Employment Support Workers can also run specific workshops and training on employment related skills, such as Customer Service, Interview skills, presentation skills etc.

As well as very basic IT tuition and can help customers create and use e-mail addresses

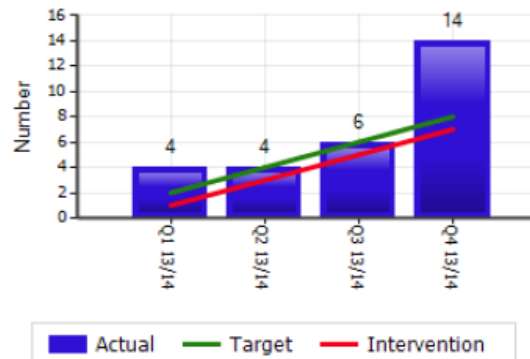
This can all be run in a safe environment with the provision of childcare essential.

## Measuring Effort

Number of Individual Participants



Number of sessions run



# Prosperous Communities

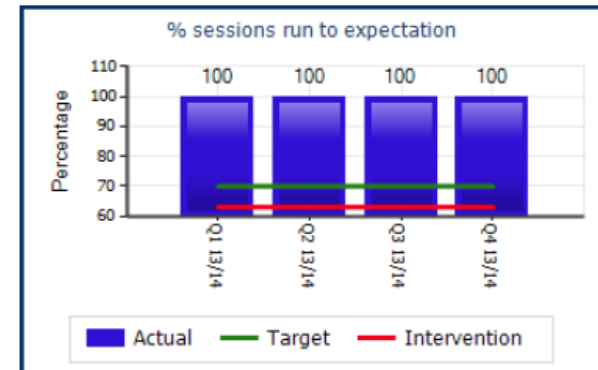
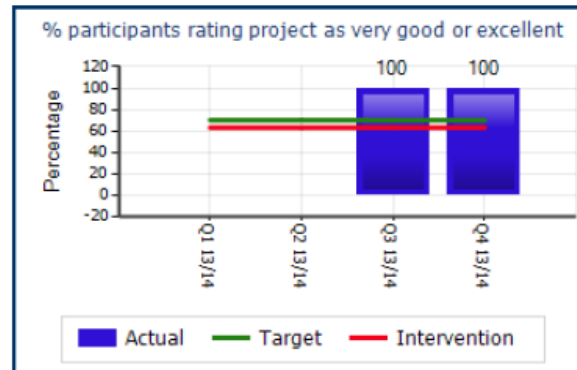
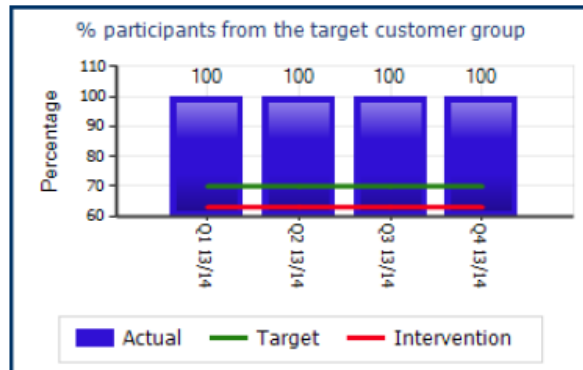
PC1 Helping People to Develop Employment Skills and find Work

Project 2: Parent Employment Project

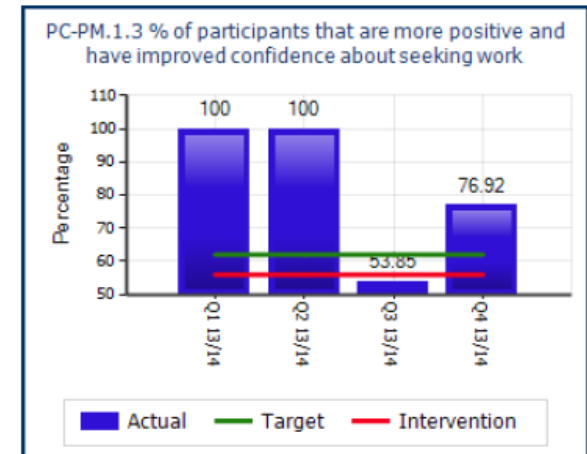
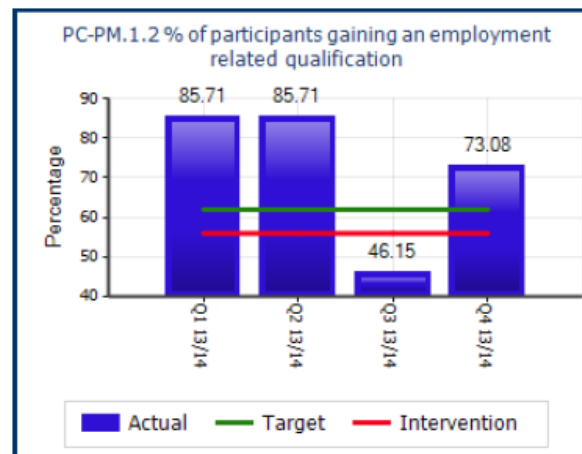
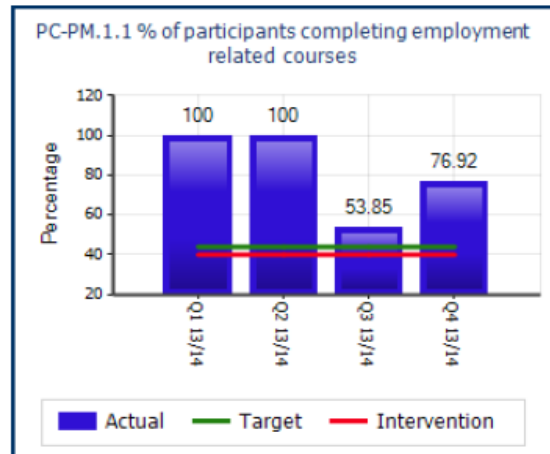


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## Measuring Quality



## Measuring Effect



# Prosperous Communities

## PC2 Reducing Youth Unemployment and disengagement

### Project 2: Caerphilly Passport Programme



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#### Project Description

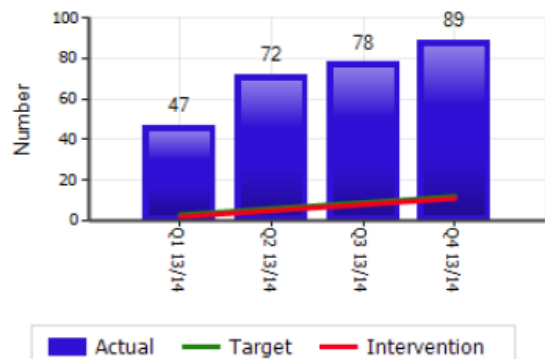
The Caerphilly Passport Programme provides an opportunity for young people aged 16-24, who are unemployed and not on the work programme, to get quality work experience and training opportunities with Caerphilly County Borough Council and LSB partners. The programme will run 8 week, 6 months and longer term apprenticeship placement opportunities for young people before being 'passported' into sustainable employment opportunities either within LSB organisations or the private sector.

Each individual referred to the Caerphilly Passport Programme will have an essential skills assessment and diagnostic to ensure the right support and training is provided as part of an 'employability menu'. The youth employment support workers will deliver the workshops in the employability menu which will include:

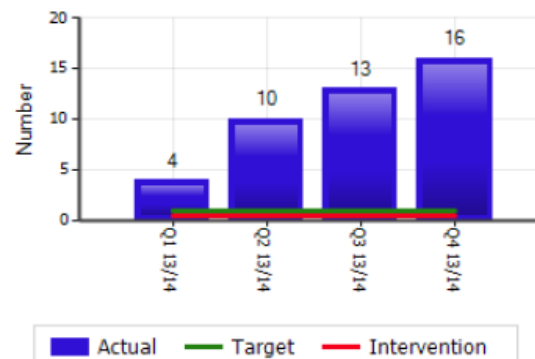
- What Employers Expect – Basic at work behaviours including use of mobile phones, language, timekeeping etc.
- CV preparation and Update
- Job Search Techniques
- How to apply for a job (including practical session on PC)
- Interview Techniques
- Dress to Impress for Work
- Confidence Building and Motivation

## Measuring Effort

Number of Individual Participants



Number of sessions run



# Prosperous Communities

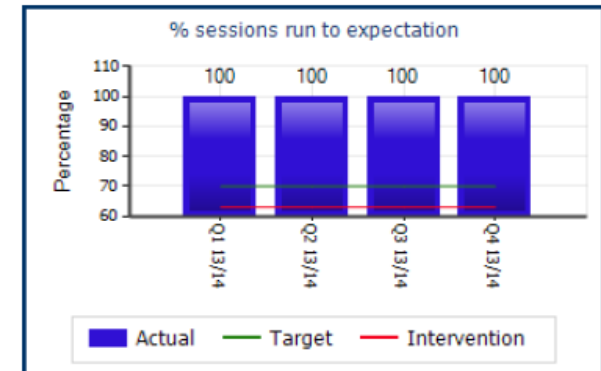
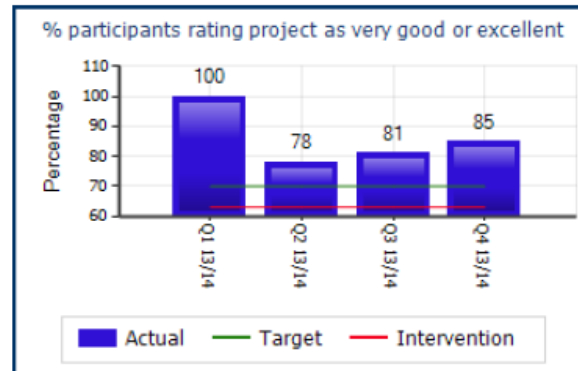
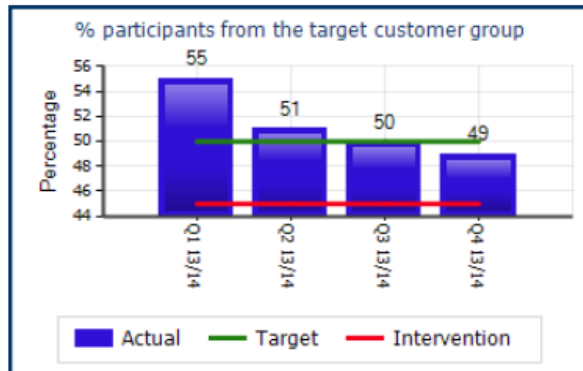
PC2 Reducing Youth Unemployment and disengagement

Project 2:Caerphilly Passport Programme

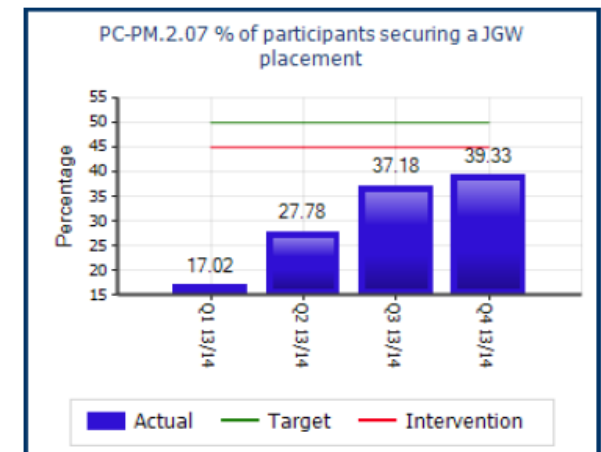
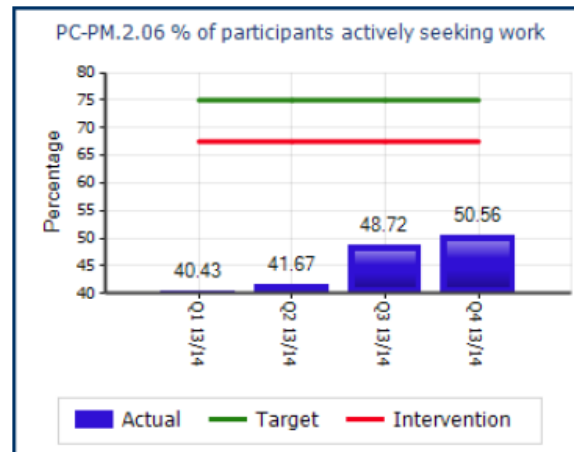
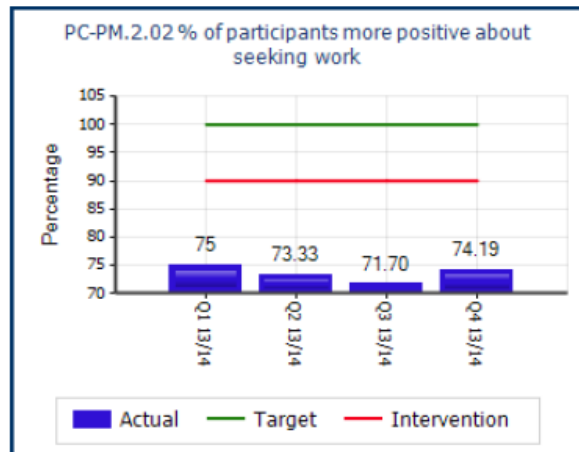


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## Measuring Quality



## Measuring Effect



# Learning Communities

LC2 Supporting Young People to Do Well at School

Project 3: School and Family link



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### Project Description

Youth and Family Officers working with schools to:

Create a link between school and non engaged families. Give support to children who are experiencing difficulties in school, particularly with behaviour or social skills. Support for children and young people at risk of disengagement. Form working relationships with families of children experiencing difficulties. Seek to improve attendance, behaviour, educational attainment and parental involvement of children who are identified as needing support. Seek support of other agencies that can assist with issues. Ensure that children identified to the link worker are supported through the transition into Key Stage 3, either as a group or individually. Support transition year for year 7,s

The Youth and Family Officers will:

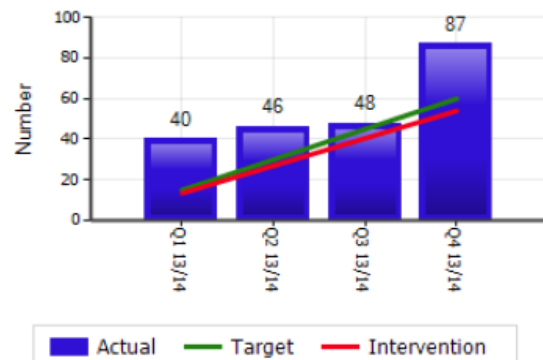
Run group sessions with children who require additional support with issues such as anger management, self esteem and social/ communication skills.

Undertaking home visits to remove barriers with disengaged parents/carers.

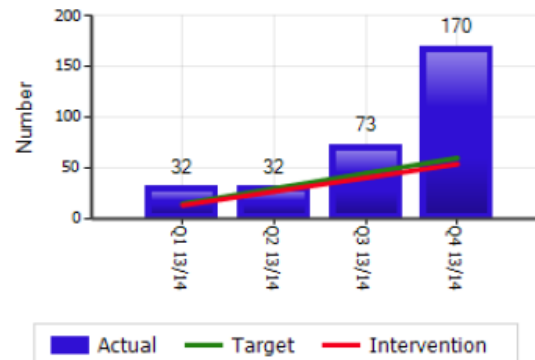
Support children and young people to engage in positive, productive activities outside of school.

## Measuring Effort

Number of Individual Participants



Number of sessions run



# Learning Communities

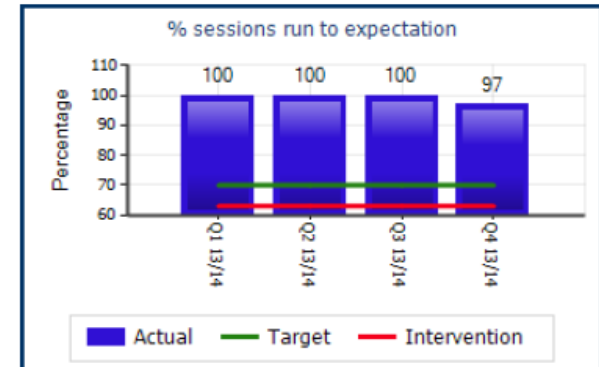
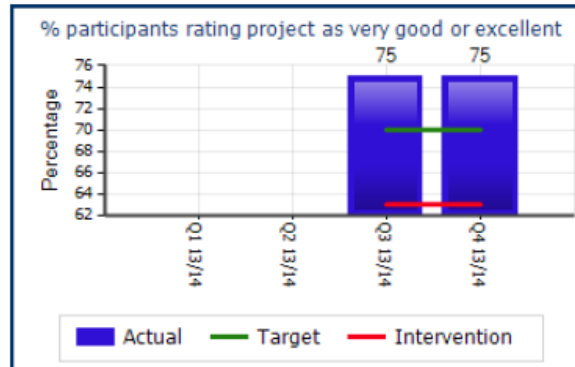
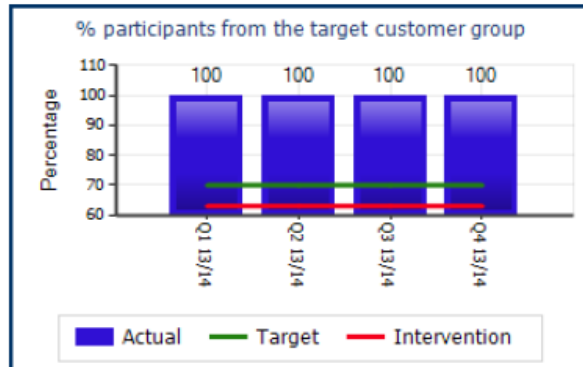
LC2 Supporting Young People to Do Well at School

Project 3: School and Family Link

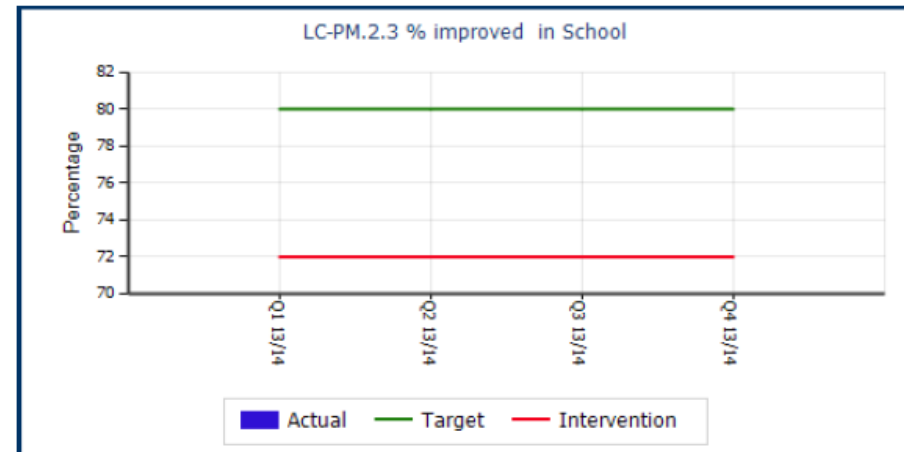
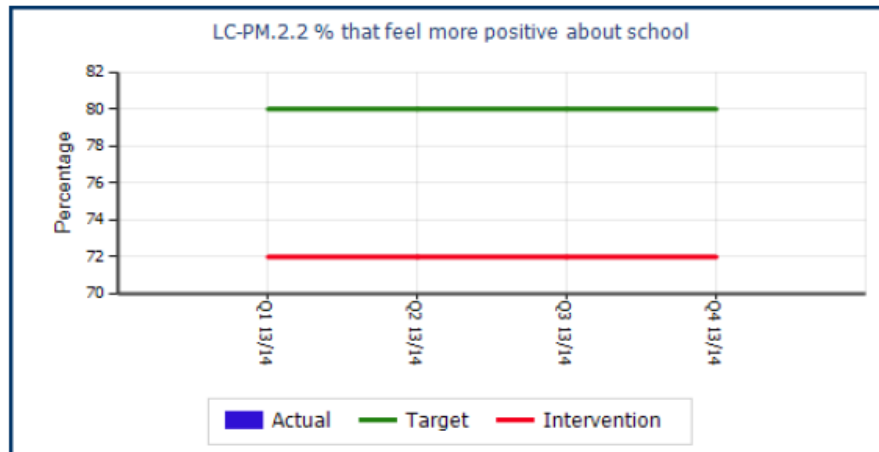


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## Measuring Quality



## Measuring Effect



# Learning Communities

LC4 Lifelong Learning in Communities

Project 2: Youth Participation Project



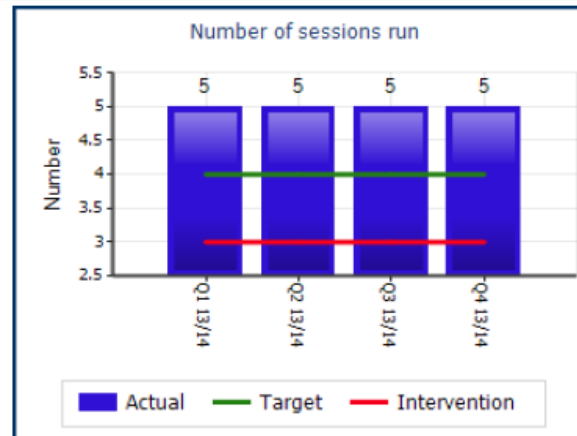
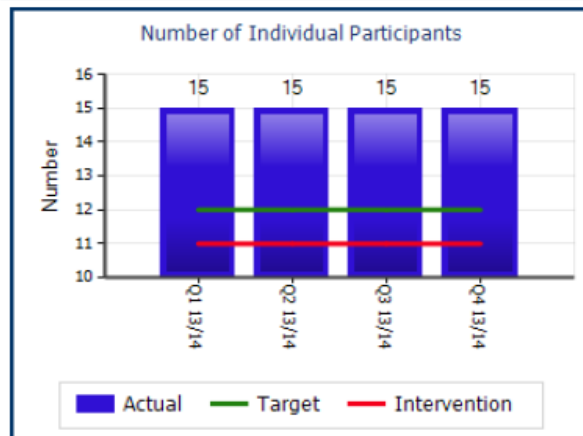
communities first *cymunedau yn gyntaf*

### Project Description

To engage and support children and young people, including the hardest to reach, so they are to engage with participative processes. Maintaining current participative groups existing throughout the borough so they can contribute to plans across the cluster and so they can develop opportunities for accreditation and skills development for young people. To ensure communities across the cluster have youth representation, so they can raise and discuss local issues at borough wide meetings and feed into strategic decision making within CCBC.

To support the delivery of borough wide meetings and termly Junior Forum meetings, to ensure that young people who are less confident or more difficult to engage can contribute and participate.

## Measuring Effort





# Learning Communities

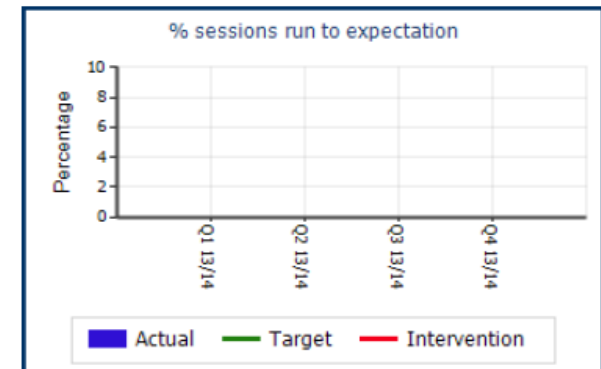
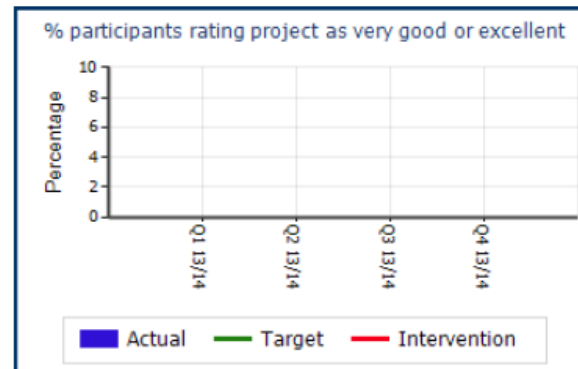
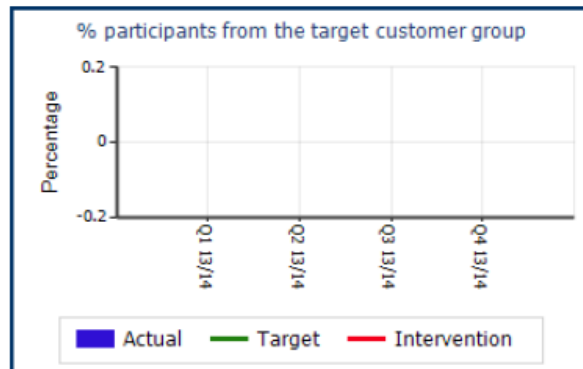
LC4 Lifelong Learning in Communities

Project 2: Youth Participation Project

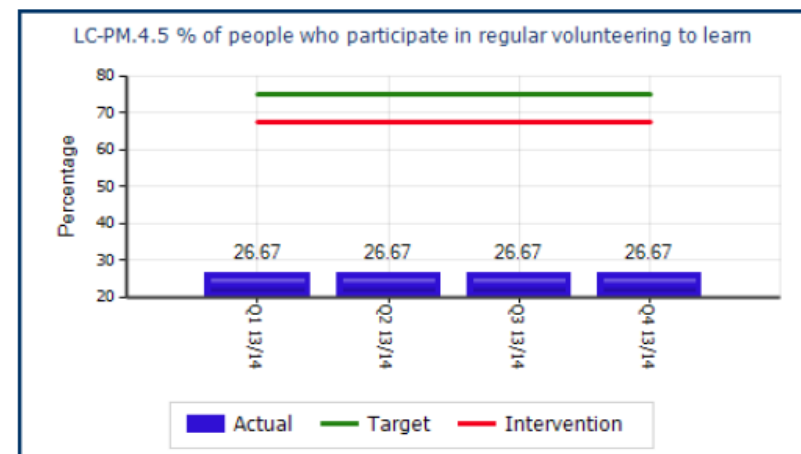
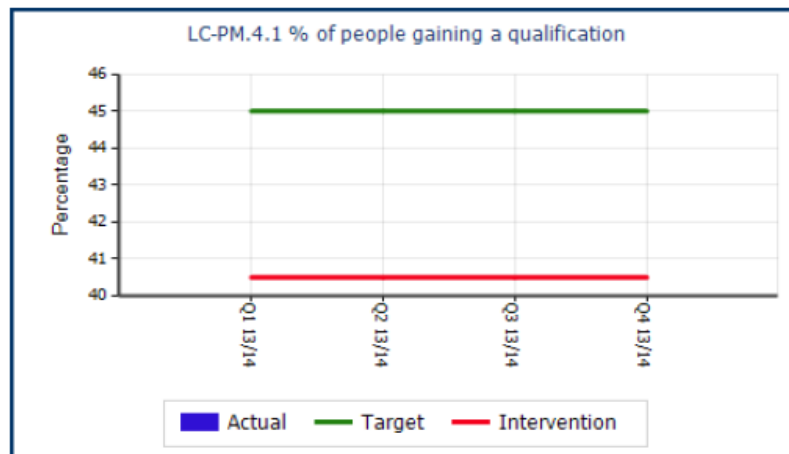


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## Measuring Quality



## Measuring Effect



# Learning Communities

## LC4 Lifelong Learning in Communities

### Project 4: Childrens University



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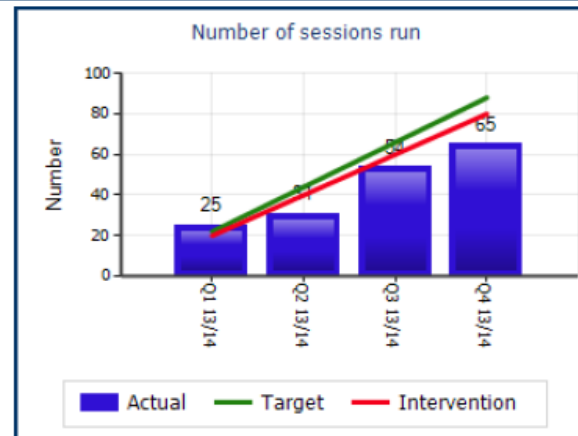
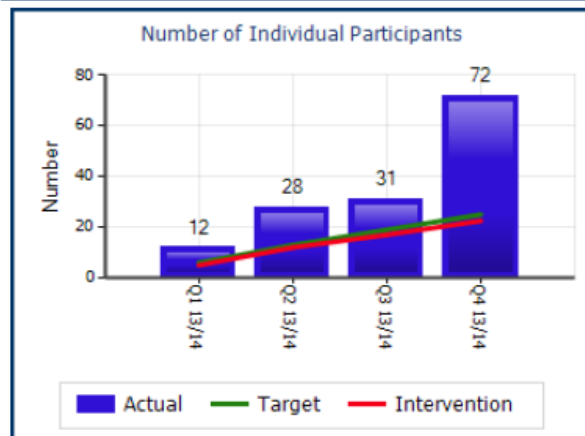
#### Project Description

The 'Children's University' aims to recognise the participation of children and young people in out of school activities in cultural, learning and sporting events, to increase aspirations and encourage young people to reach their full potential. The project involves students gaining specified 'credits' for approved out of school activities. These credits will then be 'banked' and recorded and work towards a Children's University recognised award. The University does not require children and young people to demonstrate achievement against predetermined targets but simply to demonstrate commitment to learning by attending activities. The 'Children's University' targets children aged 8 – 13, school years 3 – 8, and children are able to get a bronze, silver and gold award depending on their number of credits banked. There is also the opportunity of students progressing onto the 'Youth university', targeting young people aged 14 – 19, school years 9 – 14. The Youth and Family Officers will be engaging with children and young people to register with the Children's University.

Registers will be collected from approved activities and sent to the Local authority to be collated in the central database. This will monitor a child's individual achievements throughout their school life.

Youth and Family Officers will engage young people through outreach and detached work and also through links with schools. Using participative methods the youth and family workers will aim to identify opportunities for children and young people to gain credits. The young people will be encouraged and supported to attend sessions delivered through Groundwork and Health and Wellbeing officers and also through Youth and Family Officers developing sessions and activities e.g activities that positively contribute to personal goals or community development. The Youth and Family Officers will develop the modules as and when necessary and be involved with all safeguarding procedures with groups or individuals they are facilitating.

## Measuring Effort



# Learning Communities

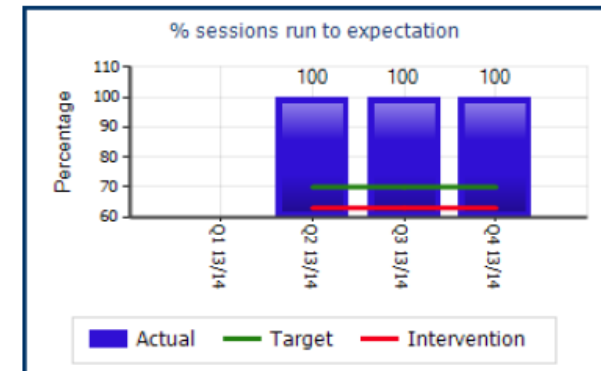
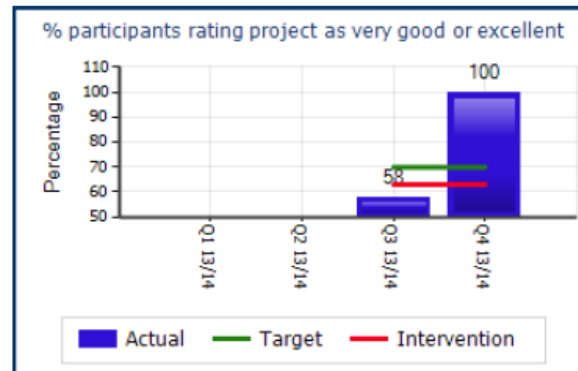
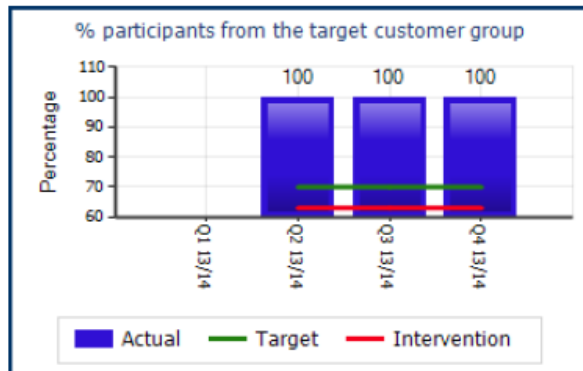
LC4 Lifelong Learning in Communities

Project 4: Childrens University

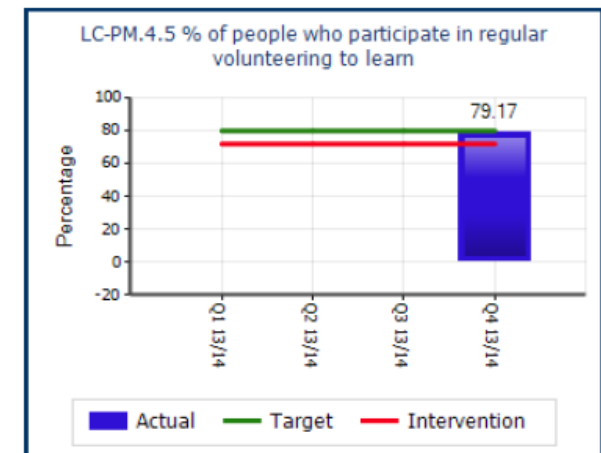
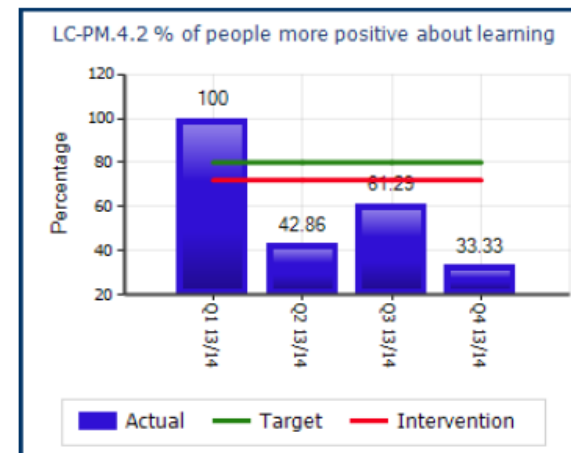
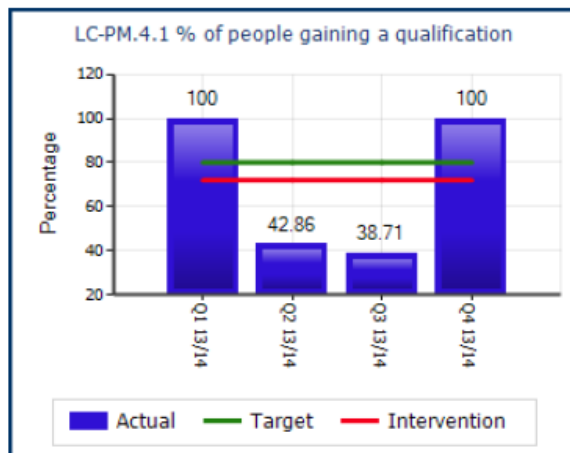


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## Measuring Quality



## Measuring Effect



# Learning Communities

## LC4 Lifelong Learning in Communities

### Project 6: Promoting Accreditation and Raising Aspiration with Young People



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#### Project Description

To raise self esteem, build confidence and raise aspiration with children and young people and encourage parents to do the same.

Increase capacity of the children and young people to engage and learn.

To encourage involvement in positive past times that have positive impacts on physical health and wellbeing.

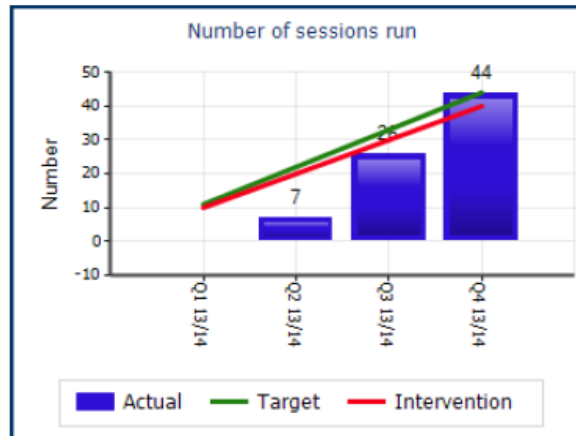
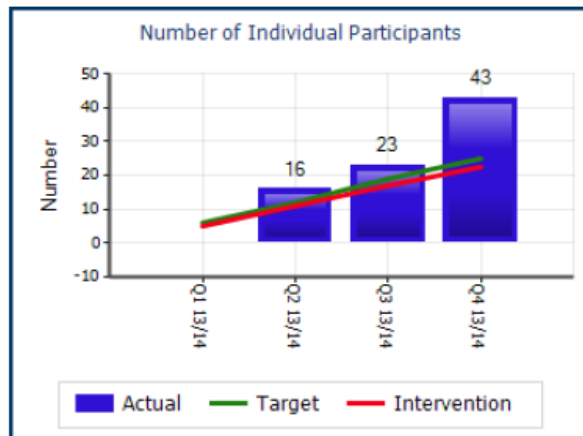
To promote success for the young person success through non-formal and informal accreditation awards.

Working with adult members of the community to develop opportunities for young people to achieve accreditation through community focused activities.

To raise awareness with schools of young people's achievements outside of school This is particularly important for the children who may be struggling in the school environment, as recognition can improve their self esteem and confidence supporting better engagement with education.

Development of basic skills, including basic life skills. To build confidence within young people, so they know they can achieve, particularly if they do not do so well in school. Thus positively promoting education and hopefully contributing to a decrease in disengagement from education.

## Measuring Effort



# Learning Communities

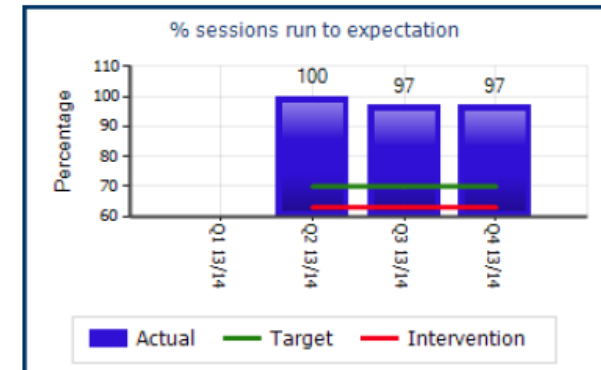
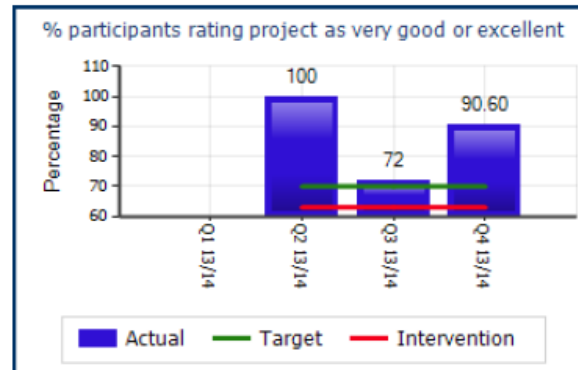
LC4 Lifelong Learning in Communities

Project 6: Promoting Accreditation and Raising Aspiration with Young People

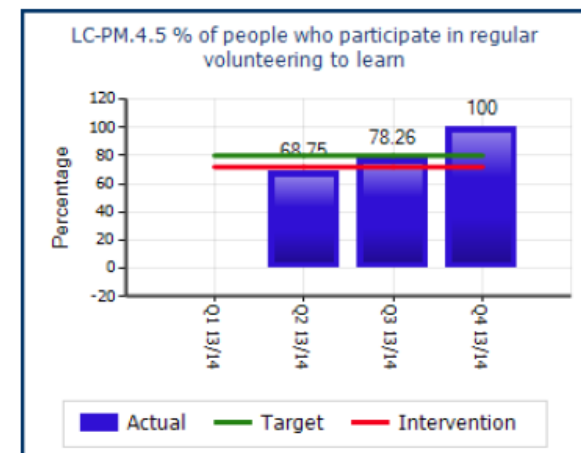
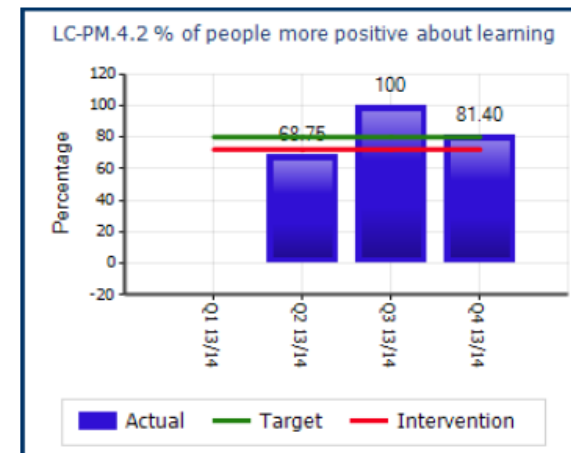
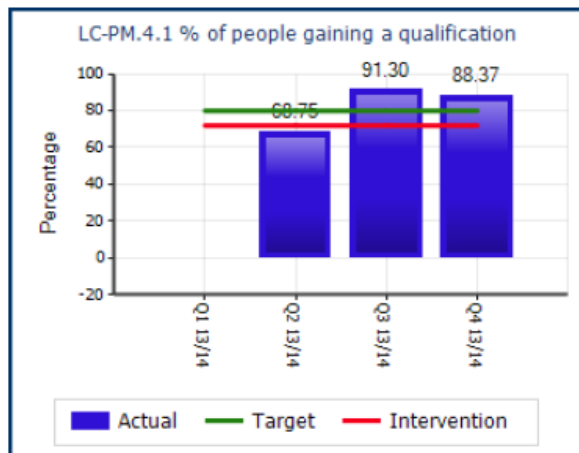


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## Measuring Quality



## Measuring Effect



# Learning Communities

## LC5 Improving Adult Life Skills

### Project 3: Family Transition Project



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#### Project Description

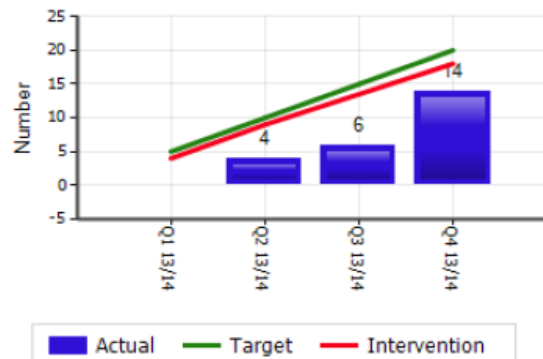
Working with Families First, Family Engagement project the Youth and Family Officers will develop sessions to engage with families, at completion stage of Families Together programme, in order that they can become more engaged with their local community and access opportunities to support their personal development.

At present family engagement workers engage families with emerging needs through outreach and detached work, home visits and families together session. The session aim to provide families with support and information to enable them access more specialised services through the TAF. Often the families find they do not need these interventions and would like to become more involved in opportunities around training, volunteering, learning new skills etc. In order to provide the families with these opportunities the Youth and Family Officers will develop a transition group to enable families to move from families together or family engagement project to activities with a more 'universal focus'. The work will not focus on the emerging needs of the families, but will seek to identify opportunities that will promote positive, personal development for individuals within the family and the family as a whole.

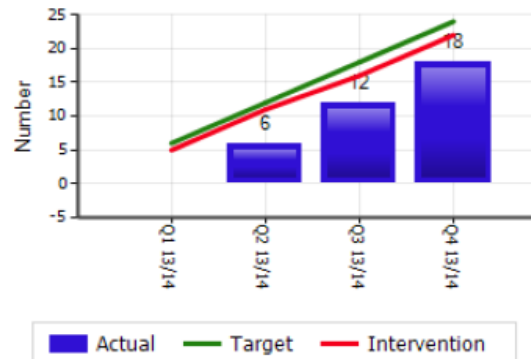
Sessions will run for between 6 - 8 weeks and will be tailor made to meet the needs of the families and individuals within the group. Sessions will involve activities such as confidence building, health and wellbeing work, promotion of local opportunities for training and or volunteering, opportunities to engage in sessions delivered by health officers, Groundwork or other specialist providers and 'taster' sessions. In addition to this the youth and family worker will provide opportunities for families to engage in outdoor activities which are low cost, in order to promote positive family interaction and healthy lifestyles.

## Measuring Effort

Number of Individual Participants



Number of sessions run



# Learning Communities

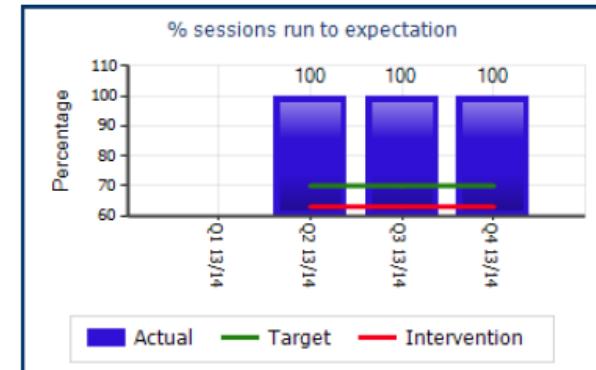
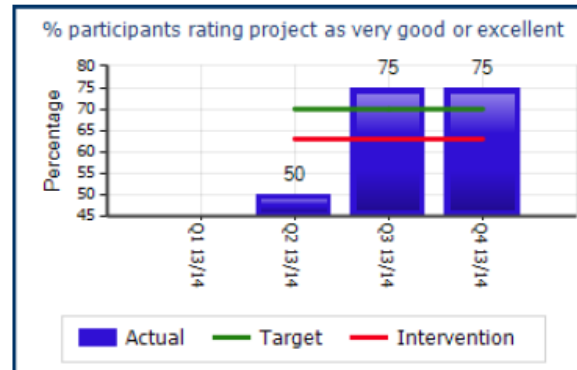
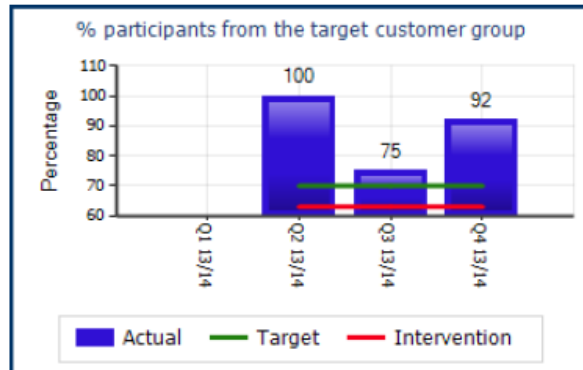
LC5 Improving Adult Life Skills

Project 3: Family Transition Project

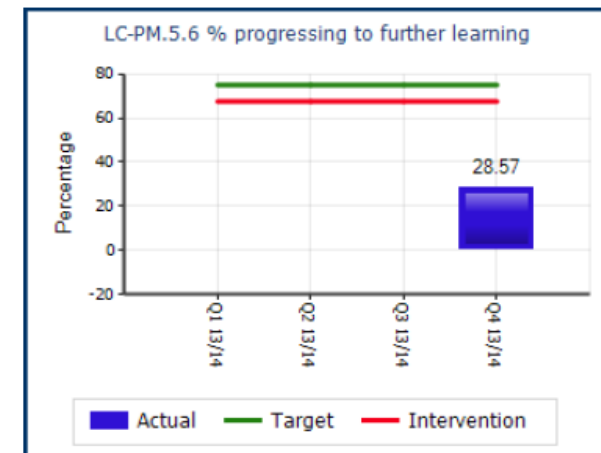
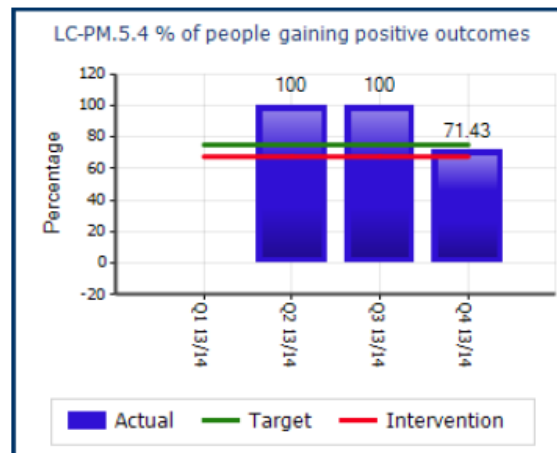
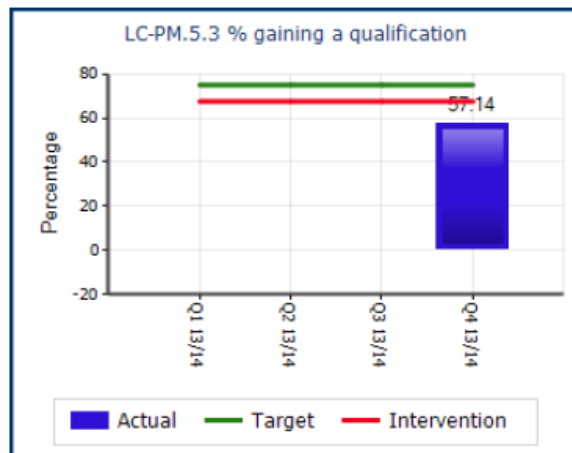


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## Measuring Quality



## Measuring Effect



# Healthier Communities

HC1 Supporting a Flying Start in the Early Years

Project 1: Postnatal Programme



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## Project Description

This multi-agency project will involve a 4 week family focussed programme covering a variety of child centred topics as follows: Nutrition; Family Wellbeing; Child Safety; Information; Play; Physical Activity

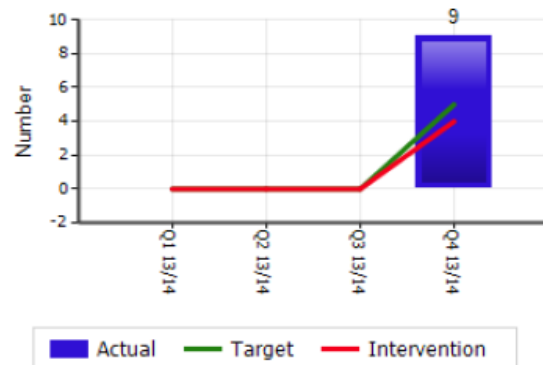
These sessions will be run as part of existing baby and toddler groups or in tandem. They will be offered to families who have pre-school aged children predominantly but many of the messages will be applicable throughout the child's life.

This project will include exit strategies into locally run training sessions and groups such as cookery courses, self help groups and the Family Engagement Project.

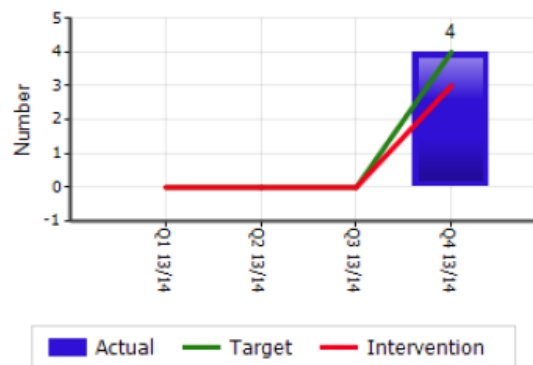
Entry referrals and Exit strategies will also be made via the antenatal/postnatal programmes offered through Flying Start.

## Measuring Effort

Number of Individual Participants



Number of sessions run





# Healthier Communities

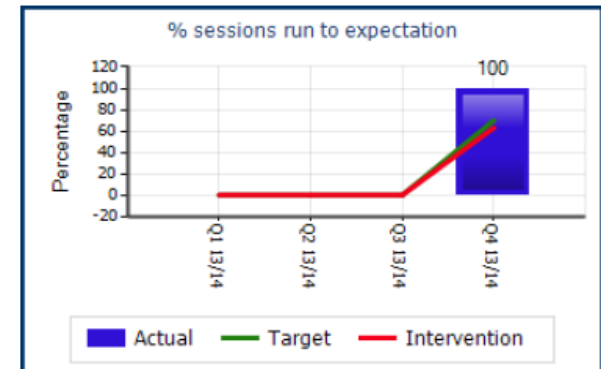
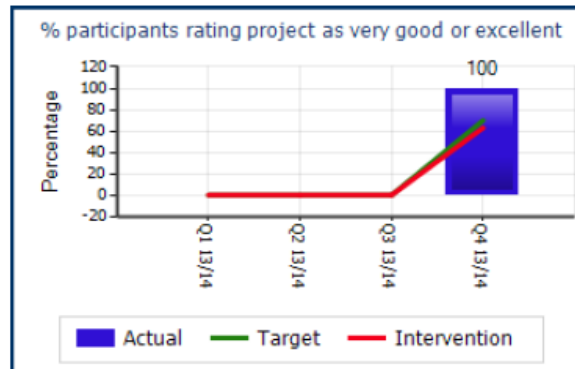
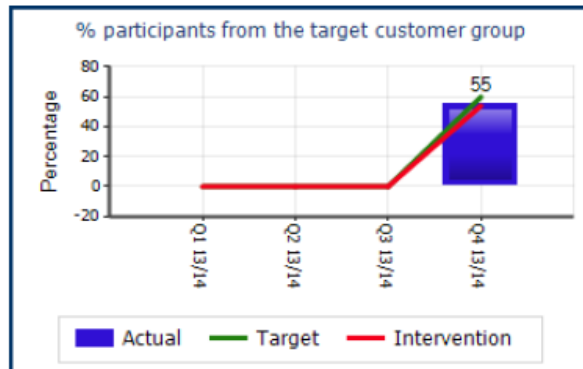
HC1 Supporting a Flying Start in the Early Years

Project 1: Postnatal Programme

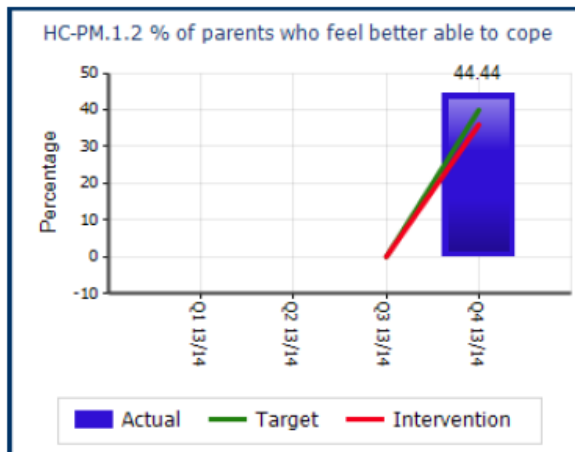


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## Measuring Quality



## Measuring Effect



## Healthier Communities

HC1 Supporting a Flying Start in the Early Years

Project 2: **Community Antenatal Sessions**



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### Project Description

Project removed as pilot only running in MVE cluster

# Healthier Communities

HC2 Promoting Physical Well Being

Project 1: StreetGames



communities first *cymunedau yn gyntaf*

### Project Description

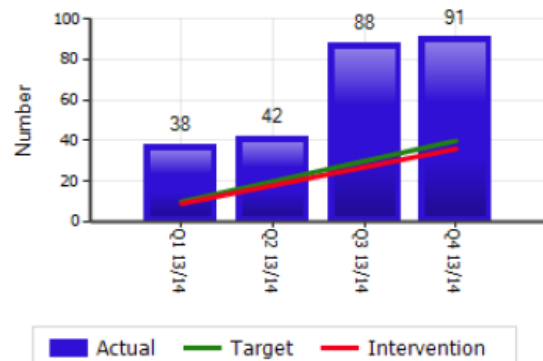
This project will involve the Communities First team working with youth services, GAVO and Sports Development to maintain existing StreetGames sites within Caerphilly Basin by: Encouraging new volunteers to get involved, Arranging StreetGames training sessions, Providing monitoring information to StreetGames.

In addition, this project will involve setting up at least 1 additional StreetGames site within Caerphilly Basin.

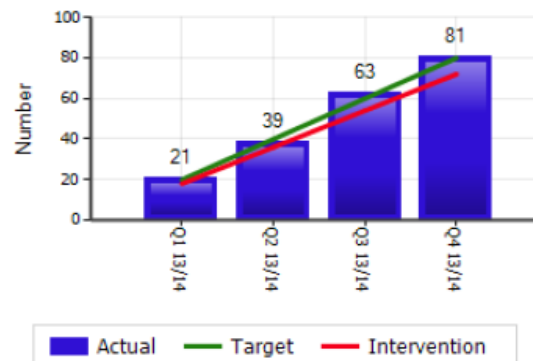
The key purpose of the project is to provide physical activity opportunities for young people within communities where there is limited opportunity or access to sports sessions/clubs.

## Measuring Effort

Number of Individual Participants



Number of sessions run



# Healthier Communities

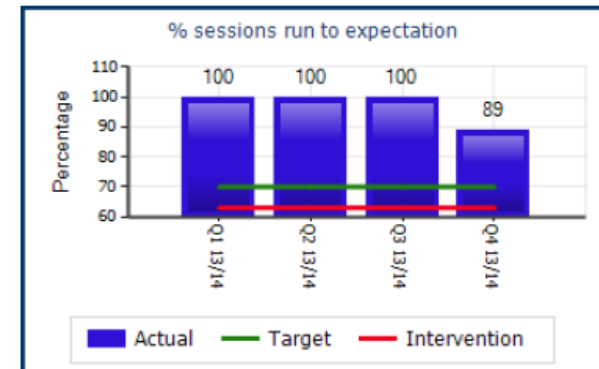
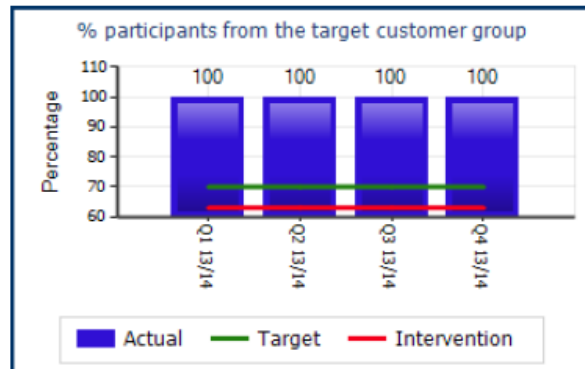
HC2 Promoting Physical Well Being

Project 1: StreetGames

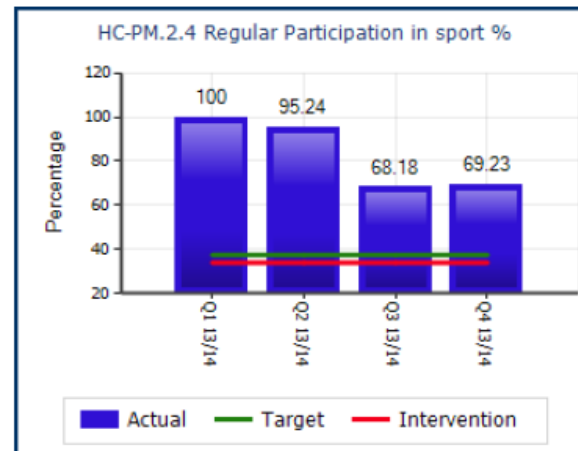


communities first *cymunedau yn gyntaf*

## Measuring Quality



## Measuring Effect





Llywodraeth Cymru  
Welsh Government

## Mid Valleys East

Prosperous Communities

Learning Communities

Healthier Communities

Community Involvement

- ~~Parent Employment Project~~
- Caerphilly Passport Project

- School and Family Link  
(Secondary Age)  
(Primary Age)
- Youth Participation Project
- Children's University
- Promoting Accreditation and Raising  
Aspirations with Young People
- Family Transition Project

- Postnatal Programme
- ~~Community Antenatal Sessions~~
- ~~Streetgames~~

## Prosperous Communities

### PC2 Reducing Youth Unemployment and disengagement

#### Project 1: Caerphilly Passport Programme



communities first **cymunedau yn gyntaf**

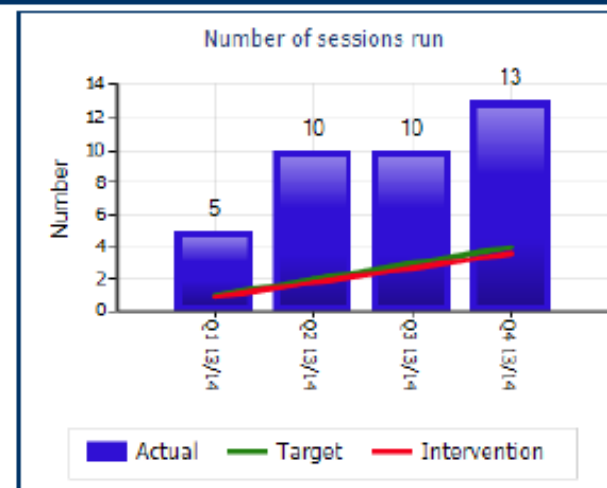
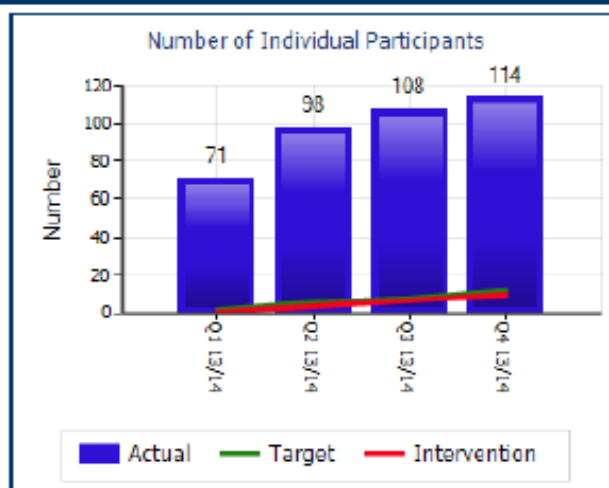
#### Project Description

The Caerphilly Passport Programme provides an opportunity for young people aged 16-24, who are unemployed and not on the work programme, to get quality work experience and training opportunities with Caerphilly County Borough Council and LSB partners. The programme will run 8 week, 6 months and longer term apprenticeship placement opportunities for young people before being 'passport'ed into sustainable employment opportunities either within LSB organisations or the private sector. The youth employment support officers will be responsible for engaging young people in Communities First areas and supporting them to be able to apply for the Passport Programme if appropriate. Each individual referred to the Caerphilly Passport Programme will have an essential skills assessment and diagnostic to ensure the right support and training is provided as part of an 'employability menu'.

The youth employment support workers will deliver the workshops in the employability menu which will include:

- What Employers Expect – Basic at work behaviours including use of mobile phones, language, timekeeping etc.
- CV preparation and Update
- Job Search Techniques
- How to apply for a job (including practical session on PC)
- Interview Techniques
- Dress to Impress for Work
- Confidence Building and Motivation

## Measuring Effort



# Prosperous Communities

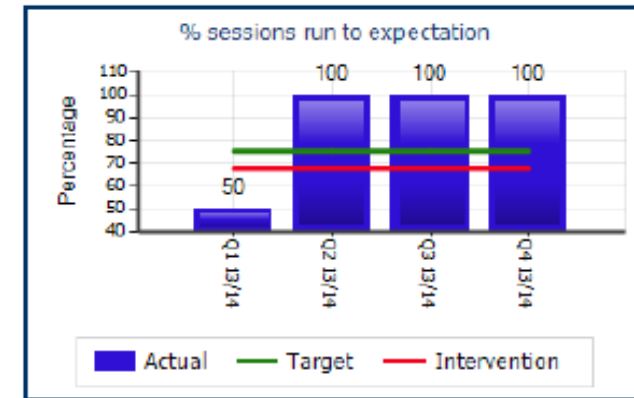
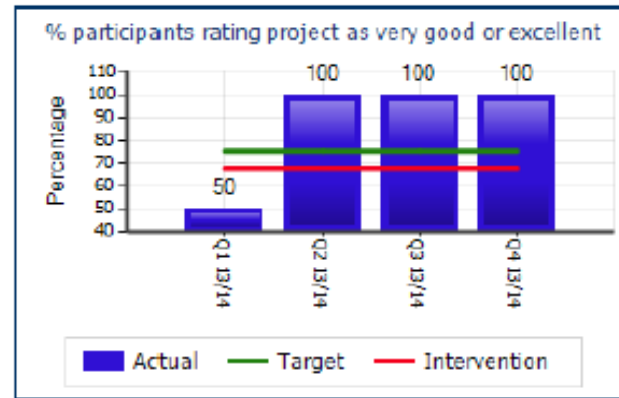
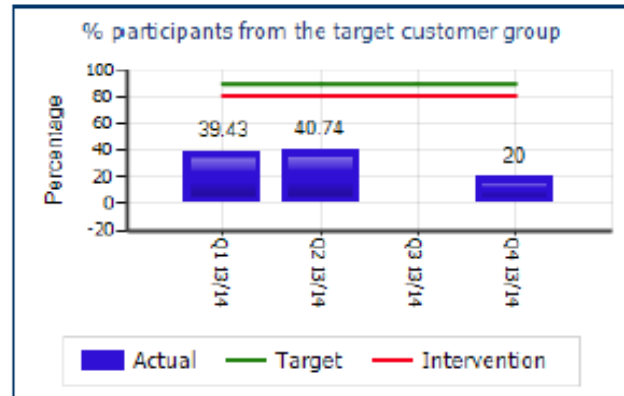
PC2 Reducing Youth Unemployment and disengagement

Project 1: Caerphilly Passport Programme

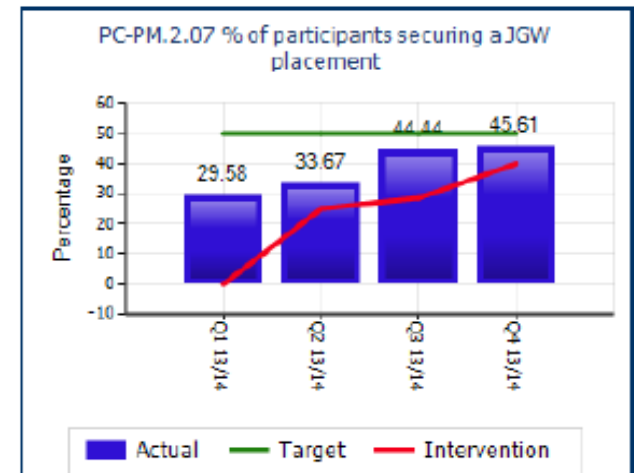
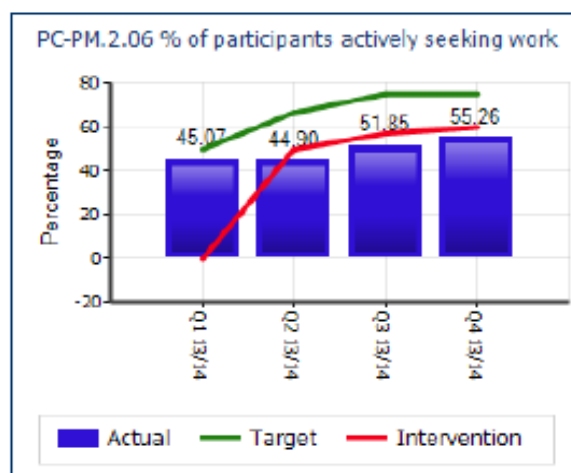
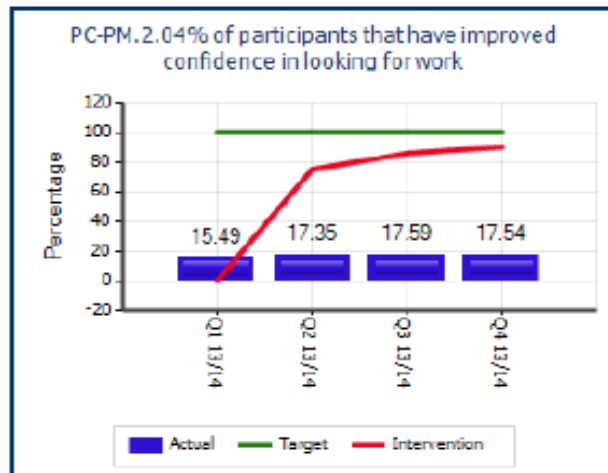


communities first *cymunedau yn gyntaf*

## Measuring Quality



## Measuring Effect



## Learning Communities

LC2 Supporting Young People to Do Well at School

Project 3: School Family Link (Secondary School)



communities first *cymunedau yn gyntaf*

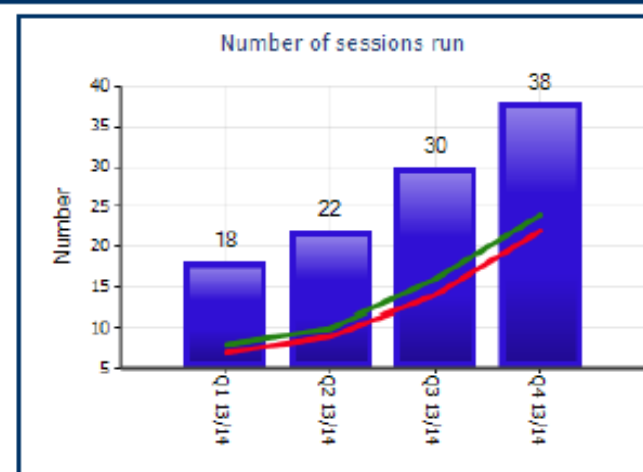
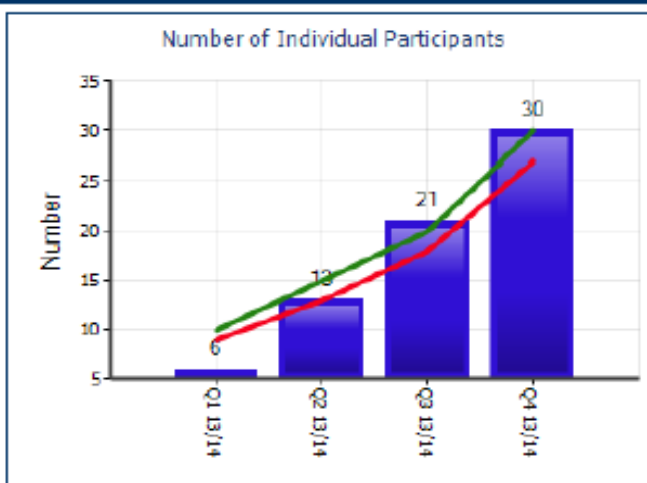
### Project Description

Youth and family officers working with schools to:

- Create a link between school and non engaged families
- Give support to children who are experiencing difficulties in school, particularly with behaviour or social skills
- Support for children and young people at risk of disengagement
- Form working relationships with families of children experiencing difficulties
- Seek to improve attendance, behaviour, educational attainment and parental involvement of children who are identified as needing support
- Seek support of other agencies that can assist with issues
- Ensure that children identified to the link worker are supported through the transition into Key Stage 3, either as a group or individually

Support transition year for year 7,s

## Measuring Effort





# Learning Communities

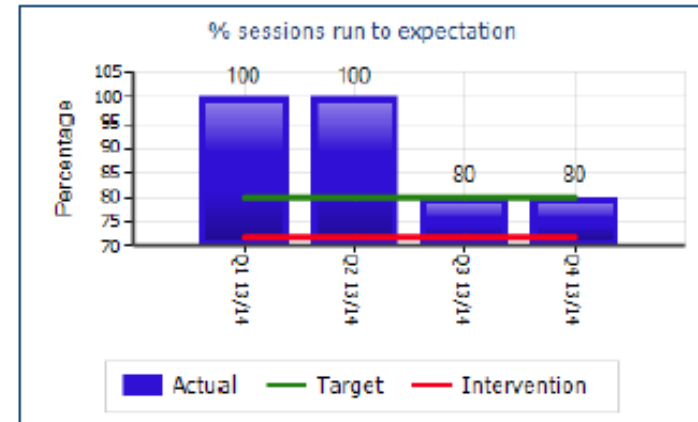
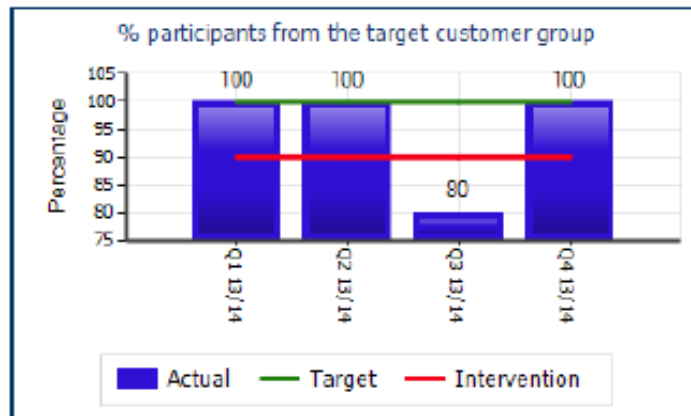
LC2 Supporting Young People to Do Well at School

Project 3: School & Family Link Project (Secondary School)

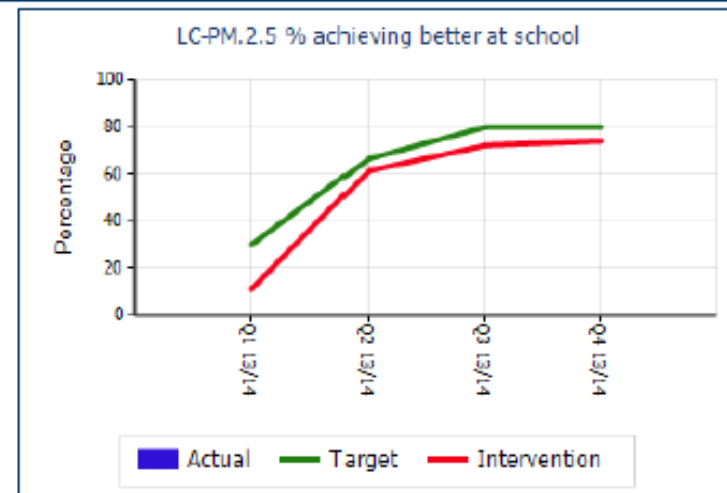
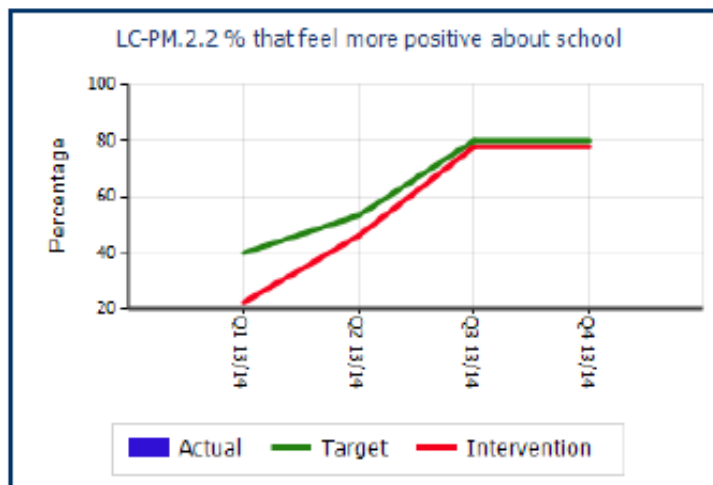


communities first **cymunedau yn gyntaf**

## Measuring Quality



## Measuring Effect



# Learning Communities

## LC2 Supporting Young People to Do Well at School

### Project 4: School Family Link (Primary School)



communities first *cymunedau yn gyntaf*

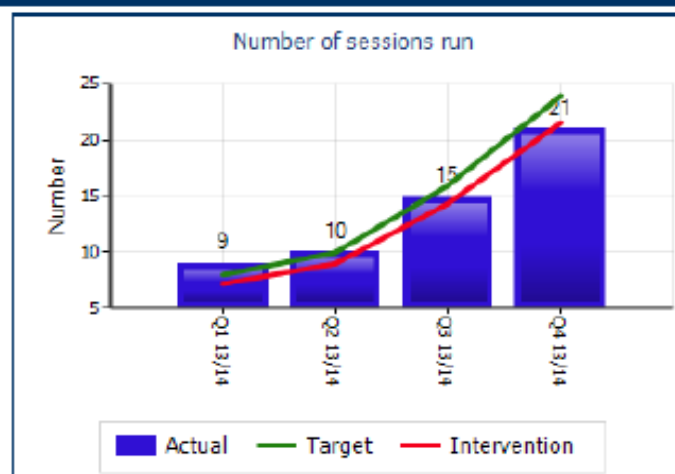
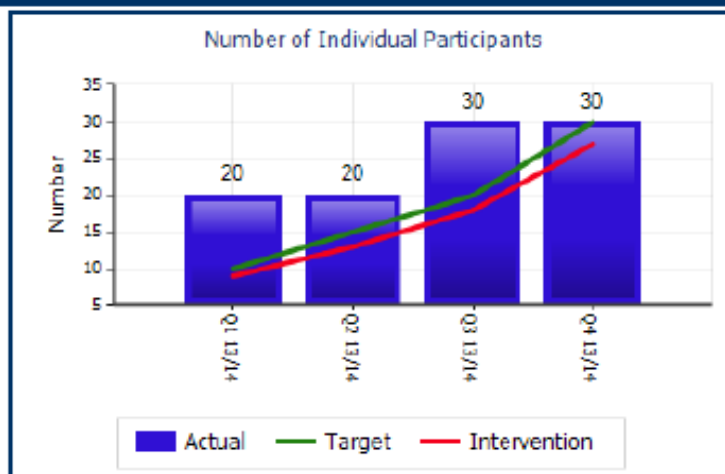
#### Project Description

Youth and family officers working with schools to:

- Create a link between school and non engaged families
- Give support to children who are experiencing difficulties in school, particularly with behaviour or social skills
- Support for children and young people at risk of disengagement
- Form working relationships with families of children experiencing difficulties
- Seek to improve attendance, behaviour, educational attainment and parental involvement of children who are identified as needing support
- Seek support of other agencies that can assist with issues
- Ensure that children identified to the link worker are supported through the transition into Key Stage 3, either as a group or individually

Support transition year for year 7,s

### Measuring Effort



# Learning Communities

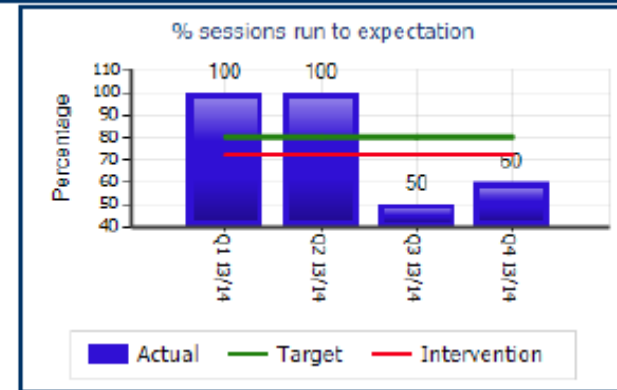
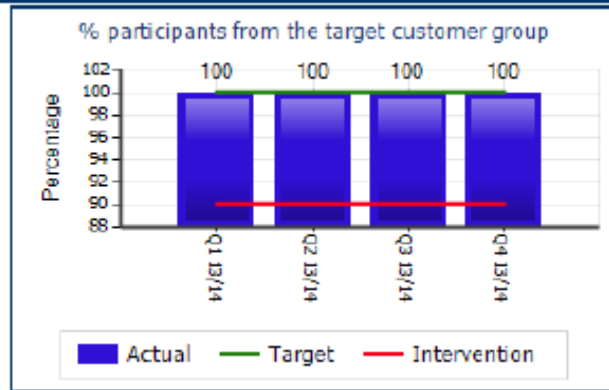
LC2 Supporting Young People to Do Well at School

Project 4: School Family Link (Primary School)

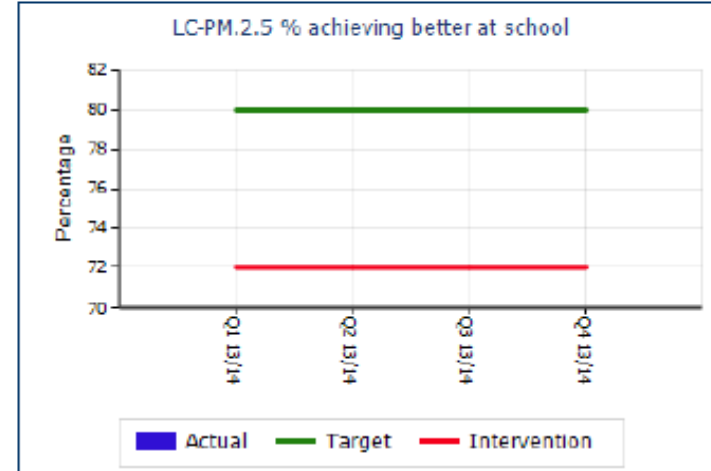
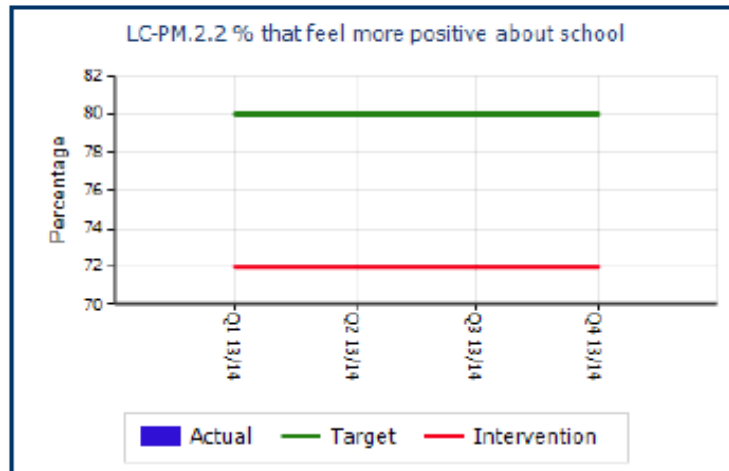


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## Measuring Quality



## Measuring Effect



# Learning Communities

## LC4 Lifelong Learning in Communities

### Project 2: Youth Participation Project



communities first *cymunedau yn gyntaf*

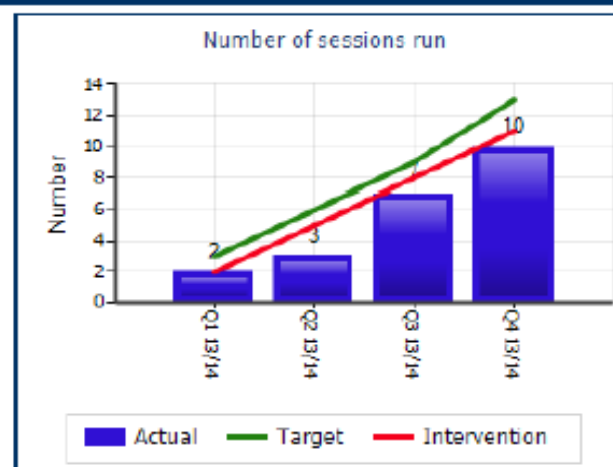
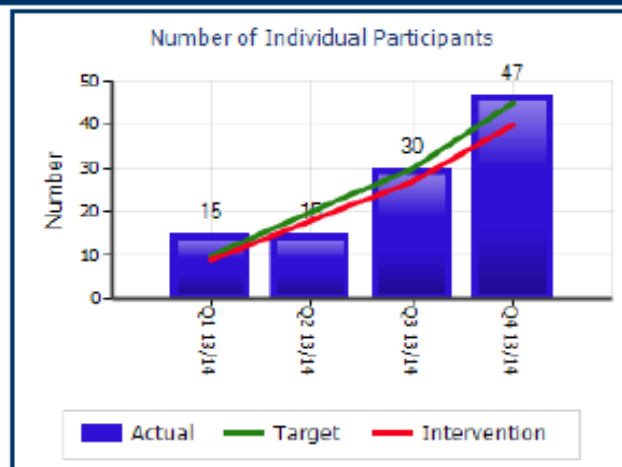
To engage and support children and young people, including the hardest to reach, so they are able to engage with participative processes. Maintaining current participative groups existing throughout the borough so they can contribute to plans across the cluster and so they can develop opportunities for accreditation and skills development for young people. This includes youth and family workers (in conjunction with the SCF worker) working with young people to further develop Junior PACT's, in order to ensure children and young people raise their views in relation to local issues around crime and community safety.

To ensure communities across the cluster have youth representation, so they can raise and discuss local issues at borough wide meetings and feed into strategic decision making within CCBC. To support the delivery of borough wide meetings and termly Junior Forum meetings, to ensure that young people who are less confident or more difficult to engage can contribute and participate. The officers will also work with the young people to ensure they are :

- Aware of what it means to be a representative and to have a representative view
- To ensure that all representatives feedback to the people they represent.
- Are prepared and equipped to discuss issues that are relevant to them and their peers.

Attendance and involvement will contribute to Childrens University credits and informal/ non formal accreditation. This will be facilitated by the Youth and Family officers and Youth Forum officers, should the children become more involved in either of the forums. The Youth and Family Co-ordinator will ensure all safeguarding measures are in place for young people to be involved and that links are made with TAF, Schools, SCCSP and YISP, so that young people who may be harder to reach or who are less able to engage are supported to attend.

## Measuring Effort



# Learning Communities

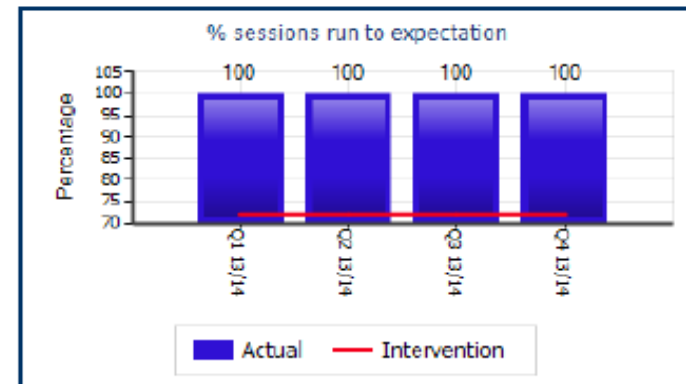
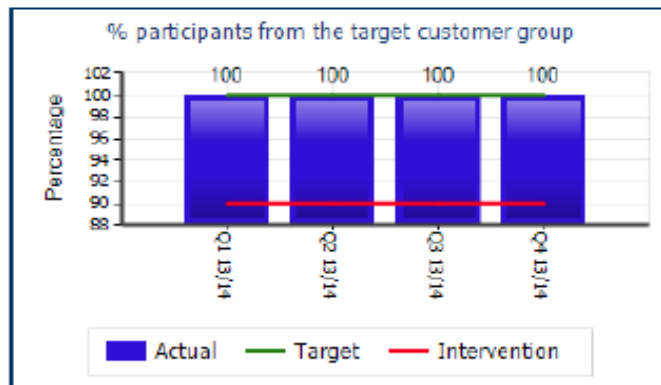
LC4 Lifelong Learning in Communities

Project 2: Youth Participation Project

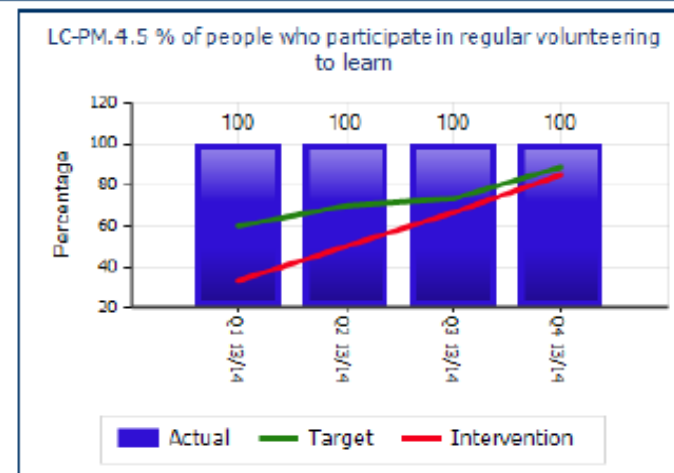
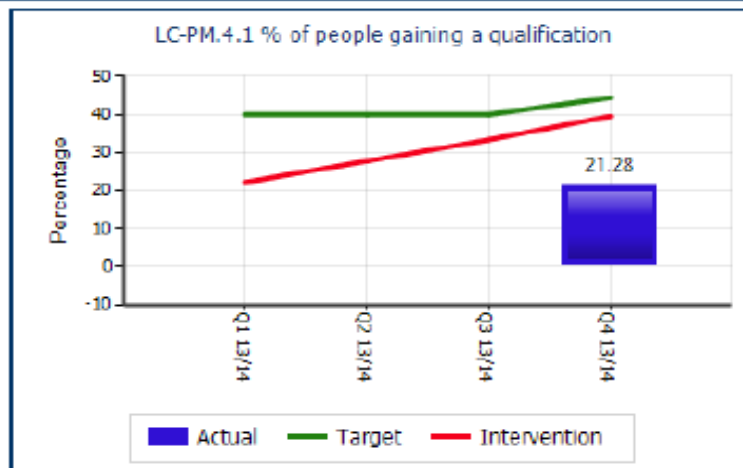


communities first *cymunedau yn gyntaf*

## Measuring Quality



## Measuring Effect



# Learning Communities

## LC4 Lifelong Learning in Communities

### Project 4: Children's University

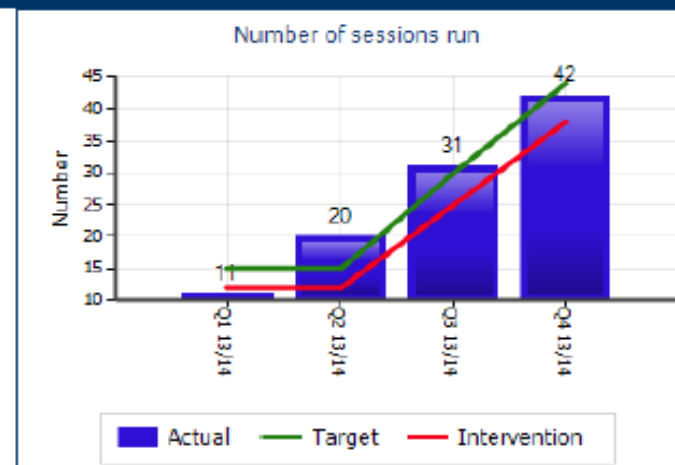
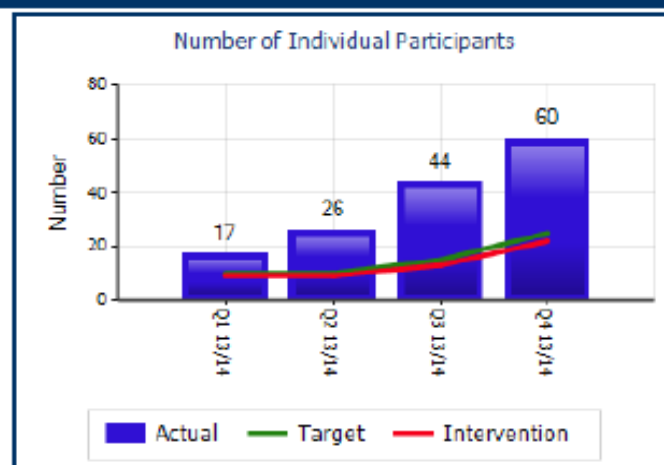


communities first *cymunedau yn gyntaf*

#### Project Description

The 'Children's University' aims to recognise the participation of children and young people in out of school activities in cultural, learning and sporting events, to increase aspirations and encourage young people to reach their full potential. The project involves students gaining specified 'credits' for approved out of school activities. These credits will then be 'banked' and recorded and work towards a Children's University recognised award. The University does not require children and young people to demonstrate achievement against predetermined targets but simply to demonstrate commitment to learning by attending activities. The 'Children's University' targets children aged 8 – 13, school years 3 – 8, and children are able to get a bronze, silver and gold award depending on their number of credits banked. There is also the opportunity of students progressing onto the 'Youth university', targeting young people aged 14 – 19, school years 9 – 14. The Family Support Workers will be engaging with children and young people to register with the Children's University. Registers will be collected from approved activities and sent to the Local authority to be collated in the central database. This will monitor a child's individual achievements throughout their school life. Youth and Family officers will engage young people through outreach and detached work and also through links with schools. Using participative methods the youth and family workers will aim to identify opportunities for children and young people to gain credits. The young people will be encouraged and supported to attend sessions delivered through Groundwork and Health and Wellbeing officers and also through family and youth workers developing sessions and activities e.g activities that positively contribute to personal goals or community development. The youth and family officers will develop the modules as and when necessary and be involved with all safeguarding procedures with groups or individuals they are facilitating. They will also ensure that distance travelled is monitored for all children and young people participating as they may be involved in other accreditation outside of Childrens Uni.

### Measuring Effort



# Learning Communities

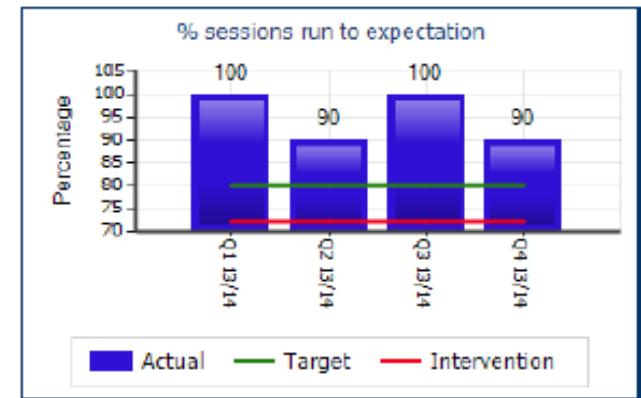
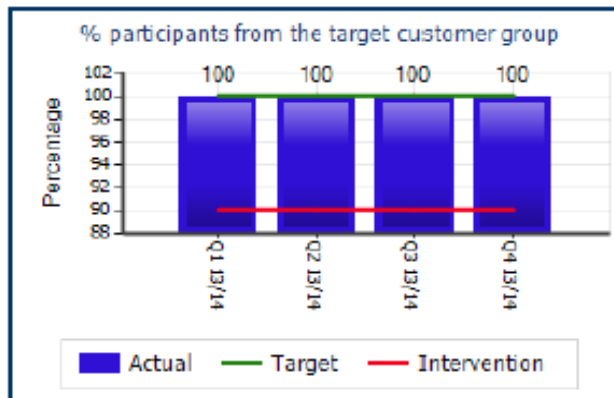
LC4 Lifelong Learning in Communities

Project 4: Children's University

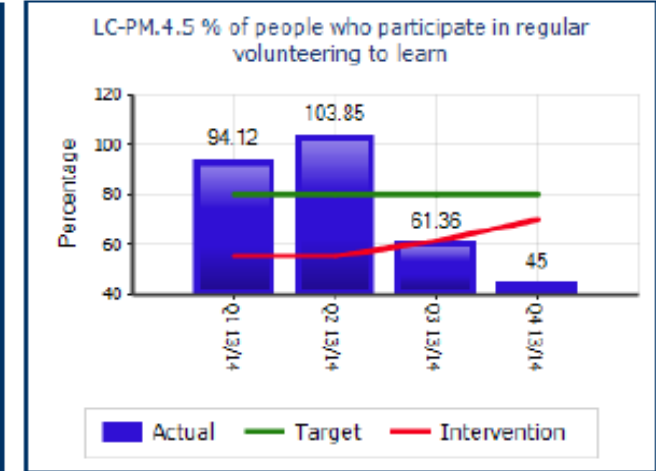
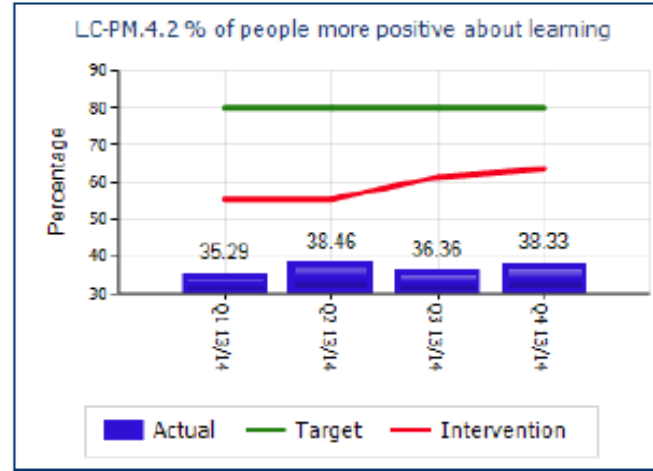
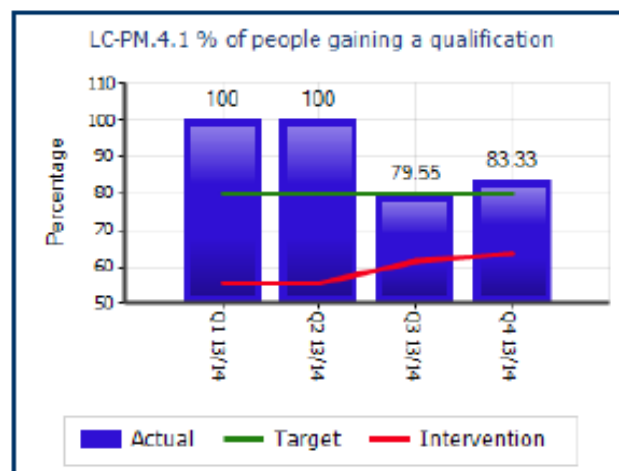


communities first *cymunedau yn gyntaf*

## Measuring Quality



## Measuring Effect



## Learning Communities

### LC4 Lifelong Learning in Communities

#### Project 5: Promoting Accreditation and Raising Aspiration with Young People

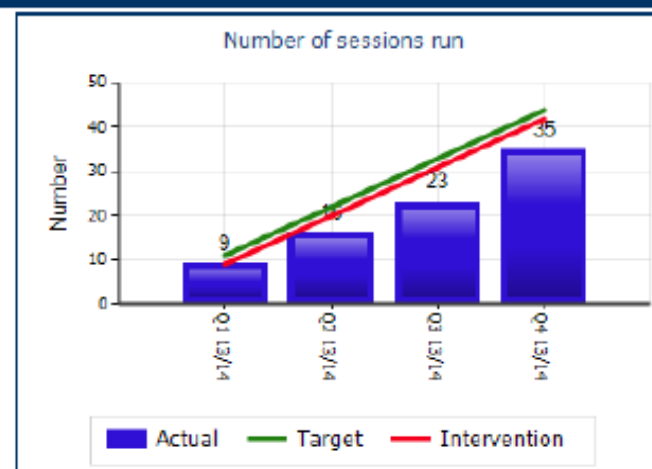
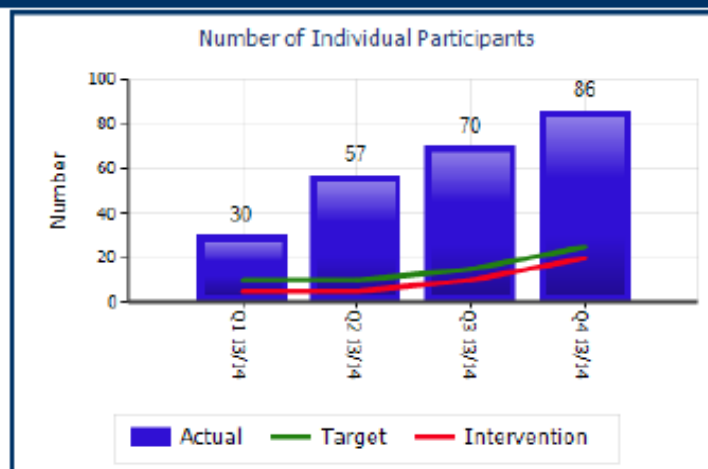


communities first *cymunedau yn gyntaf*

#### Project Description

The project will provide opportunities for young people to participate in individual and ongoing pieces of work to enable them to gain informal and non formal accreditation. The accreditation will include informal recognition, but also non formal opportunities will be offered such as Dof E, ASDAN, Sports Leaders, Agored, National Navigation Awards and so on. All sessions will compliment Childrens Uni, as the focus will remain on learning and skills development in relation to a specific a topic, where Childrens University will focus on credits for engagement and involvement. The Youth and Family Officers will deliver sessions and organise and support sessions delivered by specialists, in line with young peoples need. Sessions will include opportunities to engage in activities relating to developing basic skills, life skills and emotional health and wellbeing. This will include use of outdoor environments in order to promote the physical and mental health benefits associated with use of the outdoor and being active. Parents will also be involved where appropriate. In addition to this young people will be provided with support and encouragement to engage with projects being delivered as part of the CF delivery plans sessions, offered by other youth support services in the local community. In order to ensure that young people's achievements are recognised a presentation evening will take place and parents and community members will be invited. The young people will also have individual records of achievement, have distance travelled recorded and monitored as part of their ongoing development and also information will be passed to schools, in relation to their progress. Young people will be identified through outreach and detached work, links with schools, links with Families First projects and through links with the SCCSP. Youth and Family Co-ordinator will maintain links with all relevant bodies to ensure young people are identified for support and to ensure that communication channels remain open. Thus ensuring agencies and services involved with young people are aware of their development. All Wales guidance in relation to off site activities, hazardous activities and independent providers will be overseen by the Senior Youth Officer in order to ensure young people are safeguarded

## Measuring Effort





# Learning Communities

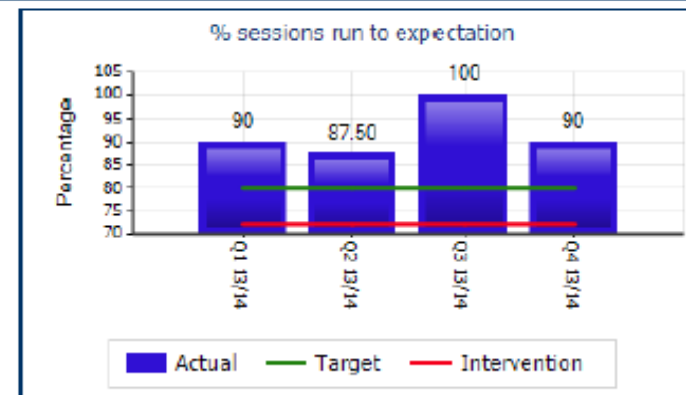
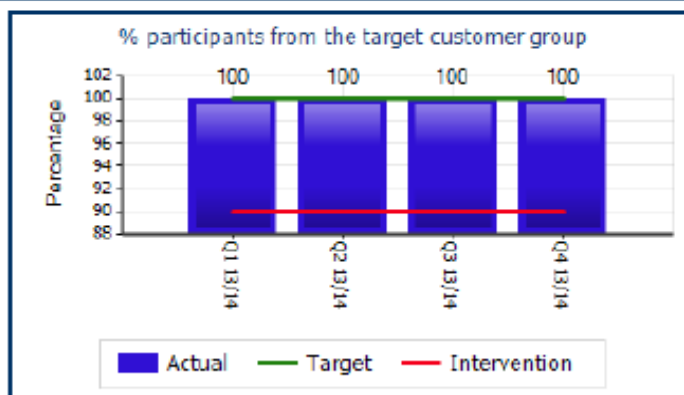
## LC4 Lifelong Learning in Communities

### Project 5: Promoting Accreditation and Raising Aspiration with Young People

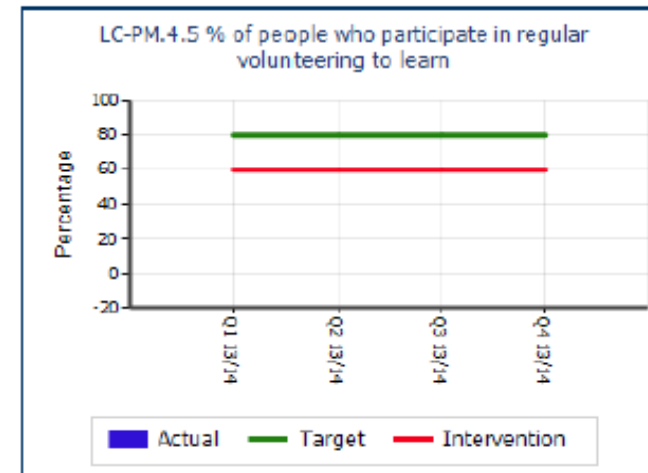
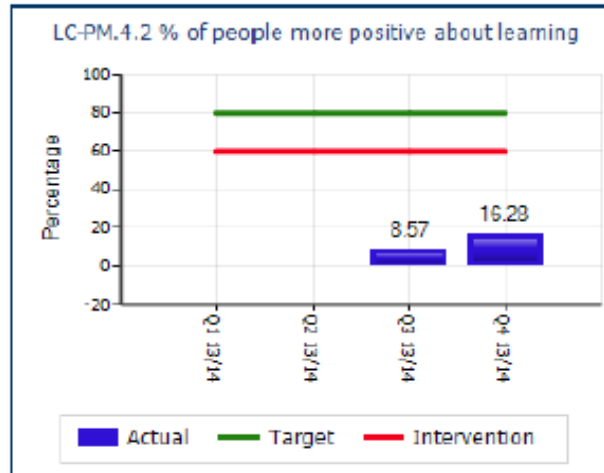
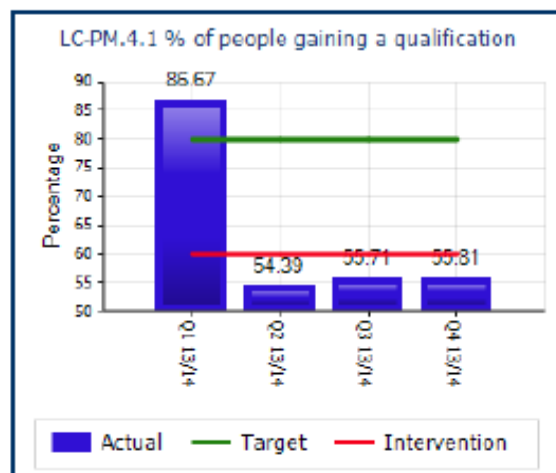


communities first *cymunedau yn gyntaf*

### Measuring Quality



### Measuring Effect



# Learning Communities

## LC5 Improving Adult Life Skills

### Project 2: Family Transition Project

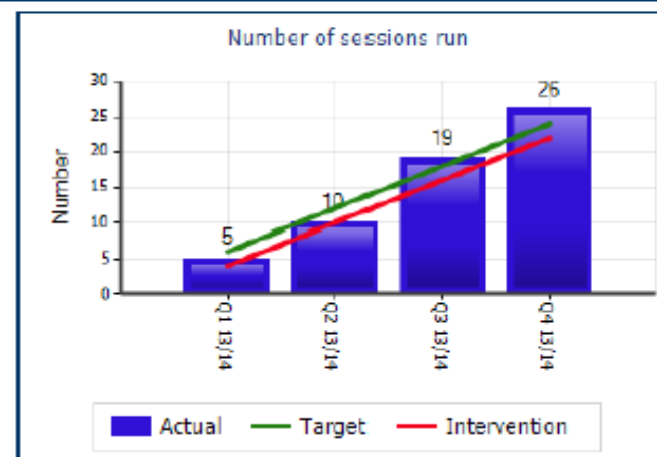


communities first *cymunedau yn gyntaf*

#### Project Description

Working with Families First, Family Engagement project, the youth and family officers and co-ordinator will develop sessions to engage with families, at completion stage of Families Together programme, in order that they can become more engaged with their local community and access opportunities to support their personal development. At present family engagement workers engage families with emerging needs through outreach and detached work, home visits and families together sessions. The sessions aim to provide families with support and information to enable them access more specialised services through the TAF. Often the families find they do not need these interventions and would like to become more involved in opportunities around training, volunteering, learning new skills etc. In order to provide the families with these opportunities the youth and family officers will develop a transition group to enable families to move from families together or family engagement project to activities with a more 'universal focus'. The work will not focus on the emerging needs of the families, but will seek to identify opportunities that will promote positive, personal development for individuals within the family and the family as a whole. Sessions will run for between 6 – 8 weeks and will be tailor made to meet the needs of the families and individuals within the group. Sessions will involve activities such as confidence building, health and wellbeing work, promotion of local opportunities for training and or volunteering, opportunities to engage in sessions delivered by health officers, Groundwork or other specialist providers and 'taster' sessions. In addition to this the youth and family worker will provide opportunities for families to engage in outdoor activities which are low cost, in order to promote positive family interaction and healthy lifestyles. The sessions will also focus on sustainability and enabling the group to continue to operate without the support of the officers, should they wish to do so. The group will also have the opportunity to engage with parent network and youth and junior forums as part of the ongoing sessions.

### Measuring Effort



# Learning Communities

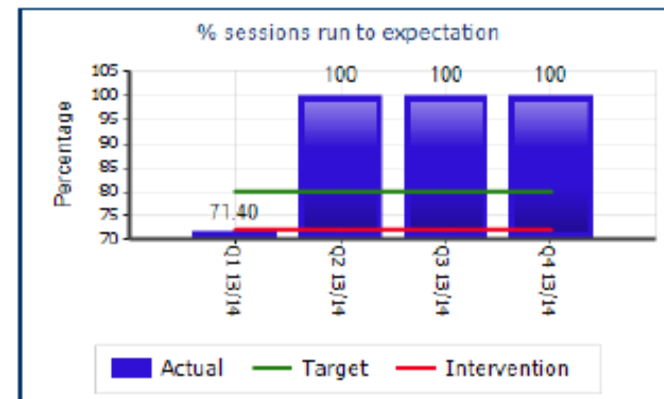
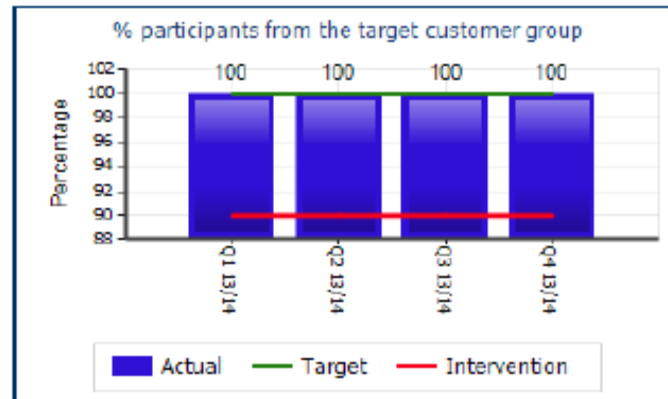
## LC5 Improving Adult Life Skills

### Project 2: Family Transition Project

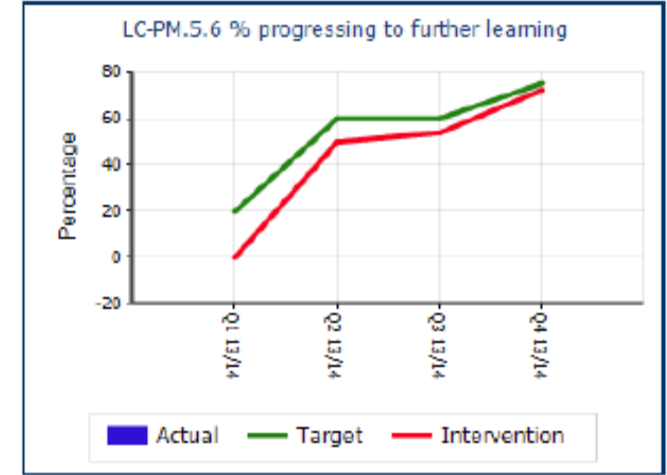
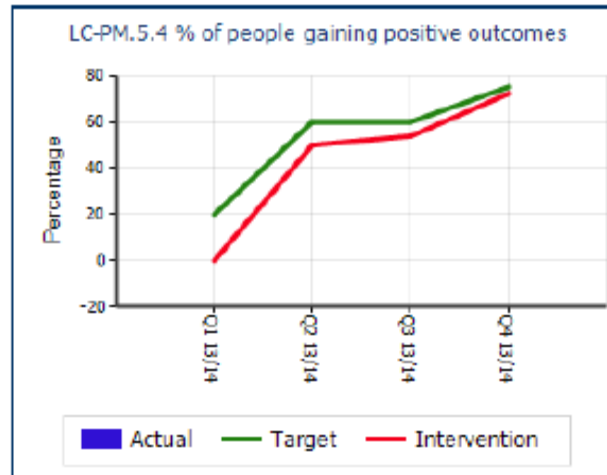


communities first *cymunedau yn gyntaf*

### Measuring Quality



### Measuring Effect



# Healthier Communities

## HC1 Supporting a Flying Start in the Early Years

### Project 1: Postnatal project



communities first *cymunedau yn gyntaf*

#### Project Description - Pilot Project (hence low targets)

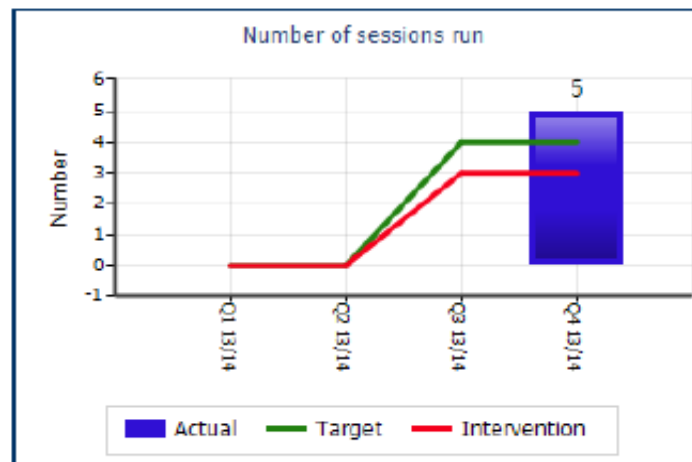
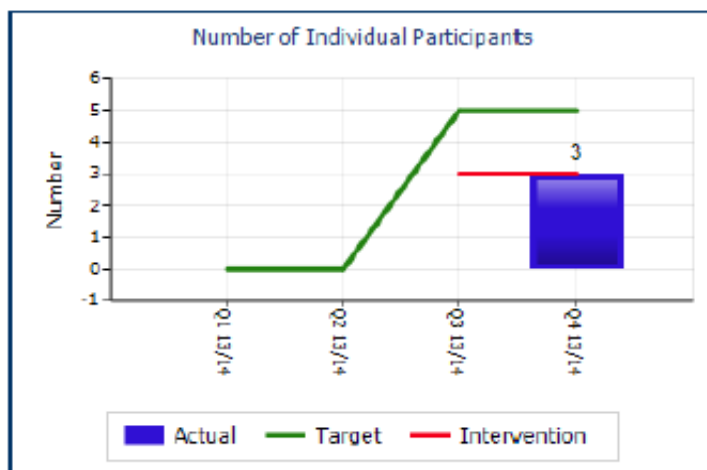
This multi-agency project will involve a 4 week family focussed programme covering a variety of child centred topics as follows:

- Nutrition
- Family Wellbeing
- Child Safety
- Information
- Play
- Physical Activity

These sessions will be run as part of existing baby and toddler groups or in tandem. They will be offered to families who have pre-school aged children predominantly but many of the messages will be applicable throughout the child's life. This project will include exit strategies into locally run training sessions and groups such as cookery courses, self help groups and the Family Engagement Project.

Entry referrals and Exit strategies will also be made via the antenatal/postnatal programmes offered through Flying Start.

## Measuring Effort



# Healthier Communities

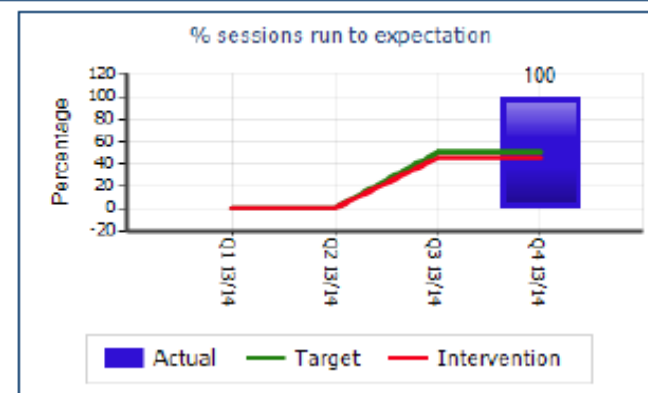
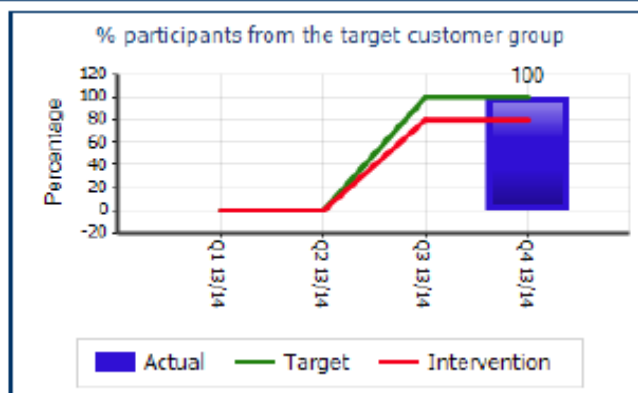
HC1 Supporting a Flying Start in the Early Years

Project 1: Postnatal Project

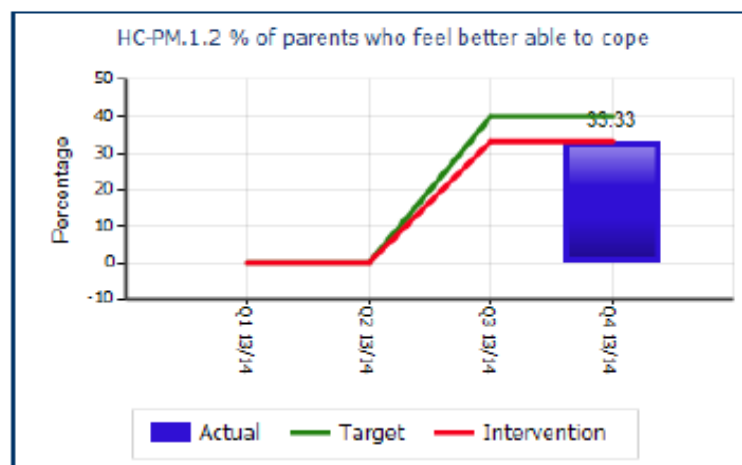


communities first *cymunedau yn gyntaf*

## Measuring Quality



## Measuring Effect





Llywodraeth Cymru  
Welsh Government

## Mid Valleys West

### Prosperous Communities

- ~~Parent Employment Project~~
- Caerphilly Passport Project

### Learning Communities

- School and Family Link  
(Primary Age)  
(Secondary Age)
- Youth Participation Project
- Children's University
- Promoting Accreditation and  
Raising Aspirations with Young  
People
- Family Transition Project

### Healthier Communities

- Postnatal Programme
- ~~Community Antenatal Sessions~~
- ~~Streetgames~~

# Prosperous Communities

## PC2 Reducing Youth Unemployment and disengagement

### Project 1:Caerphilly Passport Programme



communities first *cymunedau yn gyntaf*

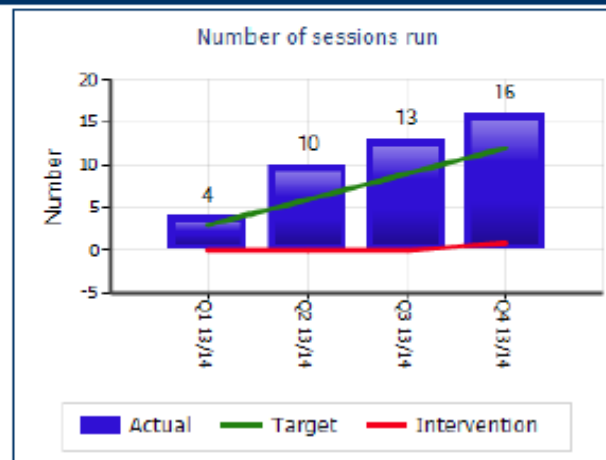
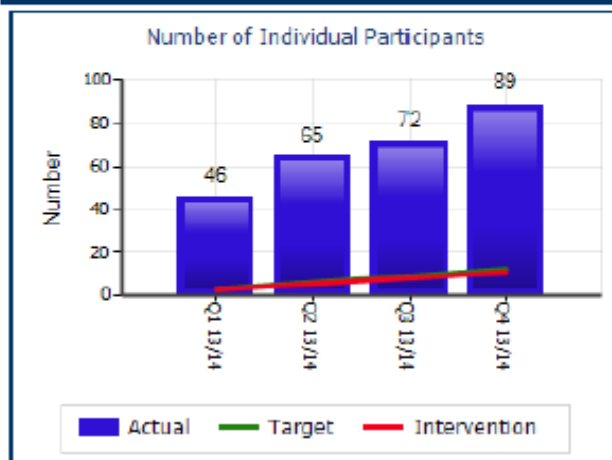
#### Project Description

The Caerphilly Passport Programme provides an opportunity for young people aged 16-24, who are unemployed and not on the work programme, to get quality work experience and training opportunities with Caerphilly County Borough Council and LSB partners. The programme will run 8 week, 6 months and longer term apprenticeship placement opportunities for young people before being 'passportted' into sustainable employment opportunities either within LSB organisations or the private sector. The youth employment support officers will be responsible for engaging young people in Communities First areas and supporting them to be able to apply for the Passport Programme if appropriate.

Each individual referred to the Caerphilly Passport Programme will have an essential skills assessment and diagnostic to ensure the right support and training is provided as part of an 'employability menu'. The youth employment support workers will deliver the workshops in the employability menu which will include what Employers Expect – Basic at work behaviours including use of mobile phones, language, timekeeping etc, CV preparation, Job Search Techniques, How to apply for a job (including practical session on PC) and Interview Techniques. The Citizen Advice Bureau will provide a Financial Literacy session, which will include information on budgeting, salary information and effect on benefits.

Individuals will be able to discuss what placement opportunities there are with CCBC departments and LSB partners at an employer focus session, after completing the employability menu. Once on placements, the individuals will be supported and mentored to secure sustainable employment.

### Measuring Effort



# Prosperous Communities

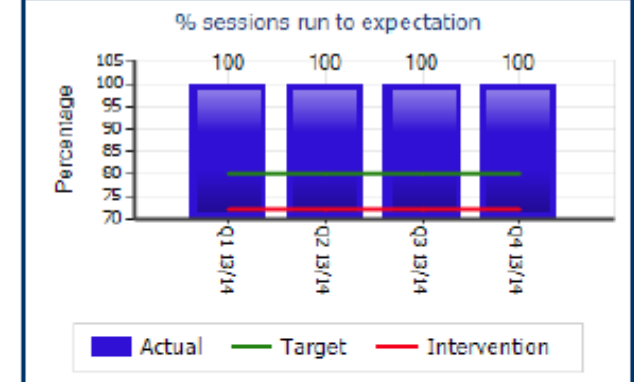
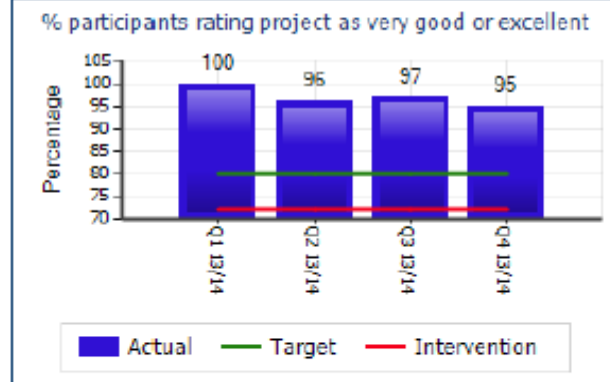
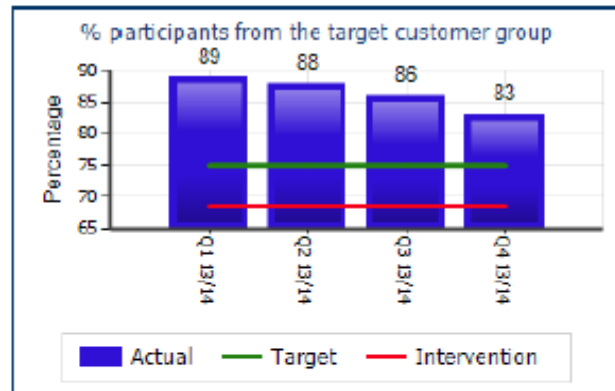
PC2 Reducing Youth Unemployment and disengagement

Project 1: Caerphilly Passport Programme

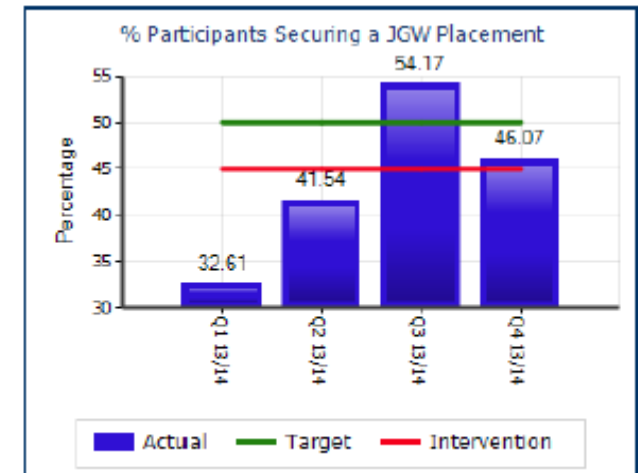
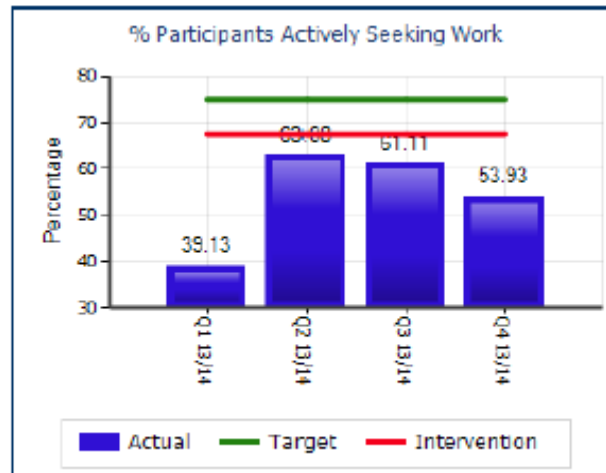
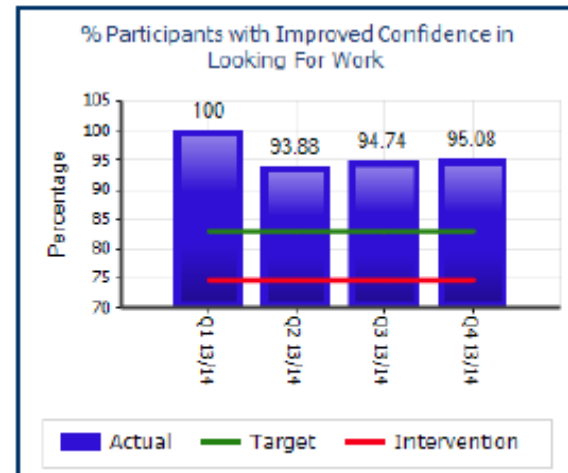


communities first *cymunedau yn gyntaf*

## Measuring Quality



## Measuring Effect





## Learning Communities

### LC2 Supporting Young People to Do Well at School

#### Project 1: School Family Link (Children aged 8-11)



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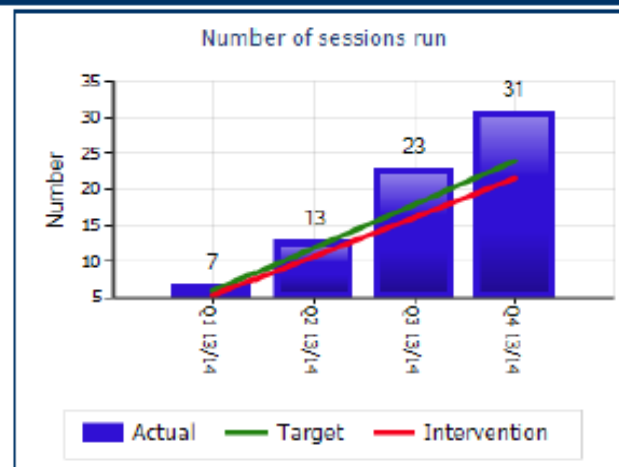
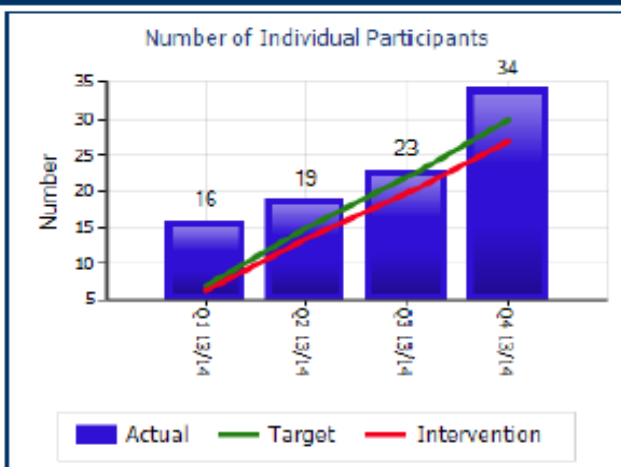
#### Project Description Youth and family officers working with schools to:

- Create a link between school and non engaged families
- Give support to children who are experiencing difficulties in school, particularly with behaviour or social skills.
- Support for children and young people at risk of disengagement.
- Form working relationships with families of children experiencing difficulties
- Seek to improve attendance, behaviour, educational attainment and parental involvement of children who are identified as needing support
- Seek support of other agencies that can assist with issues
- Ensure that children identified to the link worker are supported through the transition into Key Stage 3, either as a group or individually
- Support transition year for year 7,s

#### The youth and family officers will:

- Run group sessions with children who require additional support with issues such as anger management, self esteem and social/ communication skills.
- Support families, where necessary, to engage with Families and Schools Together, Team Around the Family or Family Engagement Project.
- Undertaking home visits to remove barriers with disengaged parents/carers.
- Support children and young people to engage in positive, productive activities outside of school.

## Measuring Effort



# Learning Communities

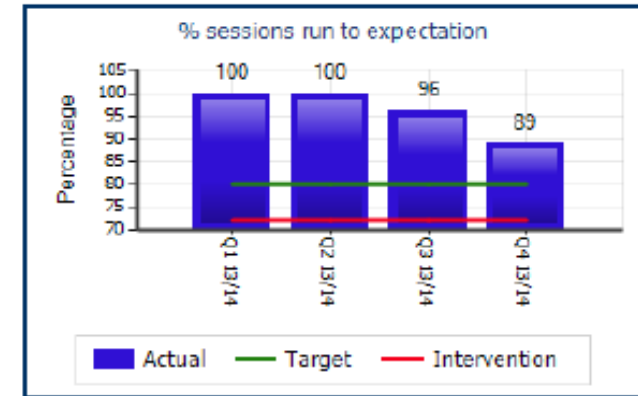
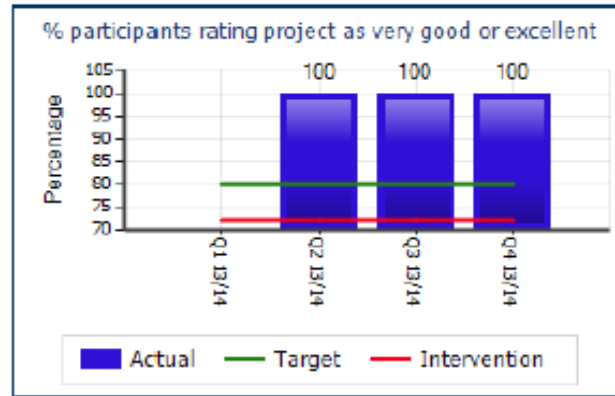
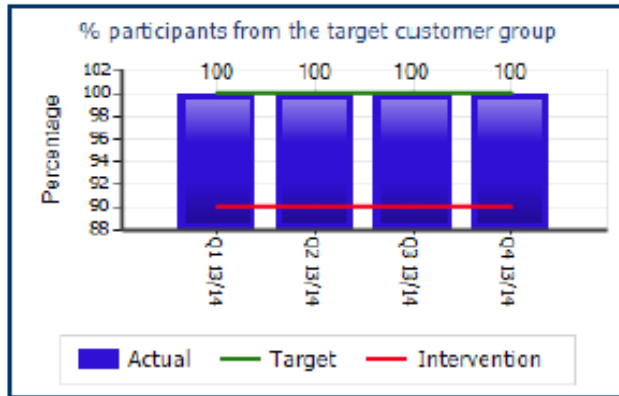
LC2 Supporting Young People to Do Well at School

Project 1: School Family Link (Children aged 8-11)

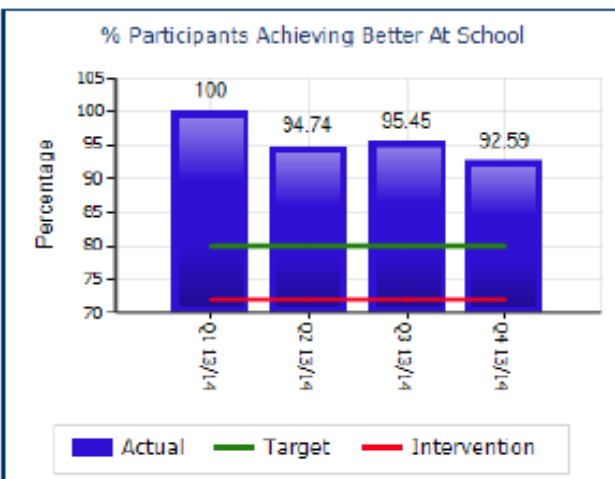
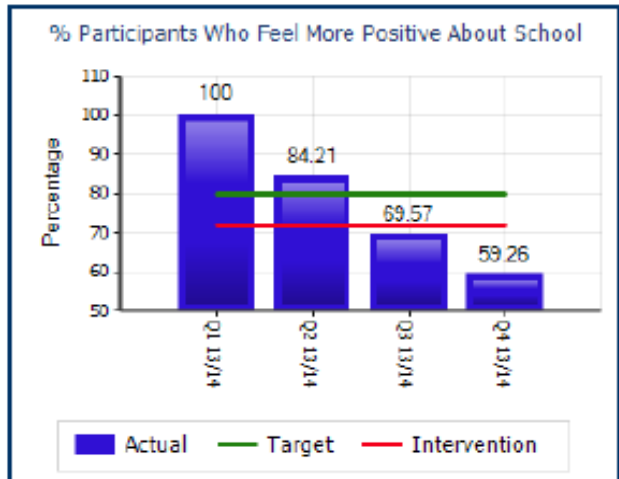


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## Measuring Quality



## Measuring Effect



## Learning Communities

### LC2 Supporting Young People to Do Well at School

#### Project 2: School Family Link (Young People aged 11-16)



communities first *cymunedau yn gyntaf*

#### Project Description Youth and family officers working with schools to:

Create a link between school and non engaged families

Give support to children who are experiencing difficulties in school, particularly with behaviour or social skills.

Support for children and young people at risk of disengagement.

Form working relationships with families of children experiencing difficulties

Seek to improve attendance, behaviour, educational attainment and parental involvement of children who are identified as needing support

Seek support of other agencies that can assist with issues

Ensure that children identified to the link worker are supported through the transition into Key Stage 3, either as a group or individually

Support transition year for year 7,s

The youth and family officers will:

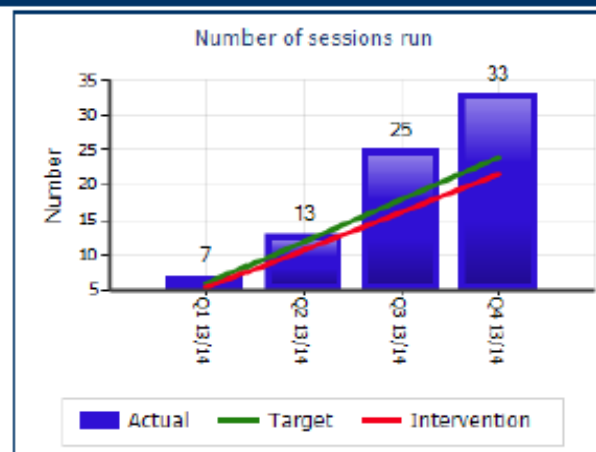
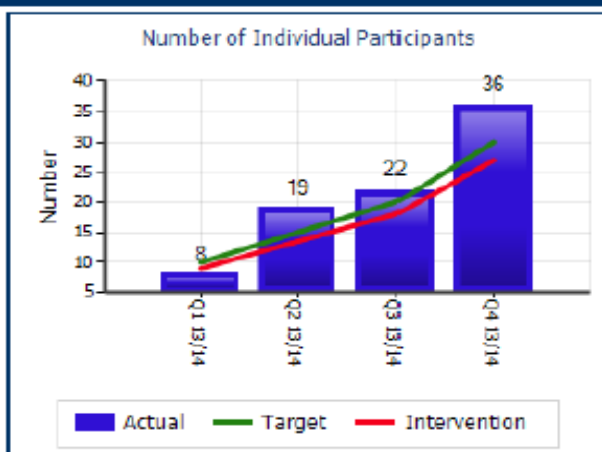
Run group sessions with children who require additional support with issues such as anger management, self esteem and social/ communication skills.

Support families, where necessary, to engage with Families and Schools Together, Team Around the Family or Family Engagement Project.

Undertaking home visits to remove barriers with disengaged parents/carers.

Support children and young people to engage in positive, productive activities outside of school.

## Measuring Effort



# Learning Communities

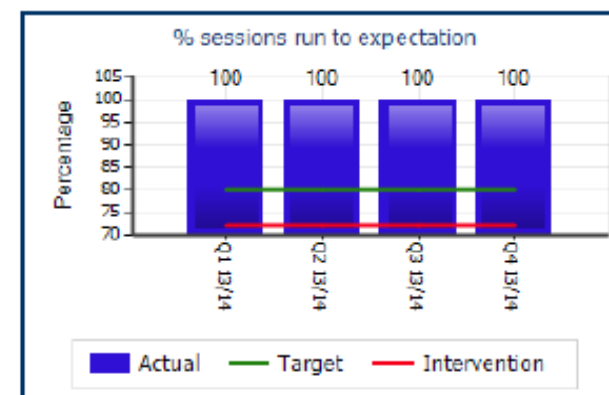
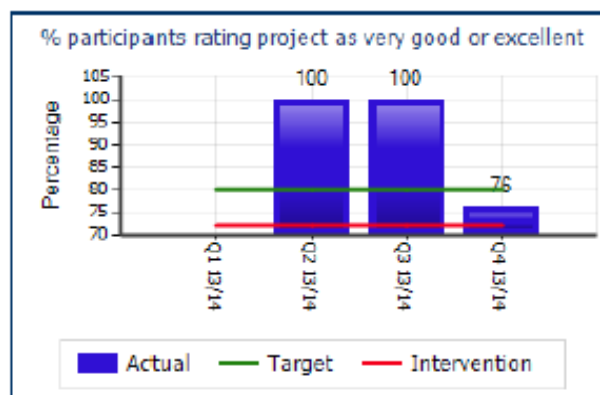
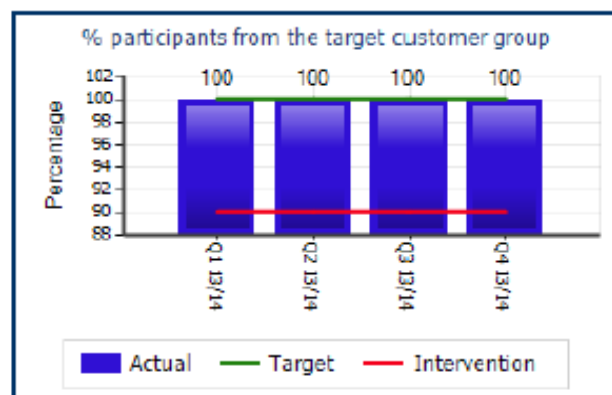
LC2 Supporting Young People to Do Well at School

Project 2: School Family Link (Children aged 11-16)

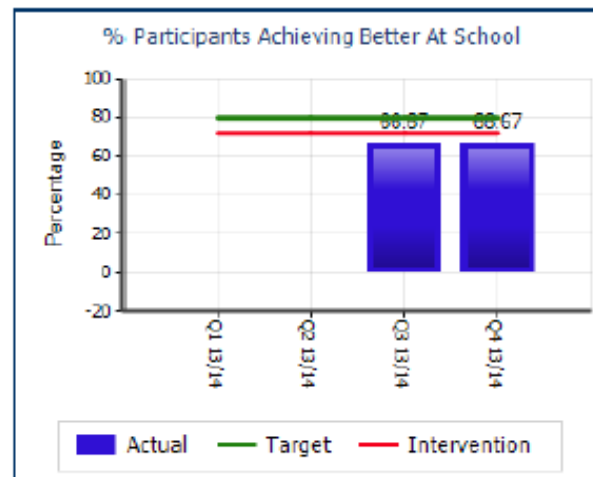
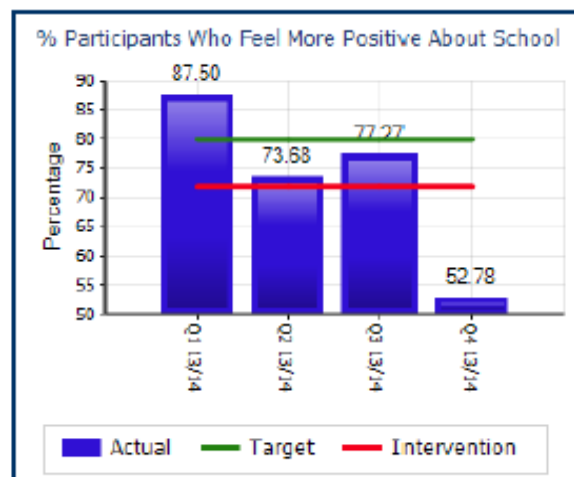


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## Measuring Quality



## Measuring Effect



## Learning Communities

### LC4 Lifelong Learning in Communities

#### Project 3: Youth Participation Project



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**Project Description** To engage and support children and young people, including the hardest to reach, so they are able to engage with participative processes.

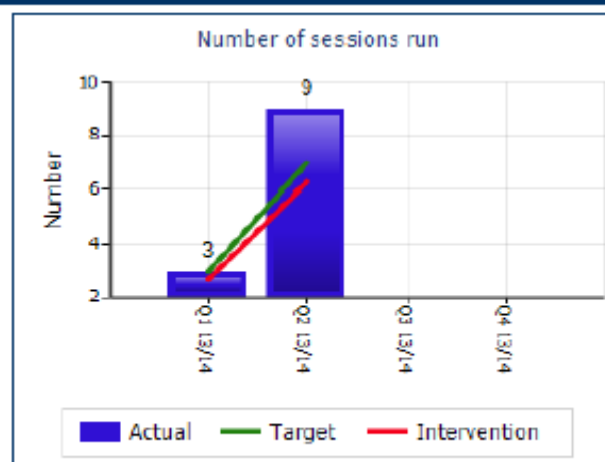
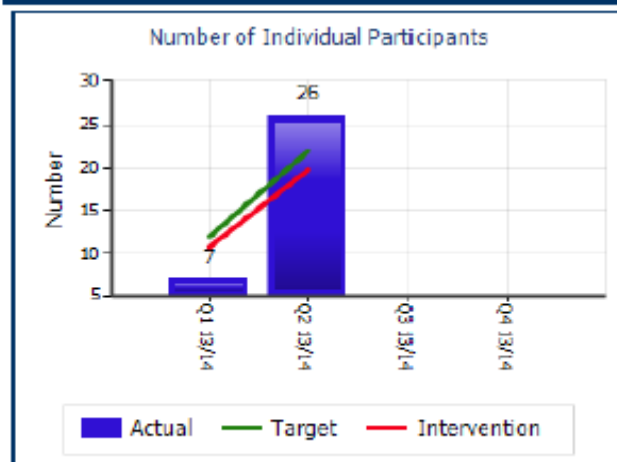
Maintaining current participative groups existing throughout the borough so they can contribute to plans across the cluster and so they can develop opportunities for accreditation and skills development for young people. This includes youth and family workers (in conjunction with the SCF worker) working with young people to further develop Junior PACT's, in order to ensure children and young people raise their views in relation to local issues around crime and community safety.

To ensure communities across the cluster have youth representation, so they can raise and discuss local issues at borough wide meetings and feed into strategic decision making within CCBC. To support the delivery of borough wide meetings and termly Junior Forum meetings, to ensure that young people who are less confident or more difficult to engage can contribute and participate.

Attendance and involvement will contribute to Childrens University credits and informal/ non formal accreditation. This will be facilitated by the Youth and Family officers and Youth Forum officers, should the children become more involved in either of the forums.

The Youth and Family Co-ordinator will ensure all safeguarding measures are in place for young people to be involved and that links are made with TAF, Schools, SCCSP and YISP, so that young people who may be harder to reach or who are less able to engage are supported to attend.

## Measuring Effort



# Learning Communities

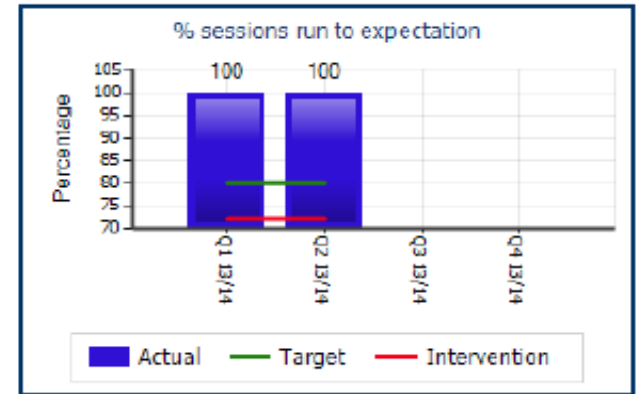
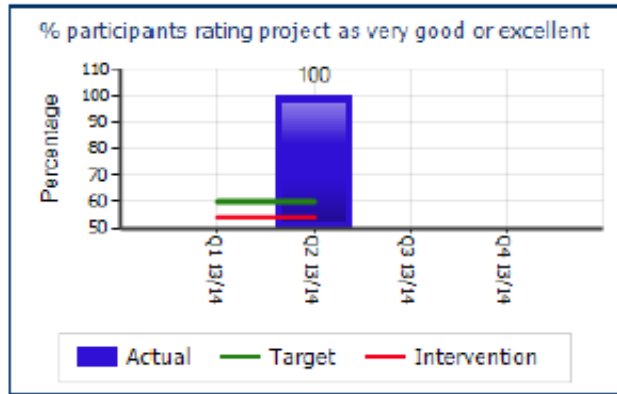
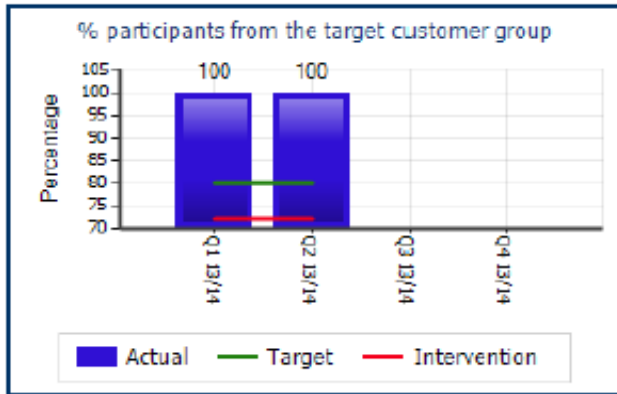
## LC4 Lifelong Learning in Communities

### Project 3: Youth Participation Project

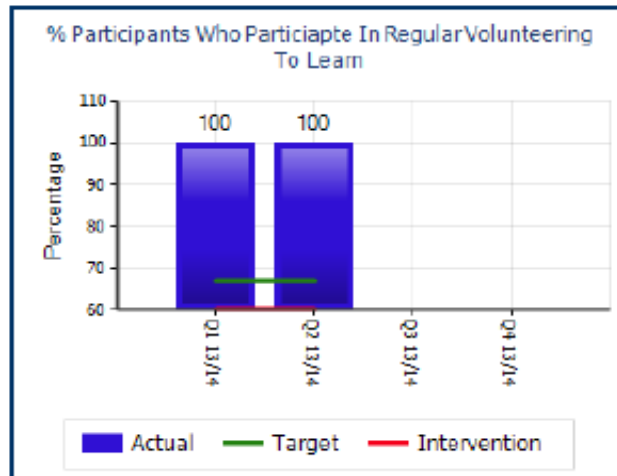
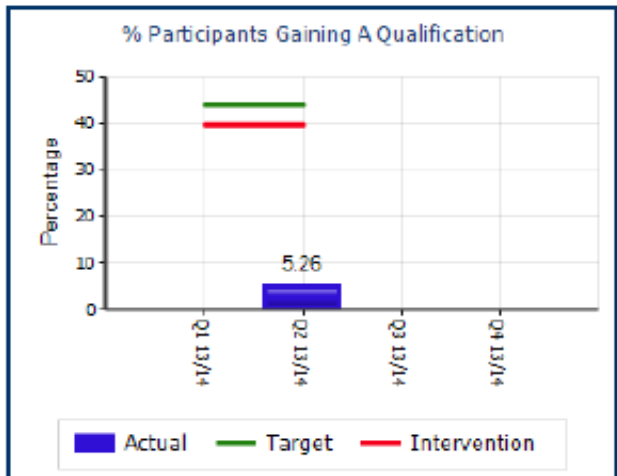


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## Measuring Quality



## Measuring Effect



# Learning Communities

## LC4 Lifelong Learning in Communities

### Project 4: Children's University

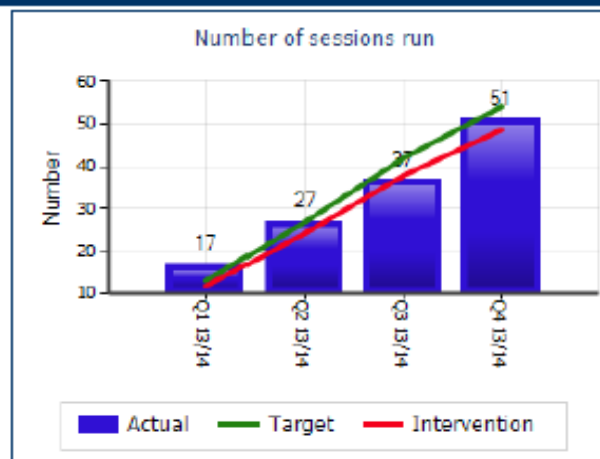
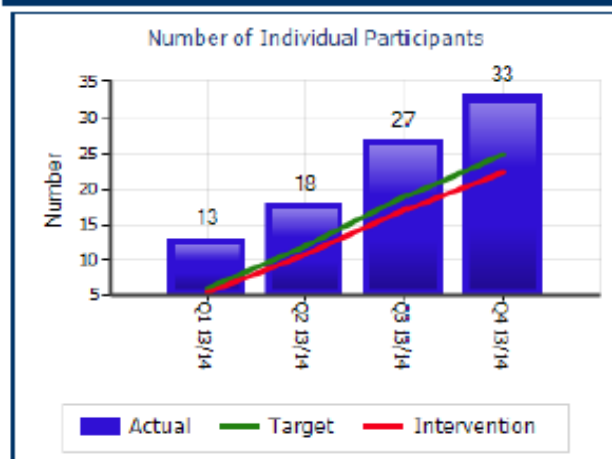


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**Project Description** The 'Children's University' aims to recognise the participation of children and young people in out of school activities in cultural, learning and sporting events, to increase aspirations and encourage young people to reach their full potential. The project involves students gaining specified 'credits' for approved out of school activities. These credits will then be 'banked' and recorded and work towards a Children's University recognised award. The University does not require children and young people to demonstrate achievement against predetermined targets but simply to demonstrate commitment to learning by attending activities. The 'Children's University' targets children aged 8 – 13, school years 3 – 8, and children are able to get a bronze, silver and gold award depending on their number of credits banked. There is also the opportunity of students progressing onto the 'Youth university', targeting young people aged 14 – 19, school years 9 – 14. The Family Support Workers will be engaging with children and young people to register with the Children's University. Registers will be collected from approved activities and sent to the Local authority to be collated in the central database. This will monitor a child's individual achievements throughout their school life.

Youth and Family officers will engage young people through outreach and detached work and also through links with schools. Using participative methods the youth and family workers will aim to identify opportunities for children and young people to gain credits. The young people will be encouraged and supported to attend sessions delivered through Groundwork and Health and Wellbeing officers and also through family and youth workers developing sessions and activities e.g activities that positively contribute to personal goals or community development. The youth and family officers will develop the modules as and when necessary and be involved with all safeguarding procedures with groups or individuals they are facilitating. They will also ensure that distance travelled is monitored for all children and young people participating as they may be involved in other accreditation outside of Childrens Uni.

## Measuring Effort



# Learning Communities

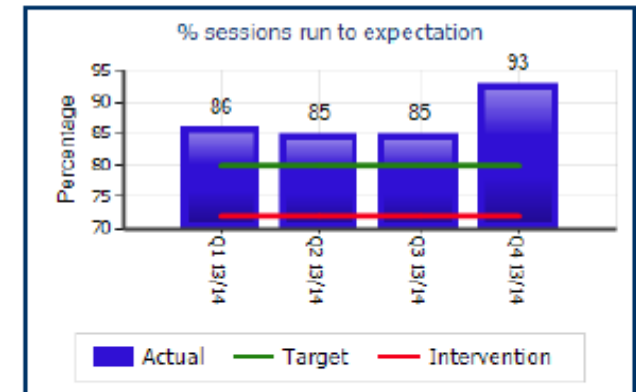
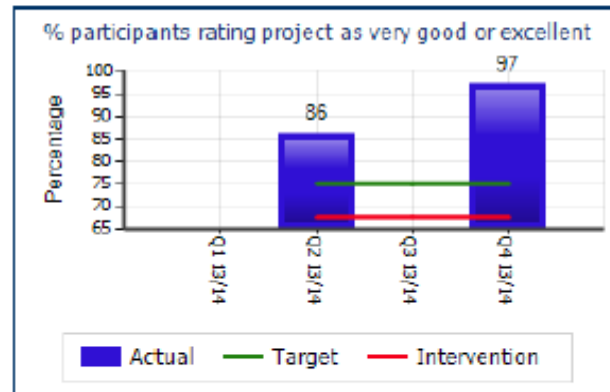
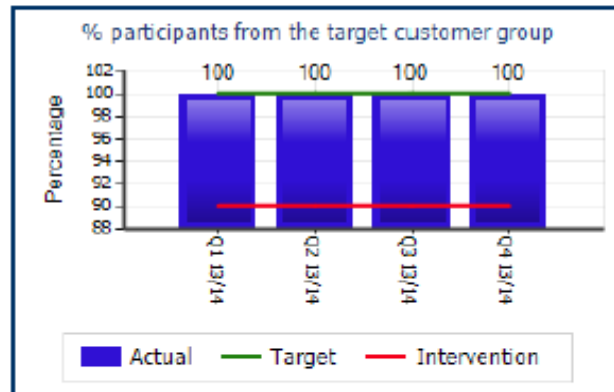
## LC4 Lifelong Learning in Communities

### Project 4: Children's University

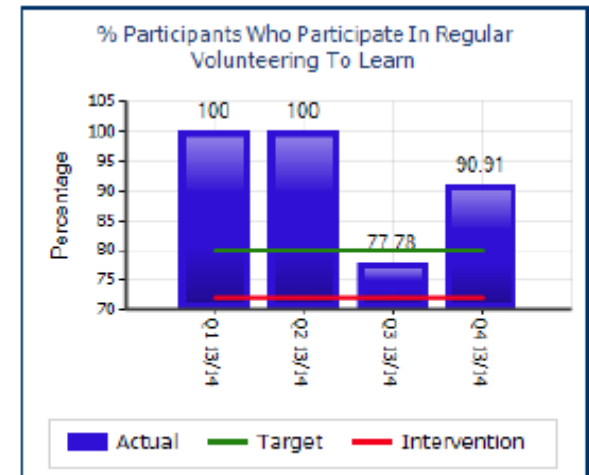
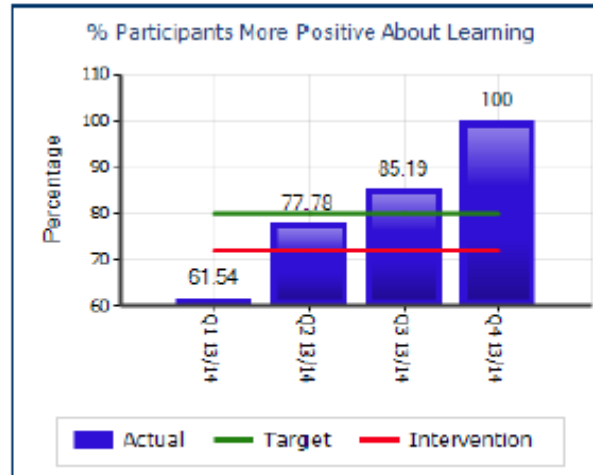
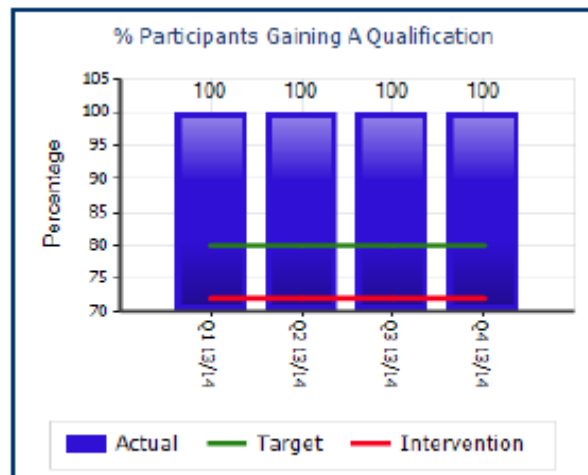


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### Measuring Quality



### Measuring Effect





## Learning Communities

### LC4 Lifelong Learning in Communities

#### Project 5: Promoting Accreditation And Raising Aspiration With Young People



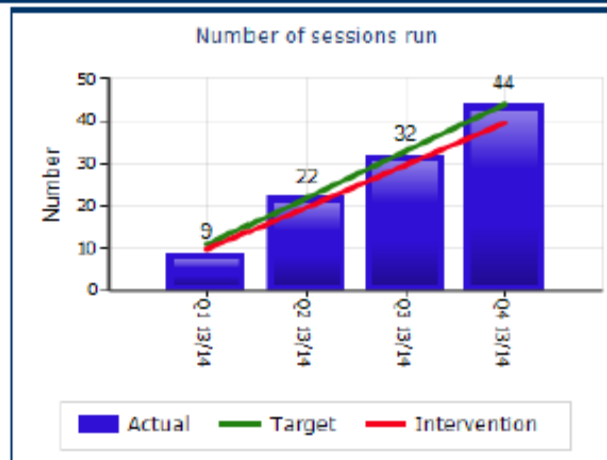
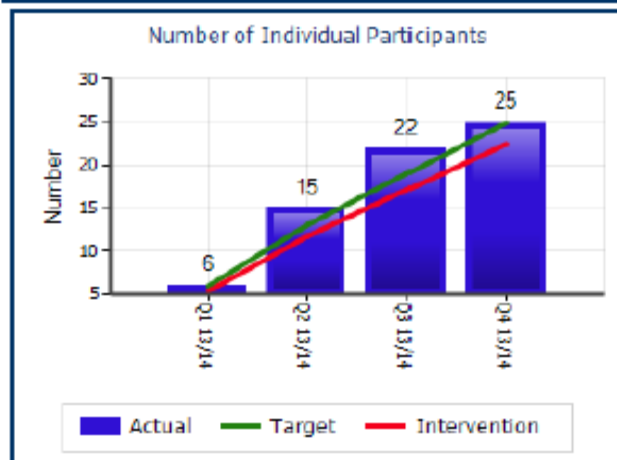
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**Project Description** The project will provide opportunities for young people to participate in individual and ongoing pieces of work to enable them to gain informal and non formal accreditation. The accreditation will include informal recognition, but also non formal opportunities will be offered such as Dof E, ASDAN, Sports Leaders, Agored, National Navigation Awards and so on. All sessions will compliment Childrens Uni, as the focus will remain on learning and skills development in relation to a specific a topic, where Childrens University will focus on credits for engagement and involvement.

The Youth and Family Officers will deliver sessions and organise and support sessions delivered by specialists, in line with young peoples need. Sessions will include opportunities to engage in activities relating to developing basic skills, life skills and emotional health and wellbeing. This will include use of outdoor environments in order to promote the physical and mental health benefits associated with use of the outdoor and being active. Parents will also be involved where appropriate. In addition to this young people will be provided with support and encouragement to engage with projects being delivered as part of the CF delivery plans sessions, offered by other youth support services in the local community.

In order to ensure that young people's achievements are recognised a presentation evening will take place and parents and community members will be invited. The young people will also have individual records of achievement, have distance travelled recorded and monitored as part of their ongoing development and also information will be passed to schools, in relation to their progress. Young people will be identified through outreach and detached work, links with schools, links with Families First projects and through links with the SCCSP. Youth and Family Co-ordinator will maintain links with all relevant bodies to ensure young people are identified for support and to ensure that communication channels remain open. Thus ensuring agencies and services involved with young people are aware of their development.

## Measuring Effort



# Learning Communities

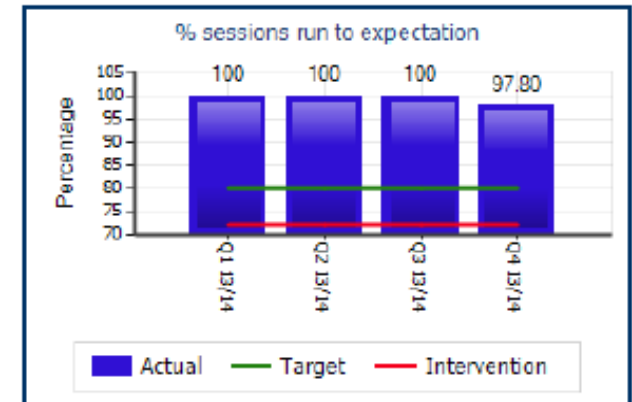
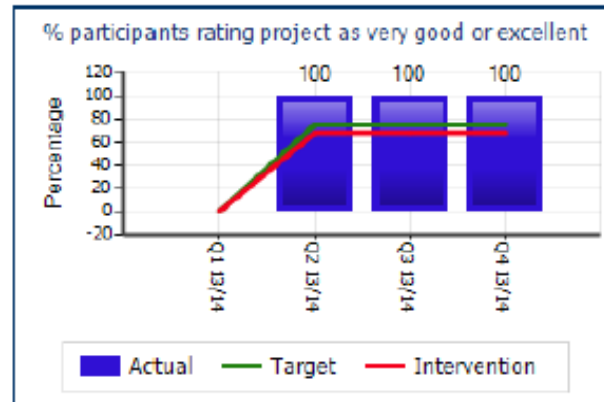
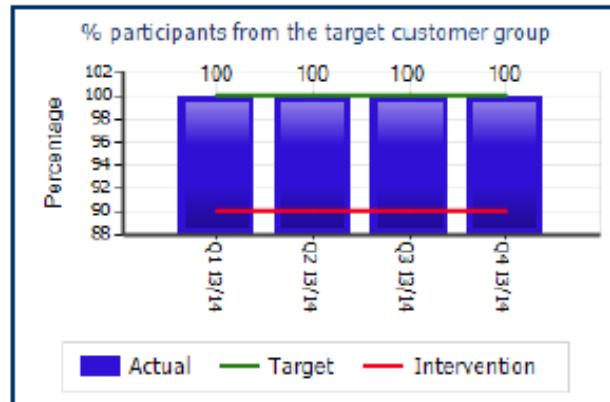
## LC4 Lifelong Learning in Communities

### Project 5: Promoting Accreditation and Raising Aspiration With Young People

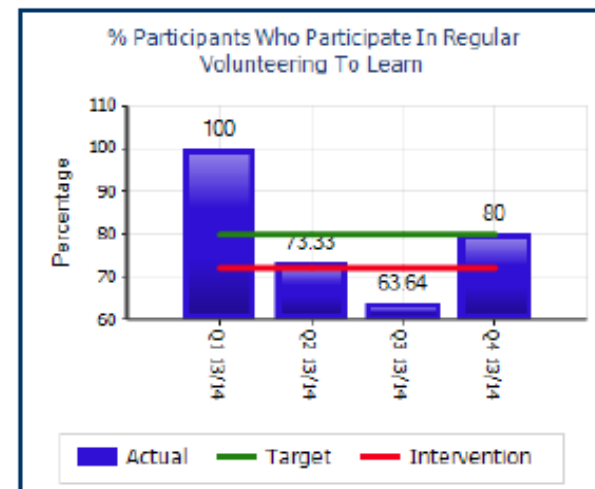
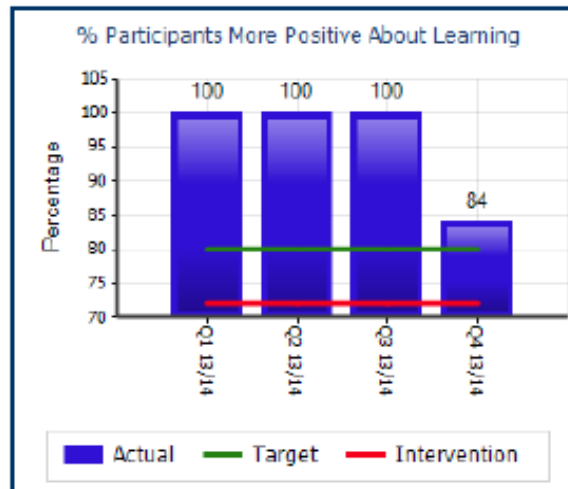
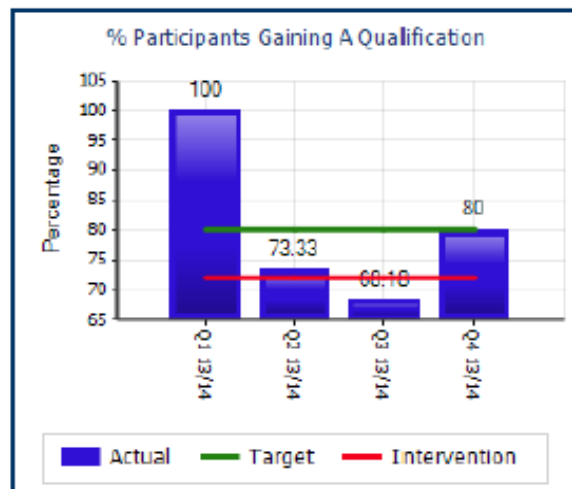


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### Measuring Quality



### Measuring Effect



## Learning Communities

### LC5 Improving Adult Life Skills

#### Project 3: Family Transition Project



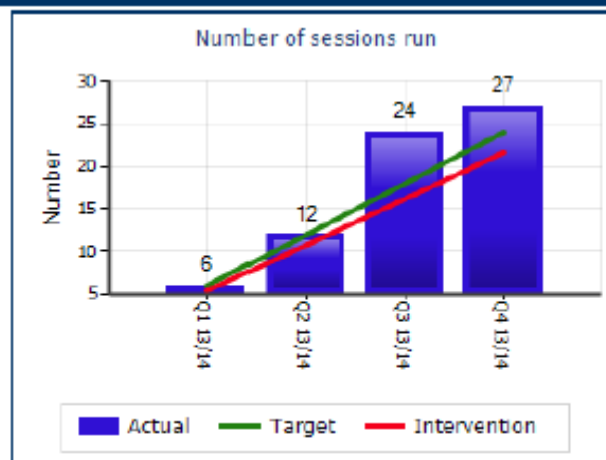
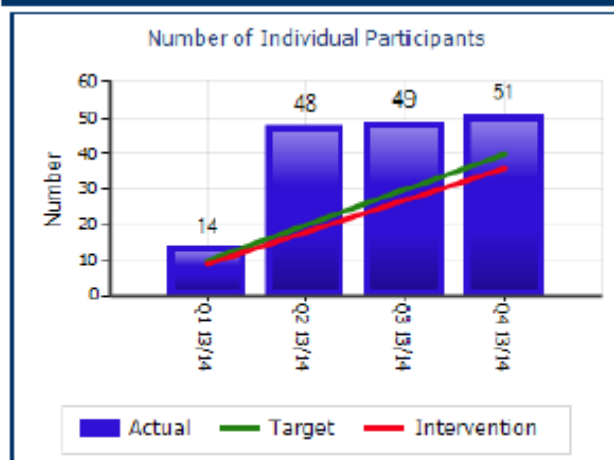
communities first *cymunedau yn gyntaf*

**Project Description** Working with Families First, Family Engagement project, the youth and family officers and co-ordinator will develop sessions to engage with families, at completion stage of Families Together programme, in order that they can become more engaged with their local community and access opportunities to support their personal development.

At present family engagement workers engage families with emerging needs through outreach and detached work, home visits and families together sessions. The sessions aim to provide families with support and information to enable them access more specialised services through the TAF. Often the families find they do not need these interventions and would like to become more involved in opportunities around training, volunteering, learning new skills etc. In order to provide the families with these opportunities the youth and family officers will develop a transition group to enable families to move from families together or family engagement project to activities with a more 'universal focus'. The work will not focus on the emerging needs of the families, but will seek to identify opportunities that will promote positive, personal development for individuals within the family and the family as a whole.

Sessions will run for between 6 - 8 weeks and will be tailor made to meet the needs of the families and individuals within the group. Sessions will involve activities such as confidence building, health and wellbeing work, promotion of local opportunities for training and or volunteering, opportunities to engage in sessions delivered by health officers, Groundwork or other specialist providers and 'taster' sessions. In addition to this the youth and family worker will provide opportunities for families to engage in outdoor activities which are low cost, in order to promote positive family interaction and healthy lifestyles. The sessions will also focus on sustainability and enabling the group to continue to operate without the support of the officers, should they wish to do so. The group will also have the opportunity to engage with parent network and youth and junior forums as part of the ongoing sessions.

## Measuring Effort



# Learning Communities

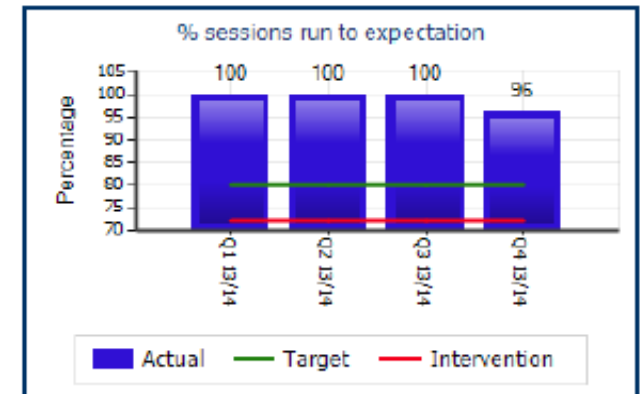
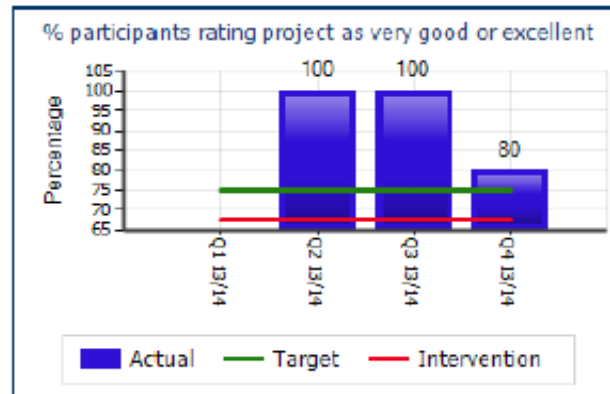
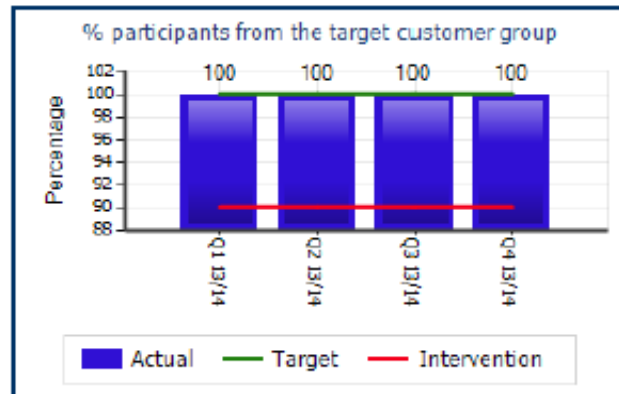
## LC5 Improving Adult Life Skills

### Project 3: Family Transition Project

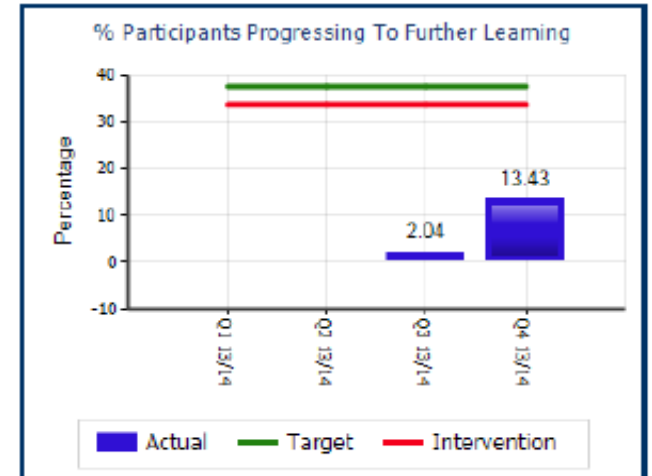
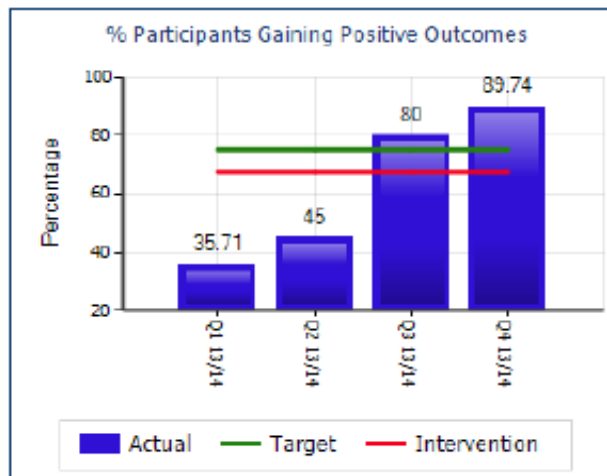
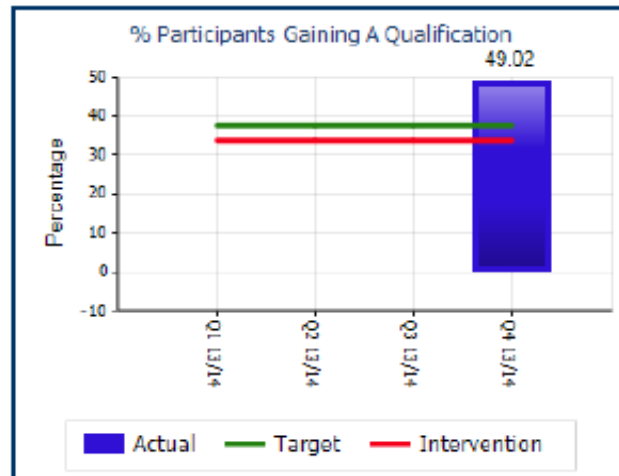


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### Measuring Quality



### Measuring Effect



# Healthier Communities

## HC1 Supporting a Flying Start in the Early Years

### Project 1: Postnatal Programme



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#### Project Description

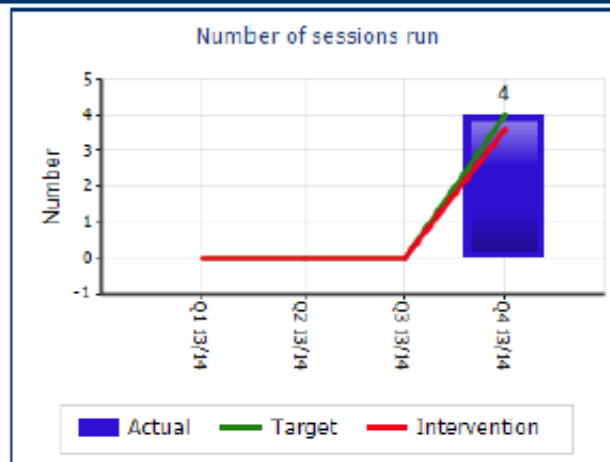
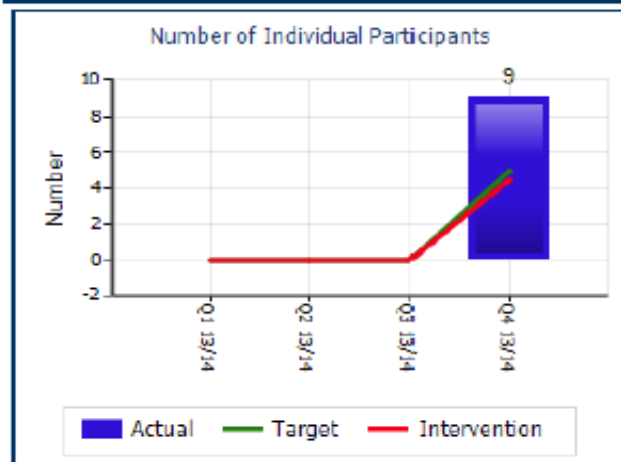
This multi-agency project will involve a 4 week family focussed programme covering a variety of child centred topics including nutrition, family wellbeing, child safety, play and physical activity.

These sessions will be run as part of existing baby and toddler groups or in tandem. They will be offered to families who have pre-school aged children predominantly but many of the messages will be applicable throughout the child's life.

This project will include exit strategies into locally run training sessions and groups such as cookery courses, self help groups and the Family Engagement Project.

Entry referrals and Exit strategies will also be made via the antenatal/postnatal programmes offered through Flying Start.

### Measuring Effort



# Healthier Communities

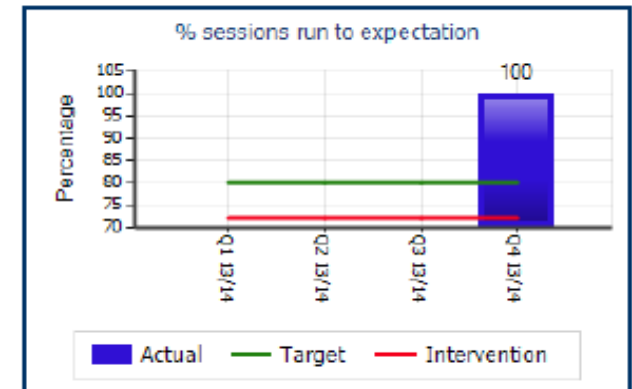
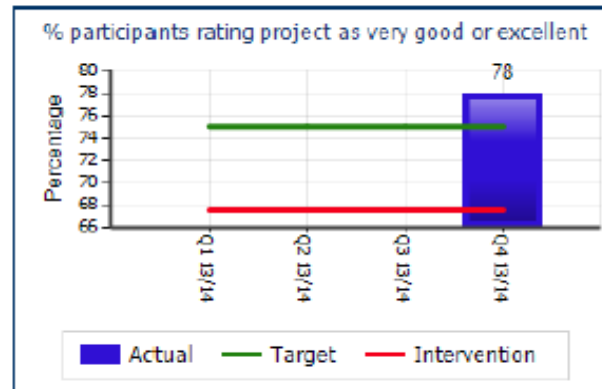
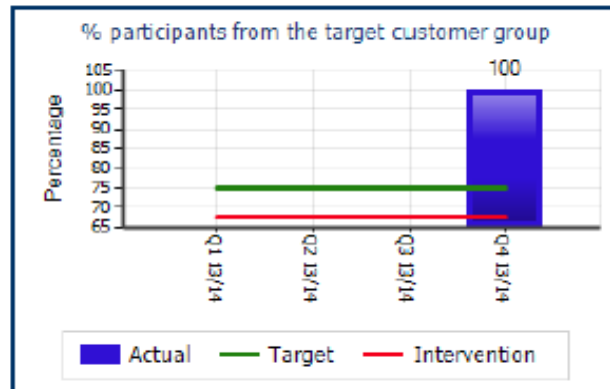
HC1 Supporting a Flying Start in the Early Years

Project 1: Postnatal Programme

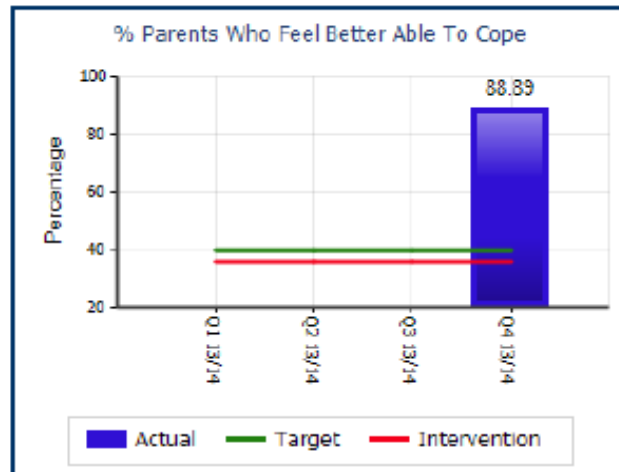


communities first *cymunedau yn gyntaf*

## Measuring Quality



## Measuring Effect





Llywodraeth Cymru  
Welsh Government

## Upper Rhymer Valley

### Prosperous Communities

- ~~Parent Employment Project~~
- Caerphilly Passport Project

### Learning Communities

- School and Family Link
- ~~Youth Participation Project~~
- Children's University
- Promoting Accreditation and Raising Aspirations with Young People
- Family Transition Project

### Healthier Communities

- Postnatal Programme
- Community Antenatal Sessions
- Streetgames

## Prosperous Communities

### PC2 Reducing Youth Unemployment and disengagement

#### Project 1: Caerphilly Passport Programme



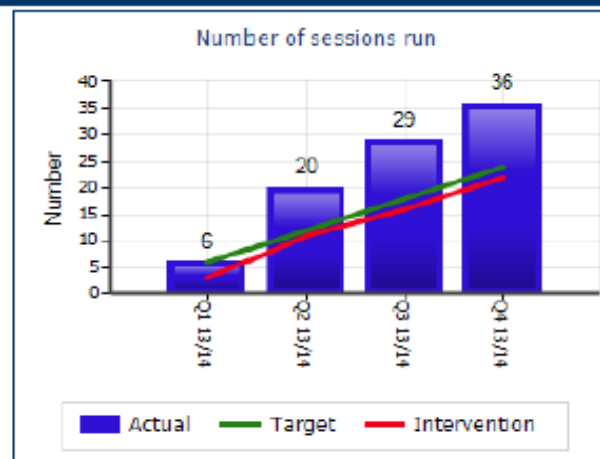
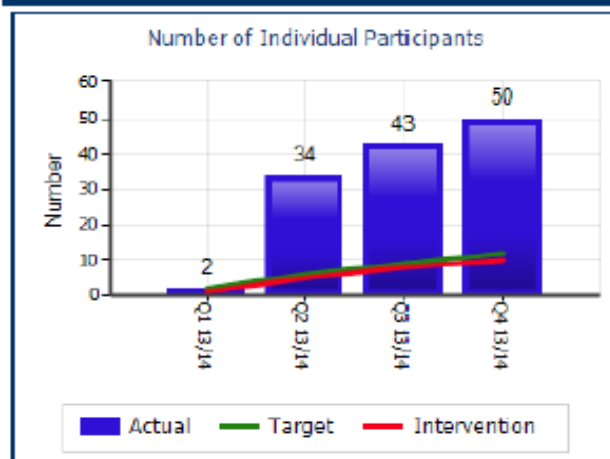
communities first *cymunedau yn gyntaf*

**Project Description** The Caerphilly Passport Programme provides an opportunity for young people aged 16-24, who are unemployed and not on the work programme, to get quality work experience and training opportunities with Caerphilly County Borough Council and LSB partners. The programme will run 8 week, 6 months and longer term apprenticeship placement opportunities for young people before being 'passported' into sustainable employment opportunities either within LSB organisations or the private sector.

The youth employment support officers will be responsible for engaging young people in Communities First areas and supporting them to be able to apply for the Passport Programme if appropriate. Each individual referred to the Caerphilly Passport Programme will have an essential skills assessment and diagnostic to ensure the right support and training is provided as part of an 'employability menu'. The youth employment support workers will deliver the workshops in the employability menu which will include:

- What Employers Expect – Basic at work behaviours including use of mobile phones, language, timekeeping etc.
- CV preparation and Update
- Job Search Techniques
- How to apply for a job (including practical session on PC)
- Interview Techniques
- Dress to Impress for Work
- Confidence Building and Motivation

### Measuring Effort





# Prosperous Communities

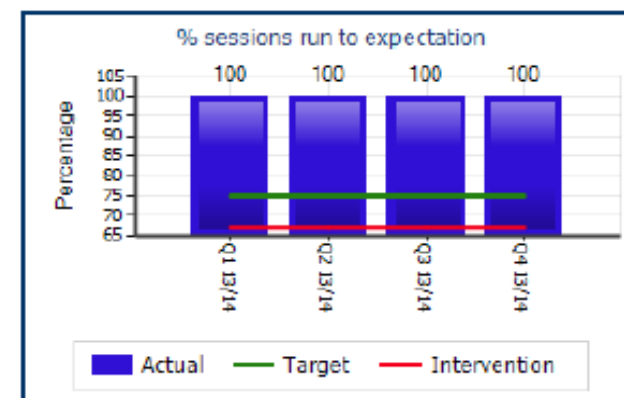
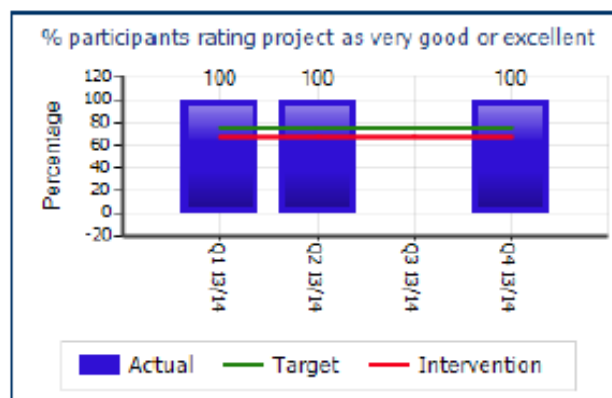
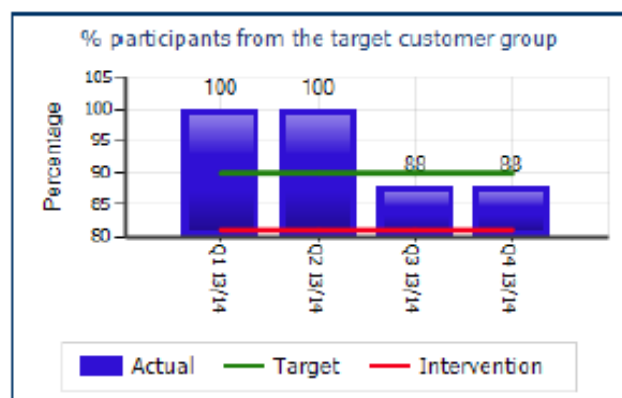
## PC2 Reducing Youth Unemployment and disengagement

### Project 1: Caerphilly Passport Programme

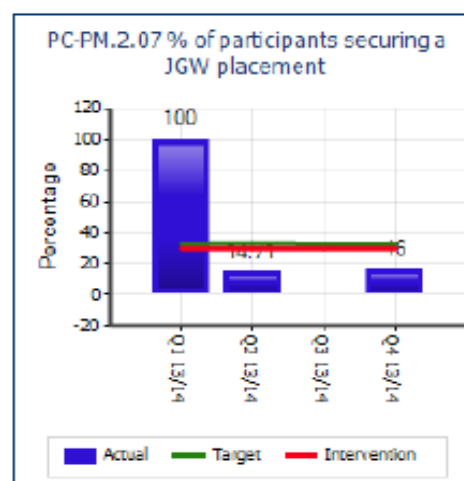
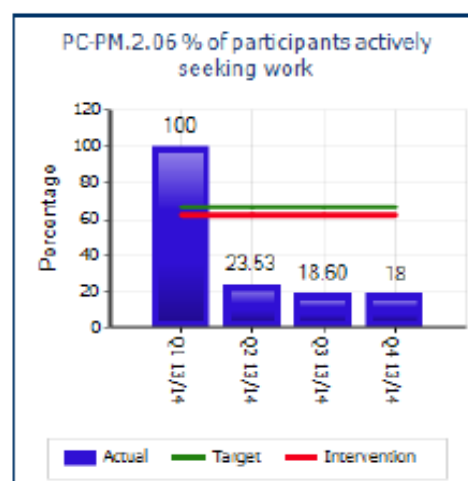
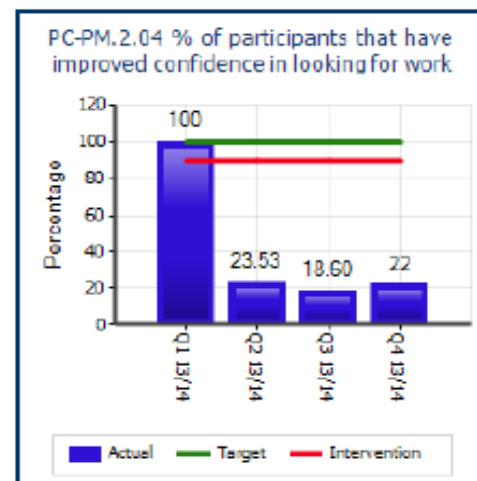


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### Measuring Quality



### Measuring Effect



## Learning Communities

### LC2 Supporting Young People to Do Well at School

#### Project 2: School and Family Link



communities first **cymunedau yn gyntaf**

#### Project Description

Youth and family officers working with schools to:

Create a link between school and non engaged families

Give support to children who are experiencing difficulties in school, particularly with behaviour or social skills.

Support for children and young people at risk of disengagement.

Form working relationships with families of children experiencing difficulties

Seek to improve attendance, behaviour, educational attainment and parental involvement of children who are identified as needing support

Seek support of other agencies that can assist with issues

Ensure that children identified to the link worker are supported through the transition into Key Stage 3, either as a group or individually

Support transition year for year 7,s

The youth and family officers will:

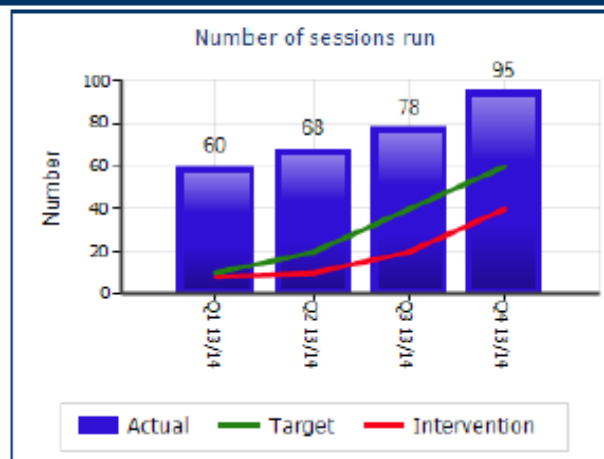
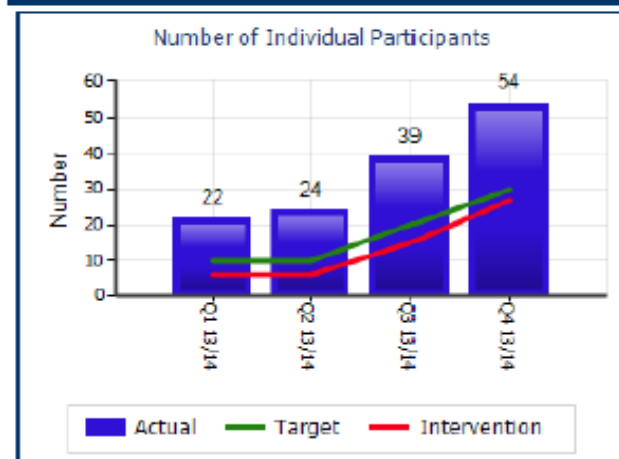
Run group sessions with children who require additional support with issues such as anger management, self esteem and social/ communication skills.

Support families, where necessary, to engage with Families and Schools Together, Team Around the Family or Family Engagement Project.

Undertaking home visits to remove barriers with disengaged parents/carers.

Support children and young people to engage in positive, productive activities outside of school.

## Measuring Effort



# Learning Communities

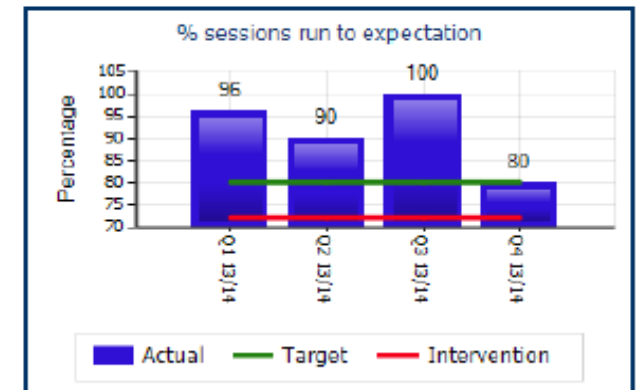
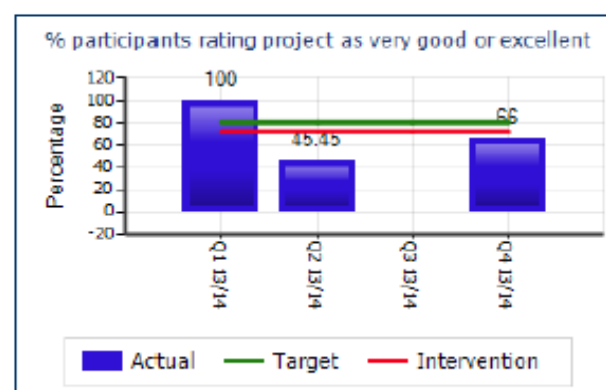
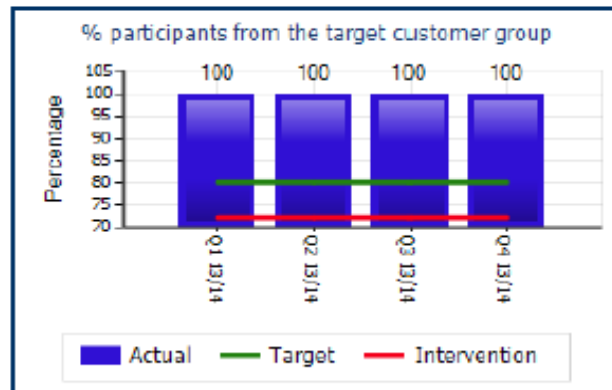
LC2 Supporting Young People to Do Well at School

Project 2: School and Family Link

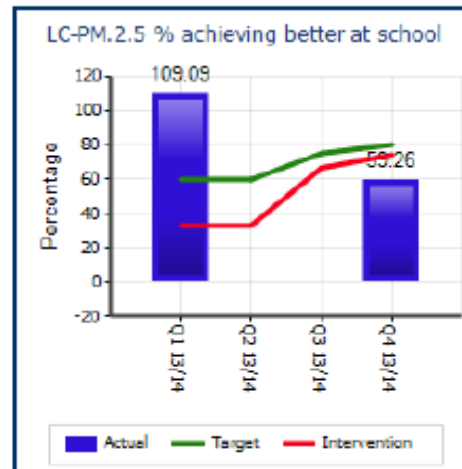
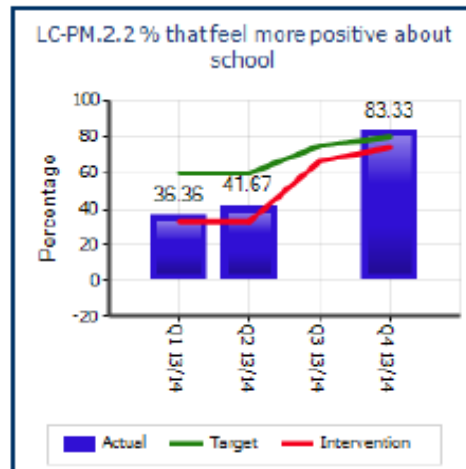


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## Measuring Quality



## Measuring Effect



# Learning Communities

## LC4 Lifelong Learning in Communities

### Project 4: Childrens University



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#### Project Description

To engage and support children and young people, including the hardest to reach, so they are able to engage with participative processes.

Maintaining current participative groups existing throughout the borough so they can contribute to plans across the cluster and so they can develop opportunities for accreditation and skills development for young people. This includes youth and family workers (in conjunction with the SCF worker) working with young people to further develop Junior PACT's, in order to ensure children and young people raise their views in relation to local issues around crime and community safety.

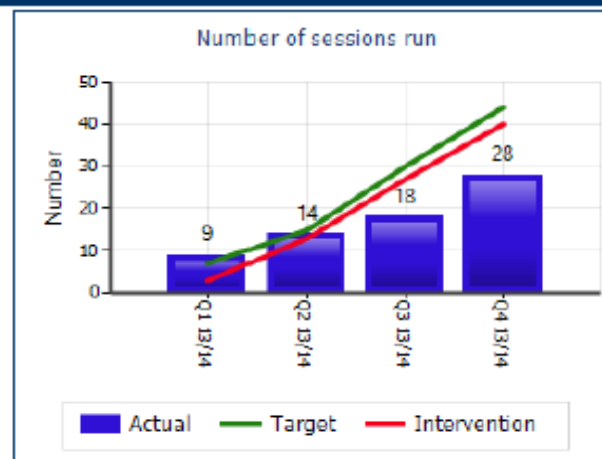
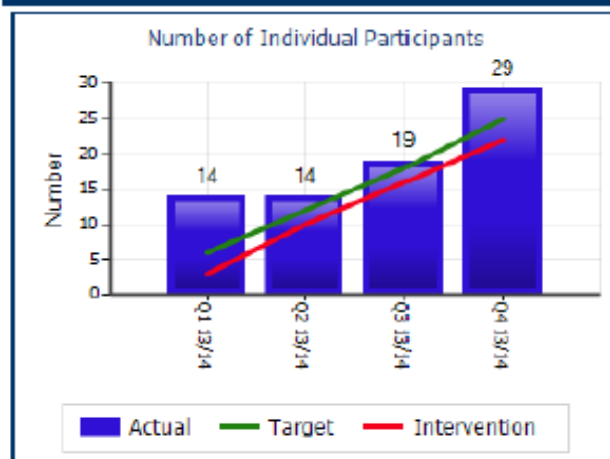
To ensure communities across the cluster have youth representation, so they can raise and discuss local issues at borough wide meetings and feed into strategic decision making within CCBC.

To support the delivery of borough wide meetings and termly Junior Forum meetings, to ensure that young people who are less confident or more difficult to engage can contribute and participate.

The officers will also work with the young people to ensure they are :-

- Aware of what it means to be a representative and to have a representative view

## Measuring Effort



# Learning Communities

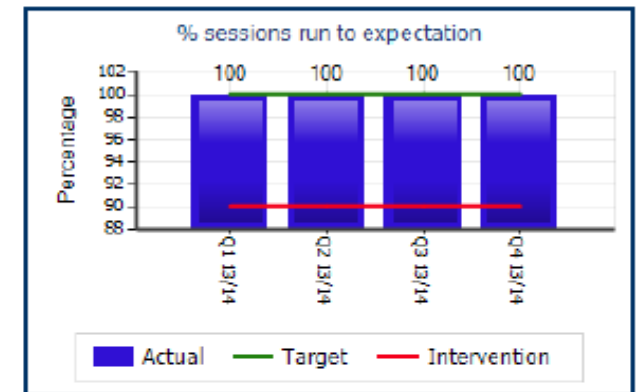
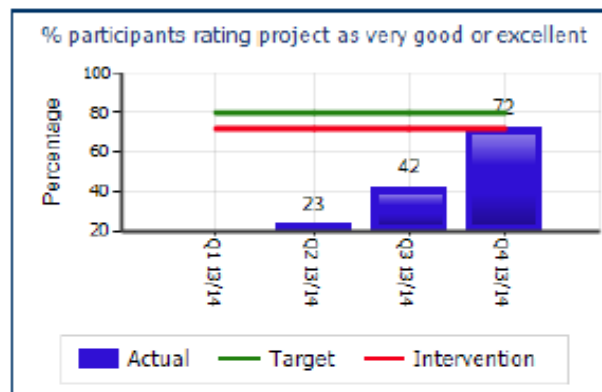
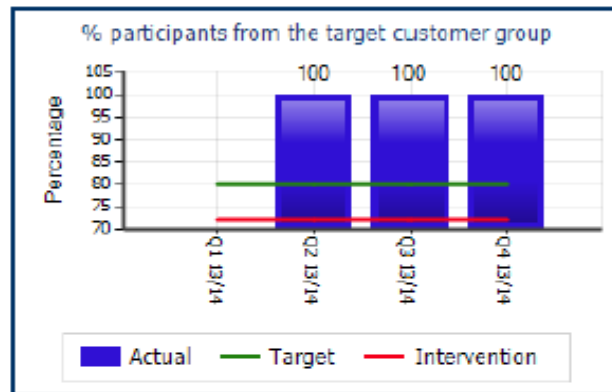
## LC4 Lifelong Learning in Communities

### Project 4: Childrens University

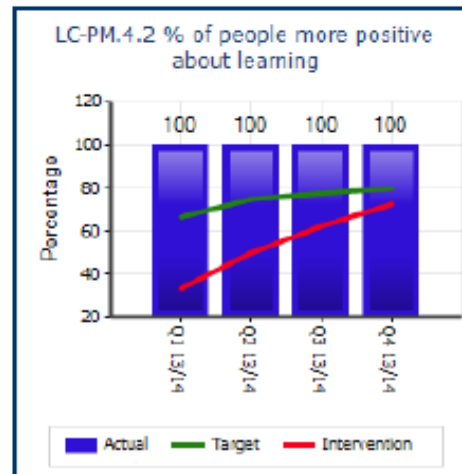
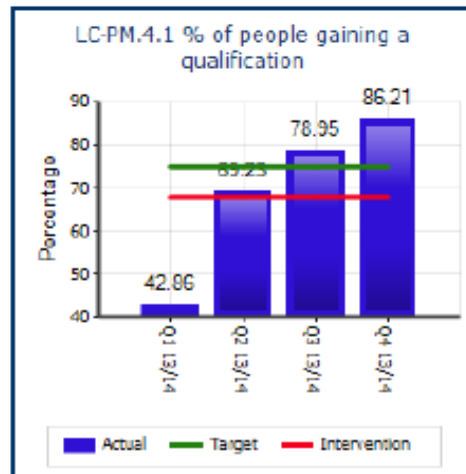


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### Measuring Quality



### Measuring Effect



## Learning Communities

### LC4 Lifelong Learning in Communities

#### Project 5: Promoting Accreditation and Raising Aspiration with Young People



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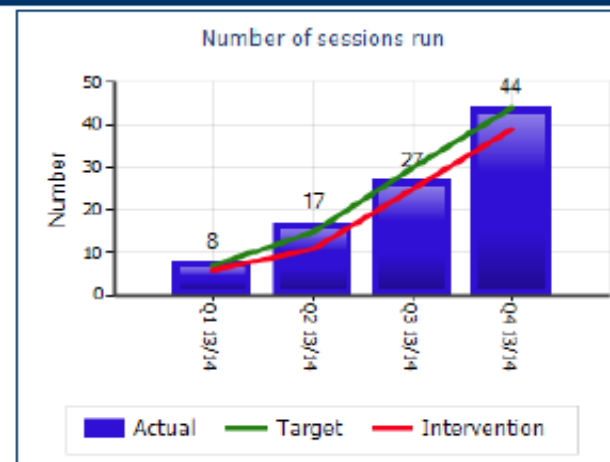
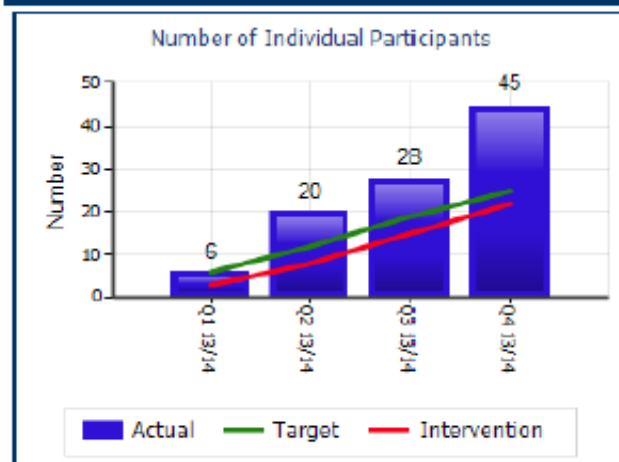
#### Project Description

The project will provide opportunities for young people to participate in individual and ongoing pieces of work to enable them to gain informal and non formal accreditation.

The accreditation will include informal recognition, but also non formal opportunities will be offered such as Dof E, ASDAN, Sports Leaders, Agored, National Navigation Awards and so on.

All sessions will compliment Childrens Uni, as the focus will remain on learning and skills development in relation to a specific a topic, where Childrens University will focus on credits for engagement and involvement.

### Measuring Effort



# Learning Communities

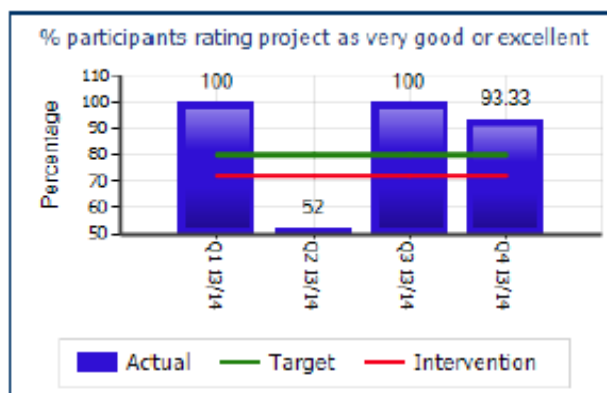
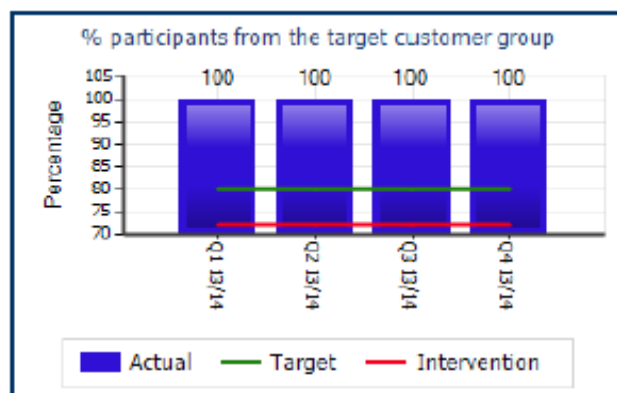
## LC4 Lifelong Learning in Communities

### Project 5: Promoting Accreditation and Raising Aspiration with Young People

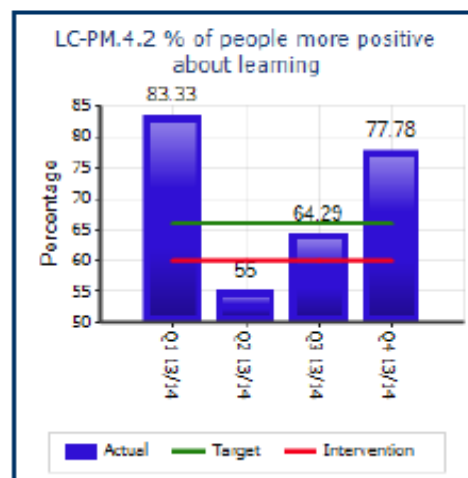
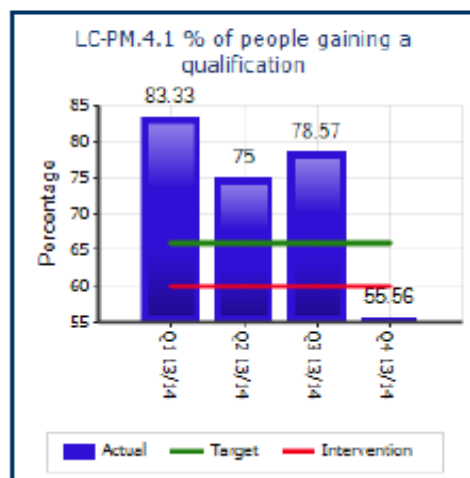


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### Measuring Quality



### Measuring Effect



# Learning Communities

## LC5 Improving Adult Life Skills

### Project 3: Family Transition



communities first **cymunedau yn gyntaf**

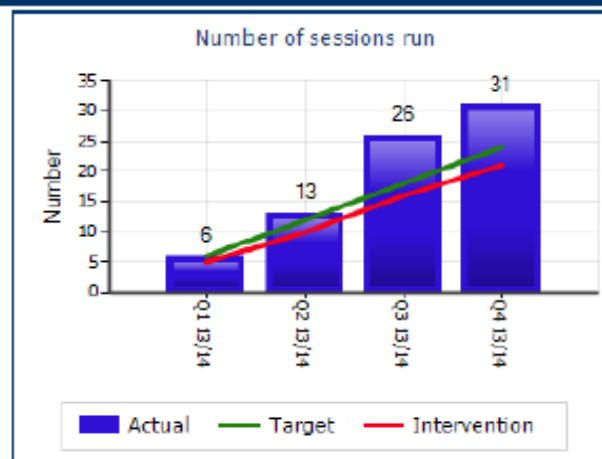
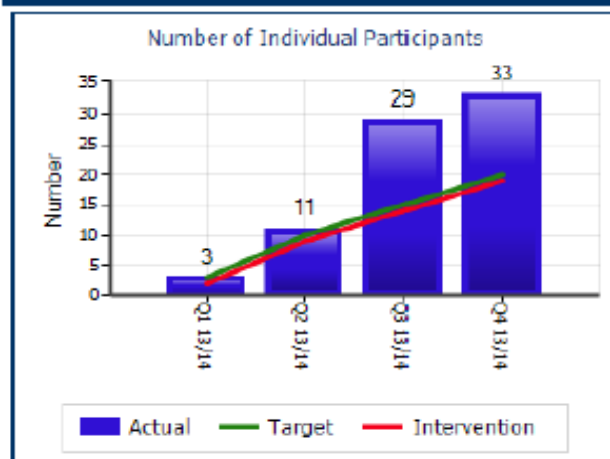
#### Project Description

Working with Families First, Family Engagement project, the youth and family officers and co-ordinator will develop sessions to engage with families, at completion stage of Families Together programme, in order that they can become more engaged with their local community and access opportunities to support their personal development.

At present family engagement workers engage families with emerging needs through outreach and detached work, home visits and families together sessions. The sessions aim to provide families with support and information to enable them access more specialised services through the TAF. Often the families find they do not need these interventions and would like to become more involved in opportunities around training, volunteering, learning new skills etc. In order to provide the families with these opportunities the youth and family officers will develop a transition group to enable families to move from families together or family engagement project to activities with a more 'universal focus'. The work will not focus on the emerging needs of the families, but will seek to identify opportunities that will promote positive, personal development for individuals within the family and the family as a whole.

sessions will run for between 6 - 8 weeks and will be tailor made to meet the needs of the families and individuals within the group. Sessions will involve activities such as confidence building, health and wellbeing work, promotion of local opportunities for training and or volunteering, opportunities to engage in sessions delivered by health officers, Groundwork or other specialist providers and 'taster' sessions. In addition to this the youth and family worker will provide opportunities for families to engage in outdoor activities which are low cost, in order to promote positive family interaction and healthy lifestyles.

### Measuring Effort





# Learning Communities

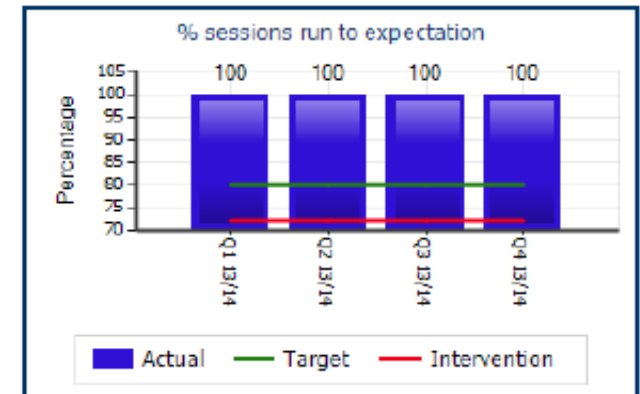
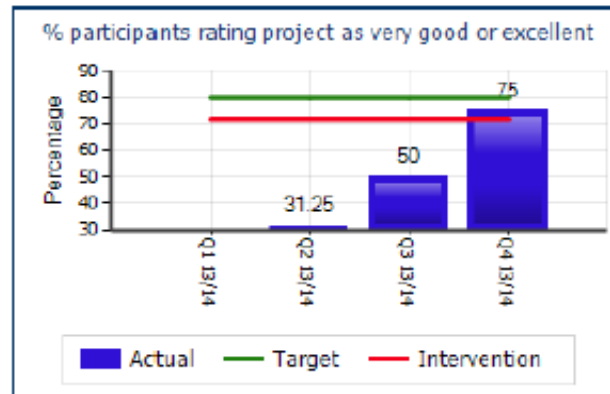
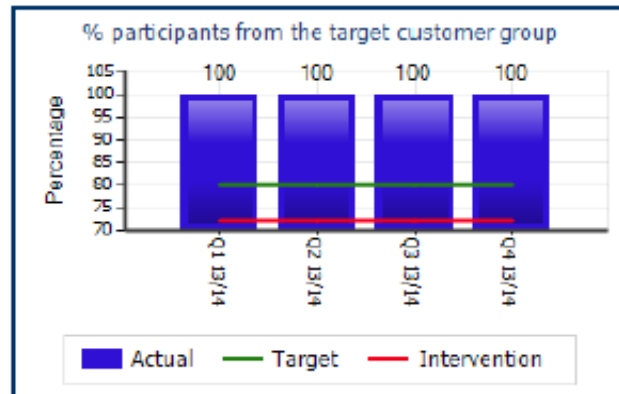
## LC5 Improving Adult Life Skills

### Project 3: Family Transition

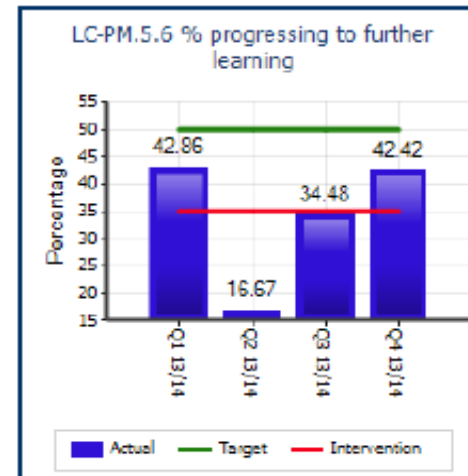
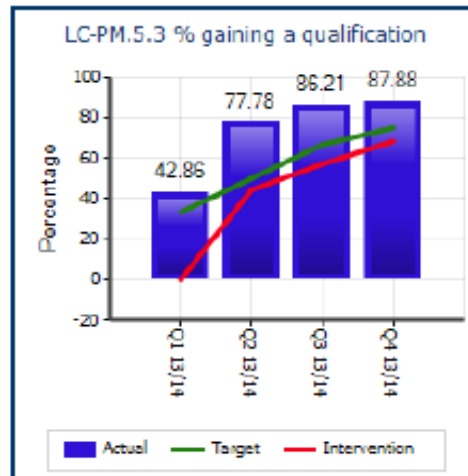


communities first *cymunedau yn gyntaf*

### Measuring Quality



### Measuring Effect



# Healthier Communities

## HC1 Supporting a Flying Start in the Early Years

### Project 1: Postnatal Programme



#### Project Description

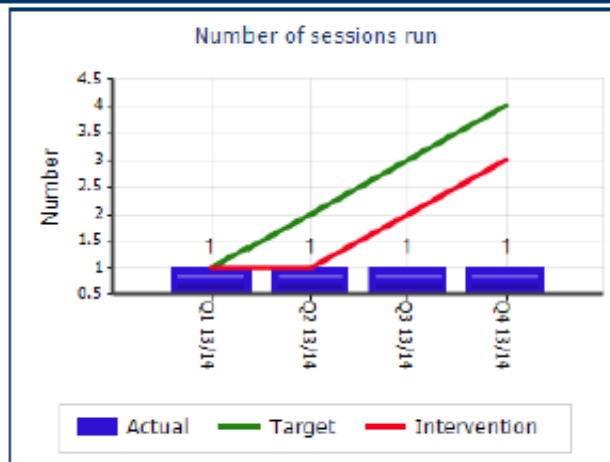
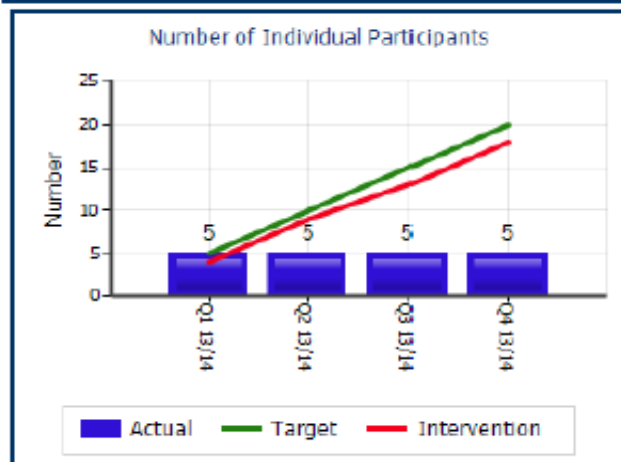
This multi-agency project will involve a 4 week family focussed programme covering a variety of child centred topics as follows:

These sessions will be run as part of existing baby and toddler groups or in tandem. They will be offered to families who have pre-school aged child predominantly but many of the messages will be applicable throughout the child's life.

This project will include exit strategies into locally run training sessions and groups such as cookery courses, self help groups and the Family Engagement Project.

Entry referrals and Exit strategies will also be made via the antenatal/postnatal programmes offered through Flying Start.

### Measuring Effort



# Healthier Communities

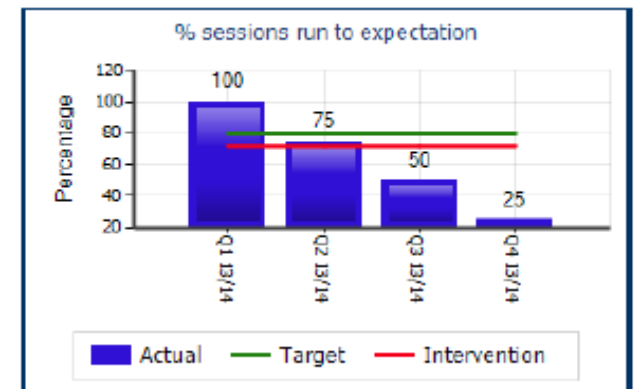
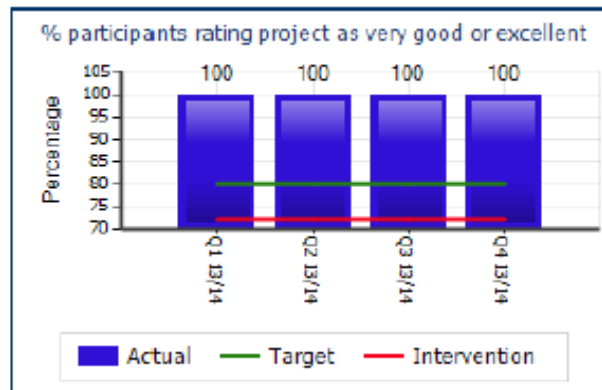
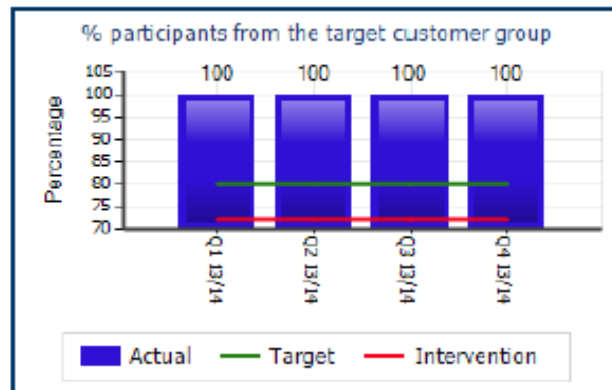
HC1 Supporting a Flying Start in the Early Years

Project 1: Postnatal Programme

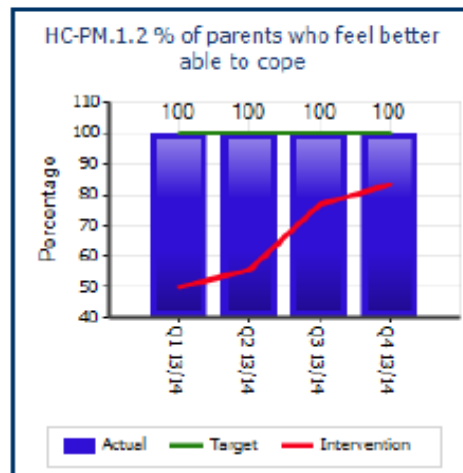


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## Measuring Quality



## Measuring Effect



## Healthier Communities

### HC1 Supporting a Flying Start in the Early Years

#### Project 2: Community Antenatal Sessions



communities first *cymunedau yn gyntaf*

**Project Description** This project will involve working with the midwifery and health visitor teams within the Local Health Board to increase the number of community antenatal sessions held.

It is hoped that these sessions will cover a variety of topics including:

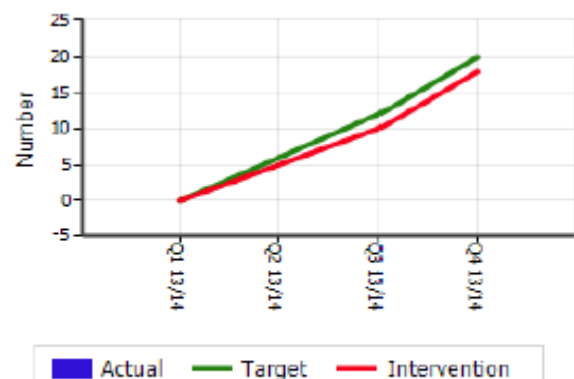
- **Healthy Start** – At present the uptake of Healthy Start within the borough is low and it is hoped that by including information on it during pregnancy an increase in uptake will occur
- **Breastfeeding** – The benefits of breastfeeding to Mum and baby will be explained during these sessions and information will be provided on local breastfeeding groups within the borough
- **Smoking** – The detrimental effects of smoking during pregnancy will be highlighted
- **Alcohol** – The detrimental effects of alcohol consumption during pregnancy will be highlighted
- **Child Safety** – Each parent will receive a 'Small Steps to Safety' DVD during pregnancy so that they are able to make informed decision when purchasing equipment and 'child proofing' their home.

This project links in with the Draft Healthy Start/Nutrition Action Plan.

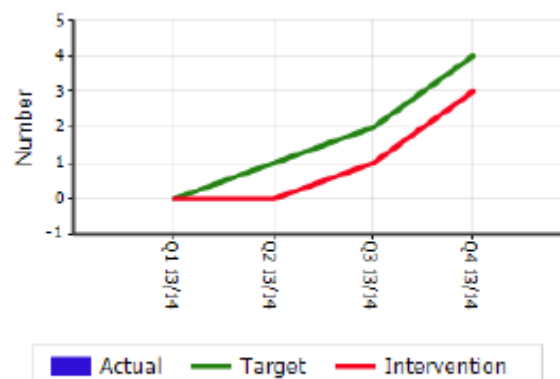
Entry referrals and Exit strategies will also be made via the antenatal/postnatal programmes offered through Flying Start.

## Measuring Effort

Number of Individual Participants



Number of sessions run



**This project never started due to:**

- The inability to get a formalised agreement and engagement between The Health and Wellbeing Officer working with the Health Visitors (LHB).

# Healthier Communities

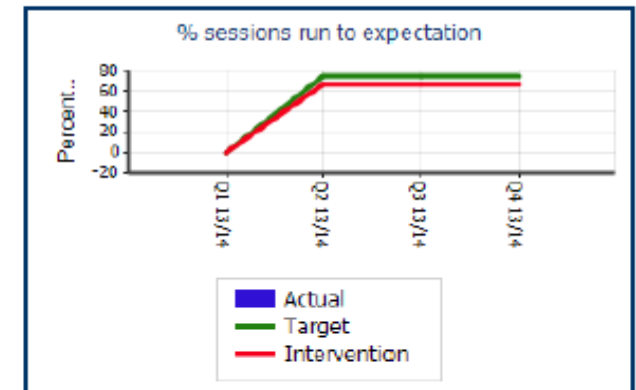
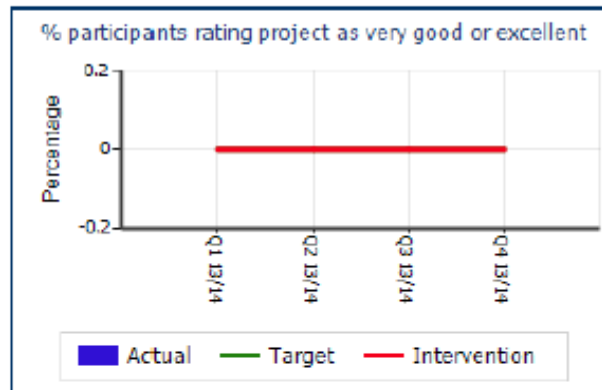
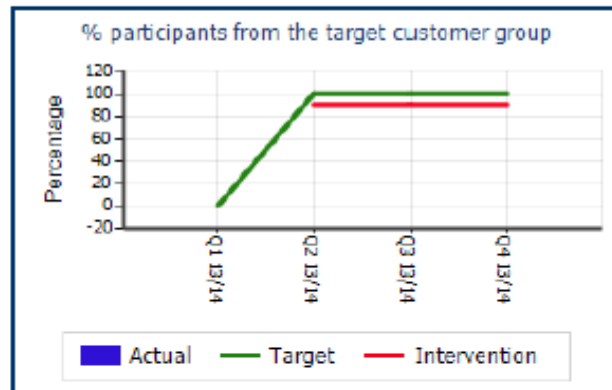
HC1 Supporting a Flying Start in the Early Years

Project 2: Community Antenatal Sessions

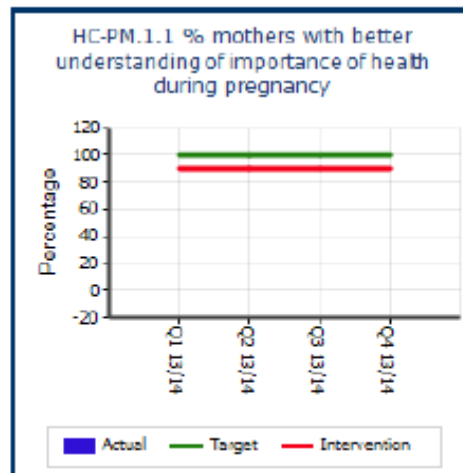


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## Measuring Quality



## Measuring Effect



# Healthier Communities

## HC2 Promoting Physical Well Being

### Project 1: Streetgames



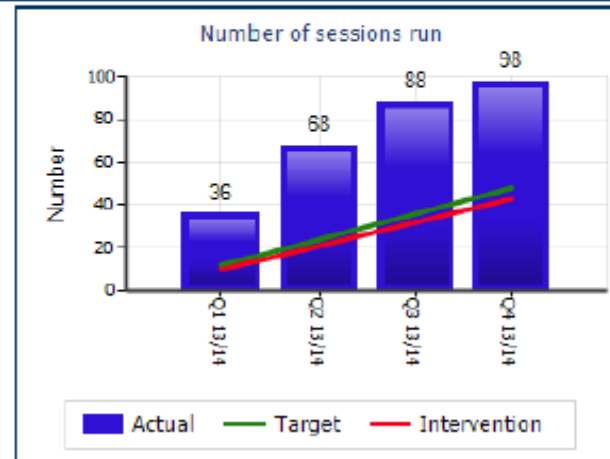
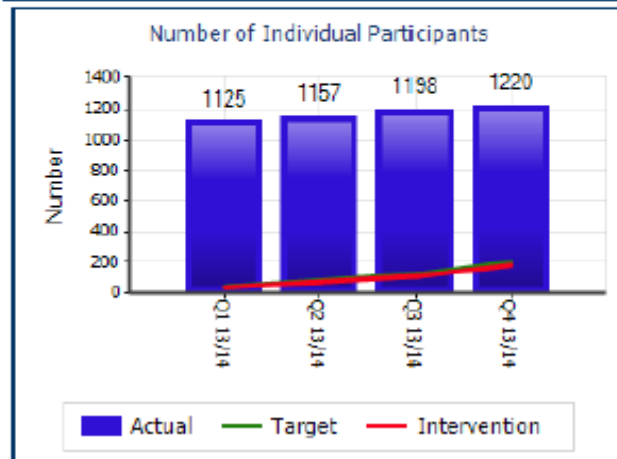
communities first **cymunedau yn gyntaf**

#### Project Description

This project will involve the Communities First team working with youth services and Sports Development to maintain existing StreetGames sites and develop new within Upper Rhymney Valley by:

In addition, this project will involve setting up at least 5 additional StreetGames site within Upper Rhymney Valley.

### Measuring Effort



# Healthier Communities

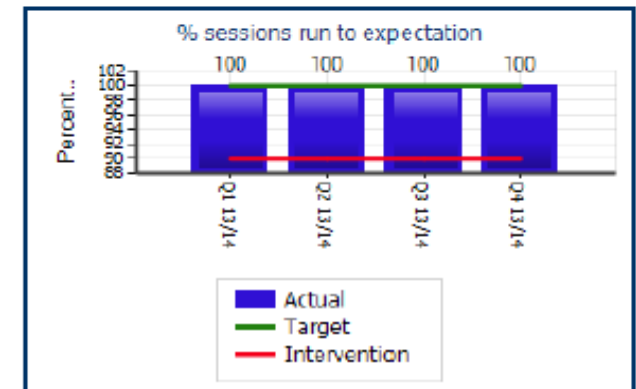
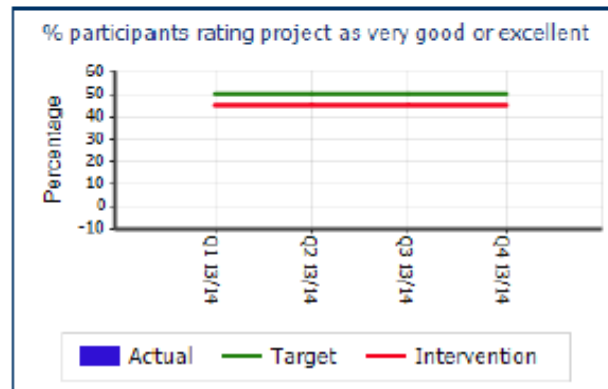
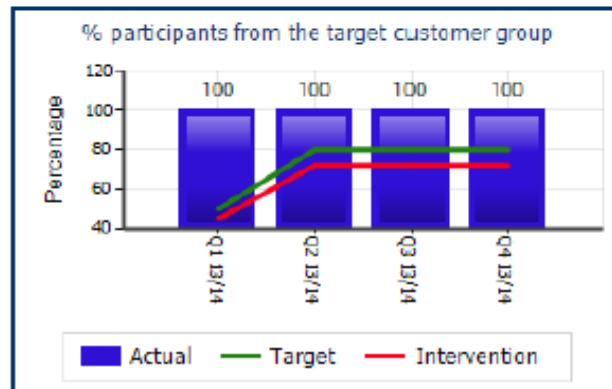
## HC2 Promoting Physical Well Being

### Project 1: Streetgames



communities first *cymunedau yn gyntaf*

### Measuring Quality



### Measuring Effect

